[article title] Governance for Sustainability: reflections from three VSM interventions

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Structured Abstract:

While there is some agreement on the usefulness of systems and complexity approaches to tackle the sustainability challenges facing our organisations and governments in the XXIst Century, less is clear regarding the way such approaches can inspire new ways of governance for sustainability. This paper progresses ongoing research using the Viable System Model (VSM) as a meta-language to facilitate long-term sustainability in business, communities and societies, using the "*Methodology to*

support self-transformation'. It summarises core self- governance challenges for long-term sustainability, and the organisational capabilities required to face them, in

the 'Framework for Assessing Sustainable Governance'. This tool is then used to analyse capabilities for governance for sustainability at three real situations where the mentioned Methodology inspired bottom up processes of self-organisation. It analyses the transformations decided from each organisation, in terms of capabilities for sustainable governance, following the suggested Framework. Technical lessons learned from using the Framework include the usefulness of using a unified language and tool when studying governance for sustainability in differing types and scales of case study organisations. Social lessons include acknowledgment on the relevance of issues of identity, having or not a clear environmental ethos, and developing closed loop relationships at the local level, as key factors to improve governance for sustainability. There are final reflections on the usefulness of this heuristic approach to learn about governance for sustainability, as well as on the need for further development and testing of these suggested tools to improve their reliability and robustness.

Keywords: Complexity, self-organisation, action research, sustainability, governance, self-transformation

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Running Heads: Governance for Sustainability

Assessing governance for sustainability:

Learning from VSM theory and practice

Abstract

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support self-transformation', by focusing on ways to learn about governance for sustainability. It summarises core self- governance challenges for long-term sustainability, and the organisational capabilities required to face them, at the *'Framework for Assessing Sustainable Governance'*. This tool is then used to analyse

capabilities for governance for sustainability at three real situations where the mentioned *Methodology* inspired bottom up processes of self-organisation. It analyses the transformations decided from each organisation, in terms of capabilities for sustainable governance, using the suggested *Framework*. Technical lessons learned from using the *Framework* include the usefulness of using a unified language and tool when studying governance for sustainability in differing types and scales of case study organisations. Social lessons include acknowledgment on the relevance of issues of identity, having or not a clear environmental ethos, and developing closed loop relationships at the local level, as key factors to improve governance for sustainability. There are final reflections on the usefulness of this heuristic approach to learn about governance for sustainability, as well as on the need for further development and testing of these suggested tools to improve their reliability and robustness.

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Introduction

Current economic and biophysical global changes have created new challenges for organisations and societies aiming to become more sustainable. Globally, businesses and governments have become more environmentally aware (e.g. by developing Corporate Social Responsibility) but the responses they show are still insufficient to counteract the negative impact they have on the environment (Masters, 2011). Much more needs to be done to encourage more sustainable businesses and societies. Here we argue that improving the capabilities of businesses and communities for self-governance is at the core of the challenges to progress towards global sustainability.

We have explained elsewhere that to progress in this direction, we first need to work on a holistic model of development, based on the co-existence of natural eco-systems and human activity, a more equitable distribution of wealth, and a focus on both human well-being and respect for nature. This requires new approaches and thus new models of organisational and societal transformations: we have suggested a way of developing Beer's theory of organisational viability (Beer, 1979) for inspiring sustainable management of complex organisations and networks; it included the 'Methodology for self-transformation' (Espinosa & Walker, 2011, Ch. 3) to encourage second order learning about organizational self transformations: using the VSM as the theoretical model of organization, and other systemic tools, it suggest six main stages in the learning process: agreeing on organizational identity and boundaries; mapping complexity levels; doing structural diagnosis (VSM diagnosis); aligning strategy and structure; deciding on transformation plan; implementing and learning from it (see more details of the methodology and its application in Espinosa & Walker (2013) and Espinosa et al (2015).

