

24 **Abstract**

25 In July 2007 an intense summer storm resulted in significant activation of the
26 sediment system in the Thinhope Burn, UK. Catchment- and reach-scale
27 morphodynamic modelling is used to investigate the geomorphic work
28 undertaken by Thinhope Burn; comparing this with the more subdued responses
29 shown by its neighbours. Total sediment efflux for Thinhope Burn over the 10 yr
30 period 1998-2008 was 18801 m³ four times that of the larger Knar catchment
31 and fifty-four times that of the smaller Glendue Burn catchment. For a
32 discharge of 60 m³s⁻¹, equivalent to the July 2007 Thinhope flood, sediment
33 efflux was 575 m³, 76 m³, and 67 m³ for Thinhope, Glendue and Knar Burns
34 respectively. It is clear that Thinhope Burn undertook significantly more
35 geomorphic work compared to its neighbours. Analysis of the population of
36 shear stress for reach-scale simulations on Thinhope Burn highlighted that the
37 final three simulations (flood peaks of 60, 90, 236 m³s⁻¹) all produced very
38 similar distributions, with no marked increase in the modal shear stress (~250
39 Nm⁻²). This possibly suggests that flows >60 m³s⁻¹ are not able to exert
40 significantly greater energy on the channel boundary, indicating that flows in the
41 region of 60 m³s⁻¹ attain 'peak' geomorphic work. It is argued that factors such
42 as strength resistance of the key sediment sources (e.g. paleoberms perched on
43 terraces), structural resistance to flood waves imposed by valley form
44 resistance, location sensitivity and transmission resistance, may all offer
45 explanations for increased geomorphic effectiveness compared with its
46 neighbours. With the expectation of greater rainfall totals in the winter and
47 more extreme summer events in upland areas of the UK, it is clear that attention
48 needs to focus upon the implications of this upon the morphological stability of
49 these areas not least to aid future sustainable flood risk management.

50 **Introduction**

51 Globally, there has been increased recent interest in flash flooding in low
52 latitudes (Wohl et al., 2012; Quesada-Román et al., 2020a,b), upland and
53 mountain river systems due to the uncertainty imposed by climate change
54 (Gaume et al., 2015; Modrick and Georgakakos, 2015; Stoffel et al., 2016).
55 Upland areas are particularly susceptible to flash flooding, which is one of the
56 top-ranked causes of fatalities among natural disasters globally (Borga et al.,
57 2011; Hopkins and Warburton, 2018). Increased heavy precipitation at regional
58 (Groisman et al., 2004) and global scales (Groisman et al., 2005; Beniston,
59 2009) is thought to be linked with global warming (Huntington, 2006; Kenden et
60 al., 2014; Wilby et al., 2018; Otto et al., 2018), and consequently the hazard
61 imposed by flash flooding is expected to increase in frequency and severity
62 (Kleinen and Petschel-Held, 2007; Beniston et al., 2011). Over the last 15 years
63 in the UK, and co-incident with the current wet-phase in UK climate (Wilby et al.,
64 2008; Dadson et al., 2017), there have been a number of events that have
65 activated upland sediment systems, causing problems to bridge infrastructure
66 and flooding, notably including the Storm Desmond impacts on upland streams
67 in the Lake District (Joyce et al., 2018; Heritage et al., 2019). Flooding in
68 upland areas also has economic impacts, and in the UK, damage caused by
69 fluvial flooding is estimated to cost its economy ~£1.1 billion annually (Sayers et
70 al., 2020).

71

72 *Upland geomorphic response to extreme events*

73 In the UK uplands, occasional extreme rainfall events can trigger a dramatic
74 geomorphic response, whereby the full sediment system may be activated;
75 resulting in active slope supply to river channels (Harvey, 1986; Harvey, 2007),

76 and significant channel bed and floodplain mobilisation (Newson, 1980; Carling,
77 1986; Warburton, 2010; Milan, 2012; Joyce et al., 2018). Such events may be
78 considered unusual in a number of respects. For example peat 'slides' or 'bog-
79 bursts', caused by high soil water pressures, and often lubricated by water
80 accumulating at the interface between peat and underlying till or bedrock, can
81 supply large volumes of organic-rich sediment to first and second order streams
82 (Newson, 1980; Carling, 1986; Large, 1991; Dykes and Warburton, 2007).

