1 Study of the impacts of supplements on the specific methane production during anaerobic

2 digestion of the West African Gamba and Guinea Grass

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- 8 Abstract

9 Nutrient supplementation could improve the biomethane production of different biomass 10 feedstocks during anaerobic digestion. In this study, the impact of nutrient supplementation on 11 the anaerobic digestion of the West African Gamba and Guinea Grass for biomethane 12 production is presented. This was undertaken in 6 separate continuous stirred tank reactors for 13 a hydraulic residence time of 25 days under supplementation regime with trace elements (TE), 14 cocoa pod (CP) ash-extract, and commercial cellulase from Aspergillus niger (CCA) or Trichoderma reesei ATCC 26921 (CCT). The results showed that TE inhibits the specific 15 16 methane production (SMP) with about 5% lower SMP than the control. In contrast, the other 17 supplements namely CP, CP+CCA, CCA and CCT+TE showed about 13, 28, 18 and 12% 18 higher SMP than the control respectively. This study is the first demonstration of the impacts 19 of different supplements on SMP during the anaerobic digestion of the West African Gamba 20 and Guinea grass.

22 Graphical abstract



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- 24 Keywords: Anaerobic digestion; Cellulase enzyme; ash-extract; co-supplementation; Gamba
- 25 grass; Guinea grass; specific methane production
- 26 Highlights
- 27 Physicochemical characteristics obtained for Gamba and Guinea grass
- 28 Anaerobic digestion of Gamba and Guinea grass undertaken under supplementation regimes
- 29 Trace element supplements found to inhibit the SMP of the feedstock.
- 30 Combined supplements of CP, CCA and CCT found to enhance SMP of the feedstock

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Abbreviations	Meaning
CSTR	Continuously stirred tank reactor
TE	Trace elements
СР	Cocoa pod ash-extract
CCA	Commercial cellulase from Aspergillus niger
ССТ	Trichoderma reesei ATCC 26921
SMP	Specific methane production
R1	Feedstock only
R2	Feedstock + TE
R3	Feedstock + CP ash-extract
R4	Feedstock + CP ash-extract + CCA
R5	Feedstock + CCA
R6	Feedstock + CCT +TE
VFA	Volatile fatty acid
HRT	Hydraulic residence time
P:A ratio	Propionate: acetate ratio
P, N and S	Phosphorus, Nitrogen and Sulphur
Ni, Fe, Mo, W, Co, Se	Nickel, Iron, Molybdenum, tungsten, cobalt and selenium

40 List of abbreviations

1 Introduction

1.1 Background and motivation

Global warming has been attributed mostly to anthropogenic CO₂ emission from fossil-fuel
energy sources. There is now a growing global commitment such as the 2015 Paris Agreement

46 (UNFCCC, 2015) to address this problem by diversifying energy sources to carbon neutral 47 sources such as bioenergy. Bioenergy currently accounts for about a tenth of the primary global 48 energy supply with biofuel production expected to rise by around 25% by 2024 (IEA, 2019). 49 This inspired the need to understand and optimise bioenergy production from different sources. 50 Typical sources include energy crops such as the Gamba grass (Andropogon gayanus) and Guinea grass (Panicum maximum) which have high lignocellulose content. The Gamba and 51 52 Guinea grass are commonly available especially in the Sub-Saharan region of Africa. They are 53 known to mature rapidly and are tolerant of low fertility and harsh weather conditions (Adedeji 54 and Faluyi, 2006; Bello et al., 2016). This makes them a good choice as a feedstock for 55 biomethane production. Like other Lignocellulosic biomass, they are made up of cellulose and 56 hemicellulose tightly bound to lignin and as a result resists degradation (Horan et al., 2018). 57 Through anaerobic digestion (AD), which involves the degradation of organic materials by 58 microorganisms in the absences of oxygen to produce biogas containing methane (CH₄) and 59 carbon dioxide (CO₂), and digestate (Cabbai et al., 2016; Karthikeyan et al., 2016), these 60 substrates could be utilized as a biomass feedstock. However, the use of energy crops alone as 61 AD feedstock has been reported to be prone to instability and process failure due to lack of 62 adequate minerals and nutrients required to enhance the activities of the microorganisms 63 responsible for the degradation process (Wall et al., 2013). Thus, most research on AD tends 64 to focus on co-digestion, which provides the microbes with a spectrum of nutrients, vitamins 65 and trace metals (Cabbai et al., 2016; Nges & Björnsson, 2012; Shah, 2014). Co-digestion also 66 appears to possess a greater potential for improving the settling of floating biomass and 67 production of a high-quality digestate that can serve as a fertilizer. Thus, when using energy 68 crops such as grass silage as a monosubstrate for anaerobic digestion, it is imperative to 69 supplement the digestion process with any limiting nutrient to ensure a stable degradation 70 process which will result in enhanced methane recovery from the biomass feedstock.