In this paper we progress this research by introducing a tool to assess core issues of governance for sustainability, - based on our theoretical framework. We illustrate these ideas through reflection on three real applications of this methodology, used as a tool to support self-governance in organisations aiming to improve their

sustainability. It uses the VSM as a meta-language to facilitate systemic interventions through structured debates on core issues on self-organisation and self-governance in communities or businesses. We summarise the criteria we suggested to assess sustainable governance in an organisation, as our assessment framework. (Espinosa & Walker, 2011, ch. 3)

The paper revisits three applications of the self-transformation methodology at different scales and in different types and levels of complexity of organisational systems aiming to improve their sustainability: in a socio ecological system, in a community, and in a business. In each case the suggested *Framework* is used to review the core issues requiring improvement, to enhance their capabilities on self-governance for sustainability. The framework serves as a heuristic device to learn about similarities and differences of inter-organizational systems and networks regarding governance for sustainability capabilities.

This paper summarises new directions for research on viability, sustainability and self-governance, based on Beer's original approach – the Viable System Model. It offers ways to address the lack of clear criteria to define and assess sustainable governance found in the existing literature. It offers examples of insightful applications of the suggested tools in different contexts and scales; reflects on these experiences and identifies open research paths to develop the suggested tools.

2. Sustainability and Governance - an understanding based on the Viable Systems Model

S Beer (1979, 1981, and 1985) originally developed the Viable System Model (VSM) as a theory of organisational viability. Based on pioneering cybernetic and neuron-physiological developments on the workings of the brain and cognition in human beings, he explored the consequences of his studies in the context of groups of individuals, operating as purposeful organisations. A viable system is a system capable of an independent existence. It co-evolves with its niche and adapts to its changing dynamics, even by changing its internal models and structures. A viable system is a purposeful system, where a group of agents collaborate to achieve a

particular purpose, using shared resources, and following certain basic rules. It is a recursive system: a viable system contains and is contained by other viable systems. For more details on the VSM see Beer (1979; 1981; 1985), Espejo & Reyes (2011), and Espinosa & Walker (2011).

An organizational system has three elements: the operations – also called System 1-(where products or services are developed); the environment (the socio-ecological niche where it belongs and from which it nurtures, including customers, suppliers, regulators, and competitors); and the meta-systemic management (management and technical support to operations). See Figure 1 below.

*** Insert Figure 1 about here ***

Metasystemic management includes four types of Systems: System 2 to prevent oscillations between the Systems 1 and to create shared languages, information and knowledge management tools and support networks; System 3 provides synergy to Systems 1 and when necessary also intervenes to reorient behaviours that may threaten organizational viability or sustainability. System 4 leads innovation and research as well as strategy development process; System 5 keeps organisational closure, identity and policies. It represents the views of all stakeholders. Interactions among Systems 1 to 3 support the day-to-day operational work; Systems 3 to 5 interact to make strategic and tactical decisions. Systems 1 and 4 liaise with environmental actors regarding current and future trends of the market and the socio ecological system, which may affect organisational viability or sustainability in Espinosa & Walker, Ch. 2; Espinosa & Walker, 2008, Espinosa & Walker, 2014). -

The Viable Systems Model (VSM) has been used over the last 40 years in many countries and contexts, to guide organisational transformations, strategic management, organisational learning, and sustainable development, among others. Beer himself pioneered the use of his theory to reflect about sustainability in businesses and communities: he talks about sustainability as a function of the 'total organization' of any system, which includes its capacity to learn, to adapt and to evolve (Beer, 1989). Several of his followers have developed the idea of using the VSM in the context of sustainability, at the level of theory, methodology and

applications.

Lewis (1997) used the VSM in several UK businesses analysing principles of business sustainability; Espejo & Stewart (1998) explained the relevance of principles embedded in VSM theory such as embeddedness and cohesion, that are fundamental to explain the way a business network, aiming to function sustainably, would develop. The work of M Schwaninger has also been inspirational in this emerging research field, starting with his original suggestion to combine VSM with simulation models to discuss ecological management by focusing on issues such as the trade-off between short and long-term decisions (Schwaninger, 2003). Later, he suggests the idea of 'evolution by design' and explains how the VSM can be instrumental in supporting organisational and societal development (Schwaninger, 2004). He also discusses the need for actors to engage at multiple levels, and the convenience of using the VSM to explain complex relationships between multiple actors (Schwaninger, 2006). Along similar lines, Grabher et al (2000) developed an application of the VSM to model three regions and to analyse core issues of sustainability and regional development. Leonard (2007; 2008) has also theorized on the way in which communities foster adaptations to environmental changes, at three levels: the household, the neighbourhood and the city.

Panagiotakopulos & Jowitt (2007) used the VSM as a theoretical model to support the comparison between several sustainability standards including the Triple Bottom Line, The Natural Step, and the Ecological Footprint. Knowles (2011) suggests a methodology to support environmental management in a business, consistent with VSM theory. Cardoso (2011) proposed a toolkit to support self-organisation in communities aiming to become more sustainable, based on the VSM and Social Network Analysis. It was used at the ecovillage case study referred to later – see Espinosa et al (2011). Perez-Rios (2012) summarises the different aspects in which the VSM and Team Syntegrity support business viability and sustainability, including identification of organisational pathologies.

We have described elsewhere the theory of viability and its implications for rethinking sustainability, from a structural point of view: we assume that viability is a necessary condition for sustainability, so sustainability requires long-term viability - see (Espinosa et al, 2008; Espinosa & Walker, 2011). Considering governance as *'the*

system by which an organisation makes and implements decisions in pursuit of its objectives' (ISO 26000), our developed VSM theory offers a sound theoretical model to explore core issues of governance for sustainability.

In our research, we have explored the application of the VSM not in the interests of greater profits and shareholder return, but of creating sustainable institutions which function in balance with the natural systems in which they are embedded. It assumes that a viable system operates within a set of policies which are concerned with the now familiar triple bottom line: the organisation must be financially viable, in balance with its ecological environment and must enhance the well being of the people it employs and the communities within which it functions. Sustainable governance involves the design of recursive decision-making spaces including participation of stakeholders at each level, responsible for designing and implementing sustainable strategies and actions.

In order to put into practice this way of understanding organisational viability and sustainable governance, we have designed and used the 'Methodology to support self-transformation' – for more details see (Espinosa & Walker, 2011, Ch 3; 2013; Espinosa et al, 2014). The next section describes our suggested tool, the 'framework for sustainable governance' to assess specific needs to develop capabilities on self-governance for sustainability.

3. A Framework for assessing sustainable governance

There follows a summary of the key aspects we consider important to assess, regarding existing organisational capabilities for self-governance in the context of sustainability - see Espinosa & Walker (2011, Ch. 3) and Table 1 for an example of the assessment tool.

1. Co-evolution with its niche

The VSM sees an organisation as a neural network like organisation: a dynamic whole that is in a continuous dance with its niche: it *co-evolves* with it. To assess core issues of governance for sustainability, under this theoretical lens, we need to continuously observe each organisation's skills for: a) focusing on what really matters; b) operating with real time information; c) using this real-time flow of appropriate metrics to allows closed-loop self-regulation; d) creating structures which ensure rapid response to changes in the environment; and e) operating with effective environments for decision-making.

An overall assessment on how an organisation responds to each of these aspects gives us an initial idea of its capability for becoming aware of, and responding to, its niche. A sustainable, self-governing organisation must be in a continuous, co-evolving dance in which both the organisation and niche are braided together and respond to each other accordingly.

2. Autonomy and Cohesion

The major way of attenuating variety and managing massive amounts of complexity (i.e. in a complex organisational system) is by encouraging each of the operational units to develop their own variety so that they can manage their own decisions promptly and effectively, and deal autonomously with their own environmental disturbances. This needs to be done while still sharing the same ethos, sustainability values and strategies, and agreeing on similar criteria for sustainable performance. A pre-requisite for self-governance is to achieve a balanced mix of operational autonomy and organisational cohesion.