71 1.2 State-of-the-art

72 Many additives have been used as nutrient supplements during AD processes (Romero-Güiza 73 et al. (2016), which include: (i) macronutrients (e.g. P, N and S) and trace elements (e.g. Ni, 74 Fe, Mo, W, Co, Se), (ii) incineration ashes, (iii) compounds that can reduce ammonia inhibition 75 through struvite formation. (iv) bioaugmentation using microbial inoculum with high 76 hydrolytic or methanogenic activity, (v) addition of enzymes as a supplement to enhance the 77 solubilisation of the biomass feedstock. Romero-Güiza et al. (2016) showed that the conversion 78 of free ammonia, which is toxic to methanogens, to struvite (MgNH₄PO_{4.6}H₂O) could be 79 achieved by supplementing the reactor with chemicals that have high ion exchange capacity 80 such as bentonite, glauconite, phosphorite and zeolites, clay, and manganese oxides. The 81 formed struvite is valuable as a slow-release fertilizer when applied to soil to steadily provide 82 nutrients and enhance crop yield (Bationo et al., 2011; Federation, 2017; Romero-Güiza et al., 83 2016). In addition, trace element supplementation such as cobalt, nickel and molybdenum, 84 during AD processes has been reported to enhance biogas and methane production from food waste by 42% at reduced residence time due to the formation of a thicker methanogenic fixed-85 film (Stronach et al., 2012). Similarly, Cai et al. (2017) found that supplementing the AD of 86 87 rice straw with Fe, Mn, Mo, and Se enhanced the degradation of VFA and methane generation. 88 However, according to the NIIR (2005), only a small amount of trace elements supplement within the range of 10^{-9} mol/L to 10^{-6} mol/L is required during the AD process, because many 89 trace elements are extremely toxic at higher concentrations (usually > 10^{-4} mol/L). The authors 90 91 (NIIR, 2005) reported that the trace elements are added as soluble inorganic salts since they 92 are taken up by cells as ions or ion chelates, and that chloride and nitrate salts are a more 93 suitable sources of trace nutrients due to their high solubility in water. In addition, NIIR (2005) 94 suggested that the sulphates of zinc (Zn), copper (Cu), and nickel (Ni) may be used, and that 95 iron (III) may precipitate out of acidic media which makes iron (III) citrate preferable.

96 Molybdenum (Mo) supplements can be prepared from salts such as ammonium molybdate 97 $(NH_4)_6Mo_7O_{24}$ or sodium molybdate (Na_2MoO_4) and selenium (Se) can be sourced from 98 sodium selenite $(Na_2O_4.Se)$ (NIIR, 2005).

99 Recent studies have also shown that biomass ash can not only be used as a supplement for 100 enhancing AD process but also can be used to remove hydrogen sulphide from biogas in small 101 and medium scale AD plants (Fernandez-Delgado Juarez et al., 2018). Biomass ash is an 102 abundant waste material generated in large quantities in developing countries from the 103 traditional burning of wood as fuel for cooking. The impact of biomass ash due to its alkalis 104 and trace metal contents which are able to leach out from the ash when the digestion process is 105 operating at pH values (6.5 - 8), although it may also increase metal concentrations which may 106 be detrimental to the stability of the AD process (Romero-Güiza et al., 2016).

Bioaugmentation involving the supplementation of AD process using specific biological cultures and by-products by adding microbial inoculum with high hydrolytic or methanogenic activity to enhance the digestion process have also been reported (Korres, 2013; Romero-Güiza *et al.*, 2016). Other compounds and processes which have also been used as an additive to improve the methane production from biomass include activated carbon, lactobacillus culture, urea and cobalt-60 radiation (Korres, 2013; Nijaguna, 2006), as well as recycling of digested slurry and filtrate back into the reactor (Korres, 2013).

Finally, research has also shown that the addition of enzymes during the anaerobic digestion of lignocellulosic biomass could facilitate lignin degradation, which improves the hydrolysis rate of cellulose and hemicellulose by allowing microbes to gain access to these polymers (Horan *et al.*, 2018). According to Karthikeyan *et al.* (2016), the enzymes that degrade biomass are produced by microorganisms present in the AD digestate. Research by Romano *et al.* (2009) also showed that the treatment of wheat grass with enzymes increased its solubilisation and enhanced the anaerobic digestion process. Specifically, the degradation process can be enhanced by the addition of a mixture of enzymes, which may comprise cellulase, and hemicellulose, pectin and starch-degrading enzymes (Karthikeyan *et al.*, 2016).

123 **1.3** Aim and novel contributions of this study

The aim of this study is to quantify the impact of adding different supplements, namely trace elements (TE), cocoa pod (CP) ash-extract, and commercial cellulase from *Aspergillus niger* (CCA) or *Trichoderma reesei* ATCC 26921 (CCT), during the anaerobic digestion of the West African Gamba and Guinea grass in terms of the specific methane production. In achieving this aim, this study will deliver the following novel contributions:

a. Physicochemical characterisation of West African Gamba and Guinea grass

b. Anaerobic digestion of Gamba and Guinea grass to obtain biomethane in a lab-scale 130 131 continuous stirred tank reactor (CSTR). The state-of-the-art review in Section 1.2 132 showed that there are no studies on the anaerobic digestion of Gamba and Guinea grass. 133 c. Anaerobic digestion of West and Guinea grass to obtain biomethane in a lab-scale 134 continuous stirred tank reactor (CSTR) under supplementation regime with trace 135 elements (TE), cocoa pod (CP) ash-extract, and commercial cellulase from Aspergillus 136 niger (CCA) or Trichoderma reesei ATCC 26921 (CCT). Similarly, there is no 137 previous study on the supplementation or co-supplementation of AD of Gamba and 138 Guinea grass with trace elements, enzymes, or biomass ash-extract supplements.

139 2 Materials and methods

140 **2.1 Materials**

141 **2.1.1 Preparation of biomass feedstock and inoculum**

Gamba grass and Guinea grass were freshly harvested by cutting from an open grassland at 142 Afikpo Nigeria. Afikpo is located on latitude 5° 53' 33.29" N and longitude 7° 56' 7.22" E 143 144 (https://latitude.to/map/ng/nigeria/cities/afikpo accessed on 14/12/2019). The harvested 145 feedstock was sun-dried for about 2 weeks and thereafter was cut to about 2 cm size and then 146 ground to a powdered form (< 1 mm) using a food blender. Subsequently, the powdered forms 147 of these grasses were securely sealed in air-tight cellophane bags in which they were conveyed to Newcastle University and then stored in a 4 °C freezer prior to their use. The total solid 148 149 content (%TS) and volatile solid content (%VS) of each biomass were determined using 150 methods 2540 B and 2540 G, respectively, as outlined in the standard methods for the examination of water and wastewater (APHA., 2005). Also, the cellulose, hemicellulose and 151 lignin contents of each biomass were determined as detailed by Goel (2007) and Sharma 152 153 (2008). From the powdered grass samples, the AD reactors feedstock was then prepared by 154 mixing equal weights of the powdered Gamba (50%) and Guinea grass (50%) in terms of their 155 TS contents. The inoculum was collected from one of the commercial mesophilic AD plants at 156 the Cockle Park Farm owned by Newcastle University and which is located at Morpeth, 157 Northumberland, North-East England. The physiochemical characteristics of the mixed 158 biomass feedstock and inoculum are presented in Table 1.