3. Recursive Governance

Viable systems have recursive structures (Beer, 1979, 308). In a complex socioecological system (SES), VSM theory suggests that networked organisations need to collaborate to respond collectively to the agreed environmental strategies. Such strategies should to be aligned with those strategies decided at higher levels of recursion (Schwaninger, 2006). If we consider an industrial network, of independent businesses aiming to improve their network's sustainability (e.g. an industrial ecology chain), then such a network needs also to operate in the context of shared sustainability values, strategies and even resources and knowledge. Espejo & Stewart (1998) described the need for a clear sense of belonging and cohesiveness as fundamental criteria for progressing towards sustainability in an industrial or business network.

In our *Methodology* we suggest the use of tools like recursive mapping to identify the embedded viable systems at different levels of recursion; once the recursions are mapped it is possible to identify the system-in-focus that needs our attention, and we use the VSM language to support the self-transformation process. After implementation, an assessment on progress on core self-governance capabilities can be done, using the suggested Framework. This is shown in the following reflections from the practical use of our suggested *Methodology* and *Framework* in different applications.

4. Assessing Governance for Sustainability

4.1. Case Study: Environmental Management from the Magdalena River Basin (1991-2001)

Between 1999 and 2001 the author led a systemic intervention to redesign the National Environmental Information System (NES) in Colombia, using the VSM self-transformation methodology as the guiding framework. For about a year, she facilitated workshops with representatives from all the environmental institutions in the country (Ministry of Environment, 33 Regional Environmental Corporations (RECs) and 5 Environmental Research Institutes - ERIs). At the beginning of the systemic intervention, NES was facing clear challenges of governance and performance.

Details of the VSM diagnosis have been published at Espinosa & Walker (2006; 2011, pages 163-176). Originally there was not a good provision of strategic information; unavailability of data for strategic decision making, duplicated efforts to develop strategic information systems in different sub eco-regions; lack of standards to jointly develop geographic information systems to support policy decisions, poor or non-existent governance mechanisms at the level of key sub eco-

regions, among others. During the VSM workshops the participants agreed on a way of mapping the NES as nested eco-regions, each one requiring meta-systemic management. This brought with it particular challenges in implementation, as existing political and administrative barriers needed to be overcome in order to implement these courses of action. We concluded that a multi-stakeholder approach to governance including representatives from government, communities and industries at the eco-regional level would need to be designed to progress implementation. This was possible as some REAs already acted in such roles in certain strategic eco-regions.

A more detailed analysis of one of these strategic eco-regions, - the Magdalena river basin - that crosses 8 counties in the country- showed that they had only a weak and fragmented meta-system formed by CORPO Magdalena, (one of the RECs) and the other RECs with responsibilities for the river's health, holding sporadic meetings to agree on key issues for the entire river's health. There were no joint long-term strategic plans or environmental scanning at the level of the eco-region; each REC had control of its particular System 1 (communities and their embedded businesses) in terms of pollution control, but there were no agreements among them; there were only incipient agreements on measurement standards (i.e. pollution levels). Table 1 below summarises these and other points described in more detail in the published diagnosis, as an assessment of the sustainable governance capabilities of NES at that time.

Criteria	Ways of addressing the criteria/ level of achievement	Poor	Good	Excellent
Co-evolution with the Environment.	Developing capacity to deal with core issues for sustainability at each level of organisation:			
	Working out what matters;			1
	Real Time information;	V		
	Closed Loop Information Flows for Effective Governance;	1		
	Responding to Changes in the Environment;	1		
	Environments for Decision Making.		V	

Table 1. Sustainable Governance – the Magdalena River Basin (1990's)

	Identity and closure			\checkmark
Autonomy and	Developing meta-systemic management to support			
Cohesion.	autonomous communities/ organisations to sustainably			
	self-regulate;			
	Enhancing Operational Autonomy	\checkmark		
	Developing mechanisms to deal with conflicting interests;		\checkmark	
	To provide synergy to S1s;		\checkmark	
	To develop knowledge management systems on critical issues for sustainability	V		
	To provide closure on sustainability issues	\checkmark		
Recursive	Linking the local and the global governance issues and			
Governance.	decisions;			
	Enabling conditions for sustainable governance at each level of embedded and embedding organisation.		V	