		Biomass feedstock			
	Inoculu				
Parameter	m	Mixture	Gamba	Guinea	
Total solids content (as %TS in wet					
weight)	2%	94%	91%	94%	
Volatile solids content (as % VS in TS)	66%	94%	81%	89%	
Moisture contents (%)	98%	6%	9%	6%	
C/N ratio	n.d	n.d	36:1	36.4:2	
ODM (%)	n.d	n.d	93%	96%	
Ash (%)	n.d	n.d	10%	9%	
NDF (%)	n.d	n.d	73%	70%	
ADF (%)	n.d	n.d	54%	53%	
ADL (%)	n.d	n.d	10%	10%	
Hemicellulose (%)	n.d	n.d	19%	17%	
Cellulose (%)	n.d	n.d	44%	43%	
C/N ratio = carbon-to-nitrogen ratio		ii.u	4470	43%	
ODM = Organic dry mass					

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= Neutral detergent fibre 162 NDF

- = Acid detergent fibre 163 ADF
- = Acid detergent lignin 164 ADL
- 165 n.d means not determined

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167 **2.1.2** Sources and preparation of supplements

The three (3) trace elements (TE), namely: molybdenum (Mb), nickel (Ni) and cobalt (Co), and 168 169 anhydrous sodium carbonate (Na₂CO₃) used to adjust the pH in the reactors, were purchased 170 from VWR and BDH, United Kingdom and were prepared to achieve the standard 171 concentrations shown in Table 2. The cellulose from Aspergillus niger (0.8 U/mg) (CCA) was 172 purchased from Sigma-Aldrich, UK and prepared by dissolving 100 g of the cellulase in 1 L of 173 D.I water. Similarly, Cellulase from Trichoderma reesei ATCC 26921 (CCT) (aqueous solution \geq 700 units/g), also from Sigma-Aldrich, UK was prepared by dissolving 50% of the 174 175 cellulase solution in 50% of D.I water.

176 Table 2 Composition of the solution of the trace elements supplement (Co,Ni,Mb)

	Reagent		Chemical formula	M (g/mol)	TE	MTE (g/mol)	M:MTE ratio	WTE (g)	TE conc. (M/ml)	
	Cobalt (III) hexahydrate		<i>CoN</i> ₂ <i>O</i> ₆ . 6 <i>H</i> ₂ O	291.03	Co	58.93	4.94:1	0.05	1.70 x 10 ⁻⁷	
	Nickel (II) hexahydrate		NiCl _{2.} 6H ₂ O	237.69	Ni	58.69	4.05:1	0.1	1.70 x 10 ⁻⁶	
	Sodium me dihydrate (V	olybdate WR)	Na ₂ MoO _{4.} 2H ₂ O	241.96	Мо	95.94	2.52:1	0.1	1.04 x 10 ⁻⁶	
177	М	= Mole	ecular mass							
178	TE	= Trace	= Trace element							
179	MTE	= Mola	= Molar mass of trace nutrient							
180	M: MTE	= Weig	= Weight of salt that contains 1 g weight of trace nutrient							
181	WTE	= Weig	= Weight of trace element (g) dissolved in 1 dm ³ D.I water							

182 TE = Amount of trace element (mol) in 1 mL of solution

183 **2.2 Methods**

184 2.2.1 Continuous stirred-tank reactors (CSTR)

The continuous stirred-tank reactors (CSTR) consisted of six Quickfit® borosilicate culture 185 186 vessels each of 5 litres capacity purchased from Sigma-Aldrich, United Kingdom. These vessels were covered with Quickfit[®] flat headplate which had parallel centre joints, ST/NS: 187 19/26, and a 10° side socket joint vacuum adapter with screw-thread (ST) connector for flexible 188 189 tubing. The headplate seal was made air-tight using a white silicone sealant and a high vacuum 190 grease purchased from VWR UK. Each reactor was also fitted with a 60 cm stainless steel 191 stirring rob with 20 cm stirring bar passing through the center joint of the head plate with a 192 water seal and clamped to a variable speed overhead stirrer engine. Each reactor was fully 193 mixed by setting its own overhead stirrer at the speed of 120 rpm. All the reactors had a working 194 volume of 4.5 L and were feed at an organic loading rate (OLR) of 1.15 gVS/L.d at a hydraulic 195 retention time (HRT) of 25 days for a duration of 74 days. The complete setup for the CSTR is 196 as shown in Figure 1.

Stirrer motor



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Figure 1 CSTR setup with tubing connected to gas sampling bag, a variable speed overhead
stirrer motor with stirring rod passing through Quickfit[®] flat head plate and a parallel centre
joint (water seal)

201 Also fitted on each reactor was a 10° side socket joint vacuum adapter, black insulating mat 202 over heater pad, k-type thermocouple inserted into the reactor using a red coloured rubber bung, 203 and a control box fitted with Sestos temperature controllers. Heating for each reactor was 204 provided using non-adhesive wire wound Silicon heating pad (190 x 415 mm, 230V), with 1M 205 lead purchased from Holroyd Components Ltd United Kingdom. The heating pad was wrapped 206 around the reactors by means of hooks and springs attached to them. A black insulating mat 207 was also used to cover the heating pad to minimize heat loss. Each CSTR was identified based 208 on the type of supplement added to it as detailed in Table 3.