From the table: there was a clear decision to focus on keeping the river basin healthy for the benefit of all communities and industries ('excellent' in line 1, Table 1). There were, however, clear limitations in the way of dealing with key sustainability indicators across the sub-eco-region: ('poor' marks in lines 2, 3 and 4 in this section of Table 1); but good progress developing participatory mechanisms to decide on pollution goals (a 'good' mark in the next line in the 1st section of the Table).

Regarding "Autonomy vs. Cohesion", as managers from this REA had agreed on ecoregional strategic projects, budgets and information systems, there is a 'good' assessment regarding 'synergies' as the emerging meta-systemic roles at the ecoregion level were managing to deal with key conflicts of interest and to generate some synergies (e.g. sharing investment budgets for ICT developments); but there was still room for improvement regarding empowering local decisions, on crucial sustainability issues.

There was a positive assessment of their 'recursive governance' capability, given the efforts made by NES to link sub-regional and regional environmental strategies, confirmed through the VSM workshops. They recognised the need to create proper contexts in each eco-region, for joint learning about key environmental challenges, among the emerging networks of communities and industries that were responsible for them.

4.2. Case study: The ecovillage in Ireland (2000s)

The author (with Dr Jon Walker) worked from 2007 to 2010 with an Irish ecocommunity, to support their efforts to create a more effective organisational structure to manage their project of developing an ecovillage. Their purpose was to build the eco-village and to develop local businesses to make their community sustainable. They also aimed to make of it an educational project, one from which others could learn regarding sustainable building and sustainable living. Previously the community members had tried to self-organise without major success.

The project involved 25 of the 100 members of the community, who participated in the different VSM workshops and events. It included the existing "Process Group" responsible for processing the new knowledge, as well as implementation of structural and process changes. They led the internal learning process between the researchers' visits, and helped to develop an entirely new organisational structure, agreed with the participants in the workshops, and eventually adopted by the entire eco-village. During the 3 years we organised VSM workshops, initially every 3 months and then more sporadically. We provided the members with an understanding of the basic principles of complexity management, skills to map the complexity of their evolving organisation and to make informed decisions regarding the best ways to self-organise and self-govern in a sustainable way.

We used the Methodology for Self-Transformation, aiming to facilitate a process of self-organisation in the eco-community. We shared the facilitation of the VSM workshops and the production of reports for a few years. During the workshops we provided community members VSM-inspired 'meta-questions' focusing on issues of sustainability and governance, and invited them to identify needs for change and implement their agreed solutions.

The first year of intervention – still the ecovillage was a development project - ended up with an agreement on re-structuring from more than twenty working groups to seven 'primary activities' or systems one, and a few management support systems (Board, Legal Support, Financial Management, etc). The agreed Systems 1 (the working groups responsible for implementing the key organisational identity and purpose) included: Enabling the building of individual houses, building community houses, Growing Green Infrastructure, Education/ dissemination/ networking, and developing services. It also resulted in clarification of the required meta-systemic management roles: e.g. a monthly 'Coordination' meeting was created to look for synergies and resolve conflicts, replacing the more traditional – and hierarchical – role of the project manager existing.

Over the next few years other workshops and learning resulted in further changes to their organisation and governance structures implemented: clarification of the role of the Board of Directors – to focus on identity, ethos and policy issues, rather than on operational matters as was happening before; review and clarification of their multi-stakeholders approach to governance; new accountability mechanisms were designed and used during these meetings; and development of basic adaptation mechanisms (e.g. annual participatory strategy formulation meeting, including inputs from all members). Table 2 summarises our assessment of the community's Sustainable Governance's capabilities.

*** Insert Table 2 here ***

There follows some reflections on the assessment.