CSTR	Feedstock (Gamba + Guinea grass)	Frequency of
		supplementation
R1	Inoculum + feedstock	Nil
R2	Inoculum + feedstock + 5 mL Trace Element solution (TE)	Daily
R3	Inoculum + feedstock + 5mL 20% Cocoa pod (CP) ash-extract	Daily
R4	Inoculum + feedstock + 5mL 20% CP ash-extract + 5 mL	
	cellulase from Aspergillus niger (CCA)	Daily
R5	Inoculum + feedstock + 5 mL CCA	Daily
R6	Inoculum + feedstock + 3 mL cellulase from <i>Trichoderma reesei</i>	
	ATCC 26921 (CCT) + 5 ml TE	Daily

209 Table 3 CSTR names, supplement type, volume and frequency of supplementation

210 The temperature inside each reactor vessel was monitored using a K-thermocouple probe on a 211 Sestos temperature controller inserted into the reactor mixture, which controlled output to the heater pads. The pH in the reactors was also measured daily using a Thermo Scientific[™] Orion 212 213 Star[™] A326 pH/Dissolved Oxygen Portable Multiparameter Meter. Physico-chemical parameters, such as: total solids (TS), volatile solids (VS), chemical oxygen demand, 214 215 ammonium nitrogen (NH4⁺-N), total Kjeldahl nitrogen (TKN), alkalinity and volatile acid 216 concentrations were measured weekly according to methods APHA 2540 B, APHA 5220B 217 open reflux, APHA 4500-NH₄ -N B&C, APHA 4500-N_{org}B, 2320⁴ and 5560C respectively, in 218 accordance with the standard methods for the examination of water and wastewater (APHA., 219 2005). Stability of the process was determined using the propionate-to-acetate ratio as reported 220 by Hill et al. (1987). Daily biogas production from each reactor was collected using a 10 L 221 SupelTM-Inert Multi-Layer Foil Gas Sampling Bag fitted with a Thermogreen® LB-2 Septa and a Push/Pull Lock Valve (PLV), which was connected to one of the outlets on the Quickfit® 222 223 reactor's head plate. The methane content (%) in the biogas was measured using a Carlo Erba 224 HRGC 5160 gas chromatograph equipped a flame ionization detector, an electron capture 225 (ECD) detector, and an on-column MFC injector with a split/splitless controller as described 226 by (Edward et al., 2015).

227 2.2.2 Feeding conditions

Daily feeding of all the reactors were maintained at an organic loading rate (OLR) of 1.15 gVS/L.d from day 1 - 25, 26 - 50 and 51 - 74 which correspond to the 1st, 2nd and 3rd HRT cycles, respectively. However, daily feeding was suspended from day 60 - 74 when the CSTR were opened which exposed the reactors' contents to room air for about 5 hours to fix one of the CSTR that broke down. However, supplementation with CP ash extract continued from day 63 - 74.

234 2.3 Data analysis

The data obtained from the current study were analyzed using the statistical packages SPSS version 17.0, Microsoft Excel 2016. All the analyses were based on a 5% statistical significance level for all parameters tested and results are presented within \pm 2 S.D. The correlation and regression analysis, analysis of variance and paired samples T-tests (2- tailed) were also used to determine the statistical significance of the differences between the mean values of the results obtained from different experiments carried out.

241 **3 Results and Discussion**

242 **3.1 Volatile solids (VS) destruction**

The mean volatile solids (VS) destruction achieved in reactors, R1, 2, 3, 4, 5 and 6 from day 1 - 74 were 64, 55, 59, 65, 65 and 67%, respectively (Figure 2). However, during the 2^{nd} HRT cycle (day 26 – 50), the mean VS destruction achieved in reactors, R1, 2, 3, 4, 5 and 6 were 65, 65, 61, 59, 61 and 67%, respectively. A paired sample t-test showed that the differences between the VS destruction in the control CSTR (R1) and each of the supplemented CSTR 248 (R2, 3, 4, 5 and 6) at 95% confidence interval of the differences, showed that the differences





Figure 2 Volatile solids destruction in the CSTR. R1 (control), R2 (supplemented with trace elements (TE), R3 (supplemented with CP ash-extract), R4 (co-supplemented with cocoa pod (CP) ash extract and Cellulase from Aspergillus Enzyme (CCA), R5 (supplemented with Cellulase from *Aspergillus niger*) and R6 (co-supplemented with trace elements (TE) and Cellulase from *Trichoderma reesei* ATCC 26921) (CCT)

256 The results in Figure 2 suggest that neither the cocoa extract, enzymes, trace elements nor a combination of any two types of supplement increased VS destruction. These results are 257 258 consistent with previous studies. For example, Lue-Hing (1998) reported that the addition of 259 enzymes to AD digesters did not give improvement in the VS destruction, and Horan et al. (2018) reported that even though enzymatic pretreatment was found to promote hydrolysis of 260 261 lignocellulosic biomass, it did not result in any significant increase in VS destruction compared 262 to the untreated reactors. Unfortunately, the determination of VS does not account for volatile substances such as VFA, alcohols, esters, etc which could represent a considerable portion of 263 264 the VS destruction or energy potential of the feedstock.

265 **3.2 Effect of bicarbonate addition on pH of reactors**

266 From day 1-74, the pH inside the CSTR varied as follows: R1 (6.32 - 7.70), R2 (6.54 - 7.70), 267 R3 (6.54 - 7.70), R4 (6.55 - 7.70), R5 (6.31 - 7.70) and R6 (6.10 - 7.70), which correspond to mean pH value of 6.93, 6.94, 7.01, 7.00, 6.94 and 6.96, respectively (Figure 3). However, 268 during the 2^{nd} HRT cycle (day 26 – 50), during which the reactors attained a pseudo-steady-269 270 state condition of operation, CSTR R1, R2, R3, R4, R5 and R6 had mean pH values of 6.80, 271 6.84, 6.91, 6.90, 6.84 and 6.87, respectively. These mean pH values recorded in all the CSTR 272 during the pseudo-steady-state period, were all within the pH range 6.8 - 7.4, which is regarded 273 as the optimum range for anaerobic digestion (Grady Jr, 2011; Khanal, 2011; Nijaguna, 2006).



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Figure 3 pH profile in R1, R2, R3, R4, R5 and R6.

The pH of all the reactors was regulated by dosing 1g of anhydrous sodium carbonate (Na₂CO₃) on day 43, 45, 47, 48, 52, 53, 54, 63, 64, 68 and 69, and that enabled the reactors to maintain the optimum pH (Figure 3), except for day 63 when 2g of the salt was added due to a decrease in the pH of all the reactor to pH < 6.8. On day 64, it was observed that the 2g of Na₂CO₃ added to the reactors on day 63, produced a negative pressure inside all the reactors which drained the water in the shaft water-seal, thereby exposing the reactors' headspace to ambient air. This pressure reduction inside the reactors probably occurred due to the rapid reaction of Na_2CO_3 with biogas CO_2 , leading to removal of CO_2 as shown in 1.

$$Na_2CO_3 + H_2O + CO_2 \rightarrow 2NaHCO_3$$
 1

284 Oxygen from the air is toxic to methanogens (Wang et al., 2010), and thus, its entrance into 285 the AD vessel headspace on day 63 led to a substantial decrease in the volume of biogas and 286 methane produced in each reactor (Figure), and also led to a subsequent accumulation of VFA 287 (Figure) and reduction in pH (Figure 3), implying that oxygen from air reached concentrations 288 within the digestate liquor that exerted toxic effects on the methanogens. Gerardi (2003), had 289 also reported that the development of low partial pressure conditions under the digester dome 290 due to the addition of Na₂CO₃ or calcium hydroxide during the AD process may cause the 291 collapse of the digester cover. This problem associated with the use of Na₂CO₃ as a source of 292 alkalinity in AD reactors and explains why sodium bicarbonate (NaHCO₃) is mostly preferred 293 as a buffering reagent for pH control (Grady Jr, 2011).

294 Although a comparison between the pH in the control reactor (R1) and each of R2, 3, 4, 5 and 6 showed that they were strongly and positively correlated (R^2 -values > 0.7) in all cases, the 295 paired sample t-test (2-tailed) comparison between the pH in reactor, R1and R2, R1 and R3, 296 297 R1 and R4, R1 and R5 and R1 and R6, showed that the pH of the control reactor was 298 statistically significantly different from the pH of each of the supplemented reactors (p < 0.05). 299 This shows that pH inside the reactors was affected by supplementation and because pH is 300 closely related to the toxicity of many compounds in AD due to its ability to control the 301 movement of undissociated weak acids and bases which can penetrate the cell membrane of 302 microbes (de Jong & van Ommen, 2014). Thus, at low pH, VFA diffuses into the cell of AD 303 microbes and dissociate in their cytoplasm, causing an imbalance in the cellular homeostasis 304 (de Jong & van Ommen, 2014), and this could explain why all the CSTR (R1 – R6) started to
305 fail around day 65 due to VFA accumulation (Figure).

306 3.3 Ammonia-N, Total Kjeldahl Nitrogen, Organic nitrogen and COD

307 The concentration of organic-N in CSTR R1, R2, R3, R4, R5 and R6 decreased from 577.5 -308 175, 577.5 -157, 577.5 - 175, 577.5 - 176.4, 588.0 - 217.0 and 577.5 - 175.0 mg/L, 309 respectively (Figure). The results indicate that during the AD process, a substantial part of the 310 organic-N was converted to ammonium-N, especially during the pseudo-steady-state operation 311 period (day 26-50) and beyond, and that may have been favoured by the prevailing mean pH-312 values which were effectively below pH 7 (Figure 3) in all the reactors. Similarly, from day 1 -74, the concentration of ammonium-N decreased in CSTR R1, R2, R3, R4, R5 and R6, from 313 314 1400 - 39.2, 1400 - 84, 1400 - 39.2, 1400 - 61.6, 1400 - 63 and 1400 - 50.4 mg/L, 315 respectively. This large net change in the ammonia-N concentration suggests that the amount 316 of nitrogen available in the reactors was insufficient to meet the biosynthetic needs of the new 317 biomass, and this could explain why free ammonia inhibition was not detected in the current 318 study.



Figure 4 Ammonia-N, Total Kjeldahl Nitrogen, and Organic nitrogen. R1, R2, R3, R4, R5 andR6.

Correspondingly, Figure shows that the concentration of the TKN in CSTR R1, R2, R3, R4, R5 and R6 decreased from 1977.5 -175, 1977.5 – 157.5, 1977.5 – 175, 1977 – 245, 1977.5 – 262.5 and 1977.5 – 175 mg/L, respectively, due to the changes in ammonium-N and organic-N in the reactors. According to Wellinger (2013), the determination of the total Kjeldahl nitrogen (TKN) equates closely to the nitrogen concentration in an AD reactor, since nitrate and nitrite are very low, and reveals whether the available nitrogen is sufficient to support the growth of the AD microbes.

329 **3.4 Volatile fatty acids**

330 3.4.1 Total volatile fatty acids (TVFA) from day 1 - 74

The concentration of total volatile fatty acids in all reactors from day 1 - 74 are shown in Figure . According to Khanal (2011), the level of VFA indicates the health of an AD process, and for a healthy reactor, the VFA concentration in the low range of 50 - 250 mg HAc/L. Thus, in the current study, it can be concluded that the CSTR 1 - 6 were healthy from day 1 - 60(Figure), although the VFA concentration during this period may have been influenced by the Na₂CO₃ supplement.