Co-evolution with the environment

As explained above, after their reorganisation, the community was dealing well with the key issues for sustainability (excellent in 1st line of Table 2). They were progressing well towards managing with real time information and closing their loops for effective governance (at the Coordination meetings they were bringing results from their activities and making decisions in real time); they implemented decision making mechanisms with high variety, so the last two lines in Table 3 are marked excellent.

Autonomy and Cohesion

• The new organisation guaranteed optimum operational autonomy to the primary activity groups (excellent at this level); all the other criteria in this category show improvement so they are valued 'good'.

Recursive Governance

 The reorganisation placed particular emphasis on keeping the sustainability criteria at the heart of actions from the bottom level of operations to the organisation as a whole and in the relationship between the community, the town and the socio-ecological system it's embedded in. So this criterion is valued excellent.

4.3. Case study: The LA multi-national corporation (2010s)

In 2011 the author, together with an academic team from Los Andes Business School, led an academic consultancy in a large multi-national (referred to as LA). It aimed to help them to align their organisational structure to a recently agreed 5 years strategy. LA is a family owned business in the building sector, operates in three countries, has around 5000 employees (1000 on a permanent basis) and their products vary from business and residential buildings, conference centres, shopping malls, to large infrastructure projects and consulting services. Once more we used the "Methodology for Self- Transformation' to help them deciding on their required organisational adjustments to ensure long term viability and sustainability. See details of the VSM intervention and results in Espinosa et al (2014).

In this opportunity, due to the size of the company and the challenges it represented regarding data collection and analyses, we amended some aspects of the methodology by developing semi-structured interviews, and surveys, to structure our learning about the company previous to the development of the VSM workshops. We also created a Process Group, with whom we interacted more closely all through the VSM intervention. We developed two main workshops with representatives from the different levels of organisation to agree on the key diagnostic findings and decide on strategic changes to their structure and governance mechanisms.

The main findings about required changes in the structure referred to the need to enhance the operational autonomy and governance mechanisms at both the regional and project levels. At the project level, the team prototyped a new project design based on a more 'cybernetically sound' self-governance structure: it allows each project team to make more responsible decisions on a day to day basis without waiting for top level permissions, while learning to respond in real time for their resource and performance management. At the regional level also, the redesign project involved devolving control to the regional managers regarding some issues (e.g. certain types of purchasing and contracting; environmental scanning for new building opportunities; a more inclusive local governance structure; self-managing projects within their area of responsibility). For more details on this case study and results see Espinosa et al (2014). Table 3 below offers a review of the main issues regarding the governance of sustainability learned in this case study and a summary of the key sustainable governance features this multinational was facing.

*** Insert Table 3 here ***

There follows some comments on the assessment:

Co-evolution with the environment:

The reorganisation emphasized the need for focusing action, resources and strategies at the project level and on the key issues for viability and sustainability of the building projects, so this first criterion is marked excellent. In the following criteria there was a culture of effectiveness and responsibility that got consolidated through the VSM intervention. All the criteria in this section were graded well for LA multinational.

Autonomy and Cohesion

The family management tradition happened to work quite well regarding synergy creation. The VSM intervention suggested improvements in operational autonomy at local and regional levels, as well as in the management of conflicts and sharing of knowledge, so these criteria were rated good. There was room for improvement regarding implementation of sustainability strategies at the levels of building projects so this criterion was rated poor.

Recursive Governance

• There was a lot to be learned regarding governance for sustainability at all levels, so this criteria was marked poor.