Figure 5 Concentration of total volatile fatty acids in all reactors from day 1 - 74. Details of the reactors classification and supplementation are shown in Table 3.

340 However, from day 60 - 75, unstable conditions caused by opening of all the reactors, caused 341 both overloading and the exposure of the reactors to toxic compounds (oxygen), and the 342 accumulation of VFA (Figure 5), which caused the pH to gradually decrease from the desired 343 pH 7 to pH < 6 within this period (Figure 3), resulting to failure of all the reactors and substantial 344 decrease in the methane production (Figure). The VFA accumulation during this period 345 suggests that opening the reactors may have caused a severe imbalance between the activities 346 of the acidogenic and methanogenic microbes. It also depicts that the activities of the acetoclastic methanogens may have been hindered, resulting to further decrease in pH. 347 348 According to de Jong and van Ommen (2014), increase in VFA concentration and lower pH 349 increases the concentration of undissociated acetic acid, amplifies the toxic effects of the VFA 350 on the AD system.

351 3.4.2 Checks for instability of the AD process using propionate-to-acetate ratio

The results from the stability checks using the P/A ratios measured from the total VFA 352 353 concentrations from the individual reactors, R1-6 from day 1 - 74 are presented in Table .

354

Hydraulic retenti	R1	R2	R3	R4	R5	R6	
time (HRT)	Day	P/A	P/A	P/A	P/A	P/A	P/A
1 st HRT	0	n.d	n.d	n.d	n.d	n.d	n.d
	14	n.d	n.d	n.d	1/2.1	1/1.6	0/0
	21	1/4.3	1/3.7	1/3.4	n.d	n.d	1/2.8
2 nd HRT	28	n.d	n.d	n.d	1/6.6	0/0	1/4.9
	35	n.d	n.d	n.d	n.d	1/2.4	n.d
	42	n.d	n.d	n.d	n.d	1/1.2	n.d
	46	1/0.4	1/0.1	1/1.5	1/0.2	1/0.6	n.d
	49	1/1.4	1/0.1	1/2.0	1/5.5	n.d	n.d
3 rd HRT	56	1/4.0	1/0.3	1/0.8	1/2.9	1/3.9	1/2.9
	65	1/4.2	1/4.5	1/0.7	1/1.5	1/4.4	1/0.2
	70	1/5.9	1/4.7	1/1.8	1/1.6	1/6.8	1/1.7
	74	1/1.8	1/1.6	1/3.6	1/1.6	1/1.8	1/3.8

355 Table 4 Checks for instability using the propionate to acetate (P/A) ratio

356 n.d stands for not detected

According to Hill et al. (1987), P: A ratio of 1:1.4 or propionate concentration above 800 mg/ 357 L indicate impending digester failure. During the 2^{nd} HRT (day 26 – 50), when all CSTR 358 359 attained pseudo-steady-state condition, the ratio P/A < 1:1.4 was prevalent in all the CSTR, R1 – R6, showing a good balance between propionate production and acetate utilization, except 360

for the periods where supplementation of Na₂CO₃ introduced partial pressures leading entrance of air and sudden VFA building up as shown in Table and Figure . Thus, the results in Table confirms that all the reactors were relatively stable within this 2^{nd} HRT period, compared to 1^{st} HRT (especially on day 21) and 3^{rd} HRT (day 51 – 74) periods where the ratios P/A>1:1.4 were prevalent in all the CSTR (Table).

366



368 Figure 6 Concentration of individual volatile fatty acids in all the reactors from day 28 - 49369 (within 2nd HRT cycle).

The concentration of the individual VFA in all the reactors during the 2^{nd} HRT cycle (Figure), also indicates that during the pseudo-state condition of operation, their concentrations were effectively lower than 50 mg/L, except for day 49 where the concentration of propionate in reactor, R2 was 80 mg/L. These results could explain why all the CSTR were able to achieve stable operational conditions, and equally agree with previous studies which reported that concentration of total TVFA in AD reactors operating normally should be below 200 mg/L (Andreoli, 2007). However, from day 50 – 75, a P/A ratio greater than 1:1.4 dominated the reactors, which lead to a decrease in pH (Figure 3) due to the presence of high concentration
of VFA. The situation led to a daily decrease in biogas and methane production in all the
reactors (Figure 7) and total failure of all reactors, possibly due to the entrance of air (oxygen)
into the reactors as previously discussed in Section 3.2.

381 **3.5 Methane production**

382 **3.5.1** Methane content (%) in biogas

- 383 The methane contents in the biogas from each of the CSTR, including the mean, minimum,
- and maximum values measured from day 1 74 and day 26 50 are shown in Table 1.

Reactors	HRT (1 – 3) (Day 1 – 74)			HRT 2 (HRT 2 (Day 25 - 50)		
	Mean	Min.	Max.	Mean	Min	Max	
R1	59.2%	22.4%	67.8%	60.0%	56.0%	64.0%	
R2	59.9%	21.4%	67.5%	61.0%	57.0%	66.0%	
R3	59.9%	22.4%	65.9%	61.0%	56.0%	65.0%	
R4	59.0%	20.4%	65.3%	60.0%	56.0%	64.0%	
R5	58.5%	22.4%	65.6%	60.0%	55.0%	66.0%	
R6	60.8%	19.1%	69.0%	62.0%	57.0%	66.0%	

385 Table 5 Methane content (%) in biogas

From the data presented in Table 5, the methane contents recorded from day 1 - 74 during the current study from CSTR (R1 – 6) were all within the ranges of methane contents typical of CSTR published from various studies (Cabbai *et al.*, 2016; Chan *et al.*, 2018; Wang *et al.*, 2010; Gerardi, 2003). The paired sample tests between the methane content in control reactor, R1 and R2, R1 and R3, R1 and R5, and R1 and R6 gave a p-value <0.05 which shows that supplementation significantly affected the percentage of methane contained in the biogas produced in each of the supplemented reactors. In contrast, a p-value > 0.05 was obtained in 393 the case of the comparison between control, R1 and R4, which means that the percentage 394 of methane produced in R4 was comparable to the methane produced in the control reactor, 395 R1. Similarly, when the reactors attained a pseudo-steady-state condition during their operation 396 which corresponds to Day 26 - 50 (HRT 2), the mean concentration of methane, as well as the 397 minimum and the maximum methane contents (Table 1). Also, a paired samples t-test between 398 the control (R1) and each of the supplemented reactors, showed that for Pair 1 (R1 and R2), 399 Pair 2 (R1 and R3), Pair 3 (R1 and R6), gave a value of p < 0.05 (2 -tailed) which shows that 400 the addition of TE to R2, CP ash-extract to R3, CP ash extract + CCA to R4 and CCA to R5, 401 affected the SMP of each reactor significantly.

402 **3.5.2** Specific methane production and volumetric methane production (day 1 - 74).

403 The SMP from the CSTR R1, R2, R3, R4, R5 and R6 from day 1 – 74 were 169.3, 157.4, 179.9, 404 204.3, 189.8 and 175.0 N mLCH₄/kgVS fed. Similarly, the VMP obtained from R1, R2, R3, 405 R4, R5 and R6 were 211.7, 196.8, 224.9, 255.4, 237.2 and 218.8 N mLCH₄/L.d fed. Thus, 406 except for reactor R2 which produced SMP that was 7% less than the SMP from the control 407 reactor, R1, the SMP from R3, R4, R5 and R6 were 13, 28, 18 and 12% higher than that of the 408 control reactor (R1). Similarly, the paired samples t-test between the control (R1) and each of 409 the supplemented reactors, showed that for Pair 1 (R1 and R2), Pair 2 (R1 and R3), Pair 3 (R1 410 and R4), and Pair 4 (R1 and R5), the value of p < 0.05 (2 -tailed) which indicates that the supplementation of R2 with TE, R3 with CP ash-extract, co-supplementation of R4 with CP 411 412 Ash-extract + CCA, supplementation of R5 with CCA and co-supplementation of R6 with CCT 413 and TE increased the SMP and VMP of each reactor significantly.

414 **3.5.3** Specific methane production and volumetric methane production (day 26 – 50)

The mean SMP in CSTR, R1, R2, R3, R4, R5 and R6 were 171.7, 162.7, 193.4, 220.6, 202.5
and 192.9 N mLCH₄/gVS.d, respectively. These results show that the SMP in the reactor, R2

417 was 5% less than the volume of SMP from the control reactor, R1. In contrast, the SMP in 418 CSTR, R3, R4, R5 and R6 were 11, 22, 15 and 11%, respectively, higher than that of the control 419 reactor, R1. Similarly, the VMP obtained from CSTR, R1, R2, R3, R4, R5 and R6 were 214.6, 420 203.4, 241.7, 275.7, 253.1, and 241.1 N mLCH₄/L.d. Similarly, the VMP in CSTR, R3, R4, R5 421 and R6 were 11, 22, 15 and 11%, respectively, higher than that of the control reactor, R1. These 422 results demonstrate the supplementation of reactor R2 with trace elements solution, led to 423 inhibition of the AD process, which supports the study by Cai et al. (2017) which reported that 424 the addition of Co and Ni did not improve reactor performance during an AD process involving 425 the mono-digestion of rice straw. However, their study revealed that a combination of Fe, Mn, 426 Mo and Se enhanced methane production. Similarly, in an extensive review on the impacts of 427 trace element supplementation on the performance of anaerobic digestion process, Choong et 428 al. (2016), highlighted that trace element (Fe, Ni, Co) supplementation improves AD 429 performance, especially when added at sub-optimal dosages. Similarly, Pobeheim et al. (2010) 430 reported that supplementation using 0.6 mg/L Ni and 0.1 mg/L Co to the anaerobic digestion 431 of maize silage improved the methane yield by 25% and 10%, respectively. Cai et al. (2018) 432 also reported that when 0.01 mg/L Mo, 0.1 mg/L Se and 0.1 mg/L Mn were added to their AD 433 of rice straw in the first 10 days, that the methane yield increased by 59.3%, 47.1% and 48.9%, 434 respectively. The inhibition experienced in reactor R2, which was supplemented with trace 435 elements solutions (Table 3) may have resulted due to the accumulation of some of trace 436 elements in higher concentration, especially Ni was previously found be Jiang *et al.* (2017) to 437 exhibit inhibitory effects on VFA degradation due to its toxic nature to methanogens at high 438 concentration. When Nges and Björnsson (2012) encountered a similar inhibitory situation 439 during their study on the anaerobic digestion of crop mixtures, they suggested that the trace 440 elements Fe, Co, Mo and Ni, which they used in their study may have been chelated by phytic 441 acid thereby preventing their absorption due to poor bioavailability. Their inference agrees with the results obtained in the current study and Ortner *et al.* (2014) has also confirmed that between 30 - 70% of the trace elements added to an AD process is not directly bioavailable.



Figure 7 Specific methane production (SMP), volumetric methane production (VMP) and
cumulative methane production in R1 (control), R2 (TE), R3 (CP ash-extract, R4 (5mL 20%
CP ash-extract + CCP), R5 (CCA) and R6 (CCT + TE) from day 1 – 74.