5. Lessons on governance for sustainability

A broad overview on Tables 1, 2, and 3 allows us to see some issues that were specific from each experience, and some that were common to them, regarding governance for sustainability:

- Both the eco-region, and the ecovillage case studies were exceptional regarding the decision of stakeholders to focus on sustainability issues at a specific scale (eco-regional, community): in both cases there was a clear environmental ethos, acting as a 'gluing' factor. They both scored high in issues of identity and closure (emerging System 5 roles), which are core for developing strong governance capabilities for sustainability. Lessons might be learnt regarding the cohesiveness of organisational purpose and ethos and the development of sustainable governance capabilities.
- While in the ecovillage, members implemented new governance mechanisms

 through the Coordination meetings and the Assembly -, and they were operating very well (highly rated), in the eco-region we only diagnosed the need for improving existing governance mechanisms which were good but could be improved. Designing and implementing them in the eco-region was a much more complex undertaking than in the ecovillage, as it would require changes in law, and administrative roles and responsibilities between environmental agencies and industries. This reveals a simple lesson regarding implementation of governance mechanisms: the bigger the scale of the organisational system the more impact such a design and implementation will have; and more legal, administrative, financial and other issues may need to be considered in detail.
- There was evidence in the ecovillage- collected by a PhD student focused on researching and observing self-organisation in the community (Cardoso (2011, p. 255-290, Appendix 3) – to prove that members who participated in the project shared mental models of their organisation and enriched

importantly their narrative about their organisational arrangements and desirable changes. Their understanding of the principles of complexity management enabled them to design more effective organisational roles, routines, information management and decision making practices (Espinosa et al 2011, pp. 16, 17; Espinosa & Walker, 2013]. The new roles and mechanisms put into practice resulted in improved communications, role definitions, connectivity and performance, all of which contributed to improved viability and governance of the community [Espinosa & Walker (2013), pp. 126-128 and Appendix 3]. In summary, decision-making and closed loop learning were much better articulated in the eco-village. This is a fundamental feature of governance – from a VSM perspective-, informing the organisational design of the eco-village; the closer those taking decisions are to where decisions need to be taken, the more likely self-governance may happen. In the eco-region diagnosis it was clear that more could be done to improve this feature for good governance: and there was at the time a highly supportive political and structural context that allow such a proposal and implementation to happen.

- Regarding autonomy and cohesion, the eco-region diagnosis identified a lack of autonomy at the sub-regional level to make effective decisions on key issues on sustainability, (but still good at the eco-region level to generate synergies); the ecovillage case study showed excellent improvements in dealing autonomously with operational tasks, and good improvements in dealing with management, information and synergies between them. An open question opened is to what extent an emerging (complex) level of organisation as the eco-region would need first to consolidate some synergies among embedded system 1s, (e.g. as in this case through the need of sharing investment budgets and ICT resources); and thereafter develop shared governance mechanisms that allow them to enhance their autonomy at other levels.
- The recursive governance criterion gets an excellent assessment in the ecovillage and a good one in the eco-region. Undoubtedly, the ecovillage members have embedded the core principles of sustainability in their individual, family, work and community habits and practices, which makes their decisions fully coherent with local, regional and global criteria of

sustainable development. Even if the eco-region key stakeholders were environmental agency employees – who theoretically have also embedded these principles at least in their work- not all the communities and industries living at the eco-region would share the same ethos, so decisions would always be more controversial and governance for sustainability at this level may need to be re-enforced (e.g. by design).

The LA multinational is a for-profit driven company, very successful in the market, and has developed a culture of effectiveness and good capacity to make decisions - even if many of them were filtered by senior management criteria. Their assessment on the first criteria in table 3 is good, with excellent skills for focussing on the relevant issues and responding quickly to environmental disturbances. So potentially they have a good governance installed capacity. However, their acknowledgment of key sustainability issues and their embodiment of them in their building practices was only starting so they got a poor assessment regarding recursive sustainable governance: they were still more driven by their own profitable interests than by their social responsibilities. They recognised their need for improving their sustainable governance mechanisms at the regional and project levels – which were working very successfully, in terms of the market, but could be improved regarding their social and environmental responsibility.