448 During the pseudo-steady-state operation (HRT 2), the correlation between the SMP produced in R1 and R2, R1 and R3, R1 and R4, R1 and R5, and R1 and R6 had a coefficient of 449 determination, $R^2 = 0.23$, 0.24, 0.22, 0.41 and 0.19 respectively, which indicates that the 450 451 correlation between two different reactors conditions was positive but weak. A paired sample t-test (2-tailed) statistical comparison of either the SMP between R1 and R3, R1 and R4, R1 452 453 and R5, and R1 and R6 gave a p-value < 0.05. In contrast, the same t-test comparison between the SMP of R1 and R2, gave a p-value > 0.05. These results show that apart from the CSTR, 454 455 R2 which encountered inhibition as a result of TE supplement, that the addition of other 456 supplements or a mixture of supplements (Table 3), significantly enhanced the SMP from the biomass feedstock used in the current study. Considering the R²-values from the statistical 457 458 correlation tests, the results clearly showed that neither a comparison between reactors R1 and

R3, nor R2 and R3 were correlated in terms of SMP. In contrast, a comparison between the SMP in R3 and R4 or R4 and R6 showed a positive but weak correlation. Comparison of the paired reactors conditions indicates that supplementation affected the SMP from each CSTR significantly (p-value < 0.05). Thus, supplementation of the reactors, R2, R3, R4, R5 and R6 increased SMP by -5%, 13%, 28%, 18% and 12%, respectively, compared to the control reactor, R1. The effects of supplementation on SMP of paired reactors conditions (Table 3) are presented in Figure 8.



467 Figure 8 Effects of supplementation on SMP of paired supplemented reactors conditions. The468 reactors conditions are defined in Figure 2.

The comparison between the supplemented reactors only (Figure 8) also showed that the SMP from R3 was higher than that of R2 by 16%. Equally, the SMP from R4 was 12% higher that the SMP from R3, while the SMP from R4 was also 9% higher than that of R5. Similarly, the SMP from R6 was 16% higher than the SMP of R2. These results indicate that the cellulase from *Aspergillus niger* (CCA), cellulase from *Trichoderma reesei* (CCT) and cocoa pod ashextracts enhanced the SMP in all reactors containing these supplements, however, they produce 475 greater enhancement of SMP when added as combined supplements. As the enhancement 476 appeared to be greater than the sum of the individual supplements, it appeared that CP ash-477 extracts increased the effect of cellulase from Aspergillus niger, and this may explain why 478 reactor R4 achieved the highest SMP during pseudo-steady-state operation. In a study of the 479 effects of 25 types of commercial enzymes on AD process it was found that enzymatic pre-480 treatment produced only minimal effects on the biogas yield from sludge and manure, and only 481 about 10% for grass silage and concluded that the enzyme were probably degraded by microbes 482 native in the AD reactor (Karthikeyan et al., 2016). Thus, the results from the current study 483 strongly suggest that CP ash-extracts may have increased the activity of CCT and could explain 484 why reactor R4 achieved the highest SMP during the pseudo-steady-state condition between 485 day 26 - 50 (Figure and Section 3.5.3), compared to other reactors.

486 On day 63, the biogas and methane production (SMP) in all the CSTR (R1-6) decreased from 487 the mean values presented in Section 3.5.3 to mean SMP of 81.5, 48.8, 71.1, 94.8, 75.4 and 488 134.3 N mLCH₄/gVS.d, as a result of opening the reactors on day 60 (see Section 2.2.2 and 489 Figure). Due to the failing situation of the reactors, feeding was suspended, and immediately 490 followed up with daily supplementation of CP-ash extract to all the reactors from day 64 - 74491 (Section 2.2.2). Interestingly, except for reactor R6, all other reactors, R1-5, started to recover 492 progressively (Figure), and on day 74, the mean SMP had increased for these reactors to 91.5, 493 113.7, 113.4, 96.9 and 106.6 N mLCH₄/gVS.d, respectively. In contrast, reactor R6 (which had 494 trace nutrient + cellulase from Aspergillus niger) did not recover (Figure). Also, due to CP 495 ash-extract supplementation from day 70 - 74, the P/A ratio in reactors, R1, R2 and R5 496 decreased substantially (Table), which suggests an increase in the acetate utilization by the 497 methanogens, as the decrease corresponded with increase in methane production in the reactors 498 (Figure). In contrast, the P/A ratios increased in reactors, R3 and R6, but remained at the same

value in the reactor, R4 (Table). These results suggest that supplementation of ash-extracts
from cocoa pod can also help enhance the recovery of failed CSTR over time.

501 4 Conclusions

502 A comprehensive experimental investigation of the supplementation of the AD of mixed West 503 African Gamba and Guinea grass with different materials, namely TE solution, CP ash-extract, 504 CP ash-extract + CCA, CCA, CCT, CCT + TE was conducted. In this study, the results showed 505 that supplementation with TE solution (Ni, Co, Mo) leads to an inhibition of the AD process 506 resulting in a decrease in the specific methane production (SMP) from the supplemented reactor 507 by -5% compared to the control, indicating that the trace element solution used in this study 508 does not improve SMP. However, the co-supplementation with TE and CCT led to a 509 statistically significant increase in SMP (12%) compared to the control. The addition of CP 510 ash-extract supplement alone gave a statistically significant increase in methane production 511 (13%) compared to the control reactor, indicating that the natural trace nutrients and alkalinity 512 of the CP ash-extract had a positive effect on the AD process. This was considered to have 513 been due to pH stability provided by the alkaline characteristics of the CP-ash extract, and the 514 wide range of bioavailable trace elements present in the ash-extract that were less toxic than 515 the TE solution. Finally, co-supplementation with CP ash-extract solution and CCA resulted in 516 a statistically significant increase in SMP (28%) compared to supplementation with CP ash-517 extract alone and CCA alone. This strongly suggests that CP ash-extracts increased the activity 518 of CCA especially during the pseudo-steady-state conditions.

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