6. Conclusion: VSM criteria for Sustainable Governance

One of the first issues that becomes evident from the above case studies is that the methodology for self transformation allows us to model organisational systems of all types and at different scales and levels of complexity. We have used examples of its application to observe core issues of viability and sustainability of a regional socioecological system (the Magdalena River Basin); a developing Irish eco-community; and LA multinational. Each one of them had to deal with completely different sustainability and governance challenges and have found their own ways to selforganise to respond to such challenges. The reports of the systemic interventions demonstrate the power of the VSM as a mapping tool to represent the complexity of these multiple ranges of agents and interactions with a unified language. They also illustrate the usefulness of the VSM as a language to learn about complexity management and related governance challenges in organisations of different scales and at different times and contexts. In the three cases, using the VSM to facilitate participatory model building allowed the project team to create a shared mental map of their respective socio ecological systems, an alternative way of mapping them that offered interesting advantages over more traditional models. This process of mapping such complex systems created a learning context that favoured the emergence of collective understanding of the key aspects for viability and sustainability of the SESs.

The reflections on each experience, using this assessment *Framework* open new questions in this research field: e.g. how do we observe and study more systematically the development and evolution of capabilities of governance for sustainability at different levels and scales – what we have called recursive governance for sustainability? The Framework so far has proven particularly useful to compare issues of governance for sustainability on case studies at different scales and levels of granularity

At the higher level of complexity – the level of the eco-region- we learnt that SES could be represented as clusters of viable systems, co-existing and sharing the eco-system services in a SES. Each organisation can be seen as an autonomous agent, - within cohesive limits imposed by the health and well being of the SES at the next level of recursion - interacting with its niche in a continuous, co-evolving dance based on tightly coupled closed loops. Taking care of the existing eco-system services is a shared purpose that will benefit the embedded agents in the medium and long term. This implies development of a shared awareness of their SES health, as well as of the local, regional and global sustainability goals and strategies.

The best way to map a complex SES is by identifying recursive, embedded organisational levels: this enables the identification of key socio-ecological concerns and actors, and therefore the design of action networks to deal with them at the appropriate level. How each organisational network manages to decide and act on key

sustainability challenges in a timely way, determines their self-governance. This depends on structural, cultural and political aspects, which can be identified and diagnosed by expanding the above meta-questions at further levels of granularity. The political aspects are central to resolve issues of sustainable governance, as there will always be tensions between the logics and interests among different levels of organisation. Progressing this field of research requires a trans-disciplinary approach: latest advances in the field of eco-systems approaches and new institutional theory could be interesting to explore in combination with the VSM (Andrade et al, 2012).

Finally, in the three case studies, there were differences regarding the nature of the systemic interventions: in the eco-region, the whole group was originally mapping the national environmental system, and then producing a diagnosis of the particular eco-region. The author facilitated the workshops where the modelling and initial diagnosis happened and then elaborated final details of the eco-region and governance diagnosis. In the ecovillage, the author and Dr J Walker facilitated all the workshops but the Process group guided implementation and continued learning. In the LA multinational the authors' academic team facilitated the workshops and their Process Group has continued leading implementation. The level of detail of the methodology and associated tools for data collection and analysis had been improving in the last decade through these and other interventions.

To progress the research on sustainable governance using the suggested methodology and tools, it may be useful to include the participants from the beginning in a selfassessment of their governance skills. For the purpose of developing this paper, the author has produced the assessments but it would have been more appropriate if participants were directly involved in this assessment. A more detailed instrument to assess governance at each level of organisation can also be produced, to offer a more robust strategy for the assessment, and to make it more comparable among different applications.

This paper has summarised – and offered detailed references to previous publications where the topic has been extensively developed - how VSM criteria help to clarify the understanding of governance for sustainability. It has introduced a tool to observe the capacities for 'governance for sustainability' from organisational systems of different

types and scales. It has presented examples of application of this tool by revisiting published work by the author (and colleagues) on three VSM interventions in an eco-region, an eco-community and a LA multinational. By reflecting on their assessments on sustainable governance capabilities, we have identified some initial questions that contribute to setting up an agenda for continuing this research on how can we learn about the development of governance for sustainability at different levels and scales. The issue is strategic and a priority in the global environmental crisis we are facing. This is not a unique answer but a single proposal from a rich field that hopefully could be jointly explored by our research community given the urgency to provide quick and practical solutions to the global crisis.

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