83 Slopes that are connected to the channel in first and second order tributaries can
84 supply enough sediment to change channel morphology a short distance
85 downstream (Harvey 2001). Large boulders, in some cases metre-size, can be
86 transported (Carling, 1983, Milan, 2012), and bedload transport rates can be
87 very high sometimes aided by non-Newtonian sediment transport processes
88 (e.g. Rickenmann, 1991), and accompanied by channel morphological change
89 (*sensu* Brierley and Fryirs, 2016): such as channel widening and a switch from
90 single- to multithread (Harvey, 2001; Milan, 2012). Very few studies have fully
91 quantified the morphological response of river channels following such 'state-
92 change' events (Graf, 1979; Knox, 1993; Phillips, 2014; Brierley and Fryirs,
93 2016), nor the recovery in the years following the event (Fryirs, 2017).

94 Furthermore, there has been limited work investigating the factors responsible
95 for sporadic incidences of enhanced catchment-scale 'effectiveness' (*sensu*
96 Lisenby et al., 2018) to high magnitude events; whereby extreme volumes of
97 bedload are transported (geomorphic work) over relatively short time periods at
98 a centennial timescale.

99

100 Improved strategies for the management of sediment transfer in upland areas
101 may be necessary for improved flood risk management in the future, which will

102 need to be informed by an improved understanding of the geomorphic response
103 of catchments to extreme events, and identification of those catchments that are
104 likely to respond to extrinsic threshold exceedance related to increased flow
105 magnitude and frequency driven by climate change. However, the relationship
106 between cause (floods) and effect (sediment system and channel response) is
107 acknowledged to be complex and non-linear (Phillips, 1992). There is a need for
108 future sediment management for flood risk in upland areas to consider the
109 concept of 'geomorphic effectiveness' (Lisenby et al., 2018), in parallel with a
110 suite of other interrelated, fundamental geomorphic concepts (Table 1)
111 including: landscape 'sensitivity' (Brunsden and Thornes, 1979; Fryirs, 2017),
112 extrinsic/intrinsic 'thresholds' (Schumm, 1979; Beven, 1981), 'connectivity'
113 (Fryirs, 2013; Bracken et al., 2015; Heckman et al., 2018), 'recovery' (Harvey,
114 2007; Fryirs and Brierley, 2000), and 'event sequencing' (Beven, 1981).

115

116 **Table 1** Defining fundamental geomorphic concepts.

117

118 This paper uses morphodynamic modelling to investigate the differential
119 geomorphic response of three small neighbouring catchments to different
120 magnitude flood events; and discusses the results in the context of these
121 geomorphic concepts, and associated implications for upland flood risk and
122 sediment management. Specifically, the paper aims to:

123

124 1) Explore differential catchment- and reach-scale effectiveness through
125 simulating geomorphic work;

126

127 2) Identify catchment- and reach-scale threshold exceedance for sediment
128 stores.

129

130

131 **Study Location and Hydrological Event**

132 The study focused upon three neighbouring tributary catchments to the River

133 South Tyne, Cumbria, UK: Knar Burn, Thinhope Burn and Glendue Burn (Figure

134 1, 2). The Thinhope and Glendue Burns have very similar geology: mainly

135 Carboniferous Mudstone, sandstone and Limestone. Microgabbro is also evident

136 on Thinhope Burn. The Knar Burn geology comprises Limestone, sandstone,

137 siltstone and mudstone. The bedrock in the three catchments is overlain by

138 Pleistocene glacial diamict that has been modified by solifluction processes on

139 slopes. In the headwaters of each sub-catchment, peat overlays the diamict to

140 depths of up to 2 m. In terms of geological controls, a single fault is evident on

141 Thinhope Burn around 500 m downstream of the confluence of the 2nd order

142 Feugh Cleugh. Two notable faults are evident on the Knar Burn in close

143 proximity to one another immediately downstream of the confluence of the Knar

144 Burn with the Gelt Burn. No faults are evident on the Glendue Burn. Land-use

145 in the catchments is predominantly moorland in the headwaters with some

146 rough grassland grazed by sheep. On Thinhope Burn upstream of Burnstones

147 bridge (<1 km from the confluence with the South Tyne), interception is limited

148 to that afforded by heather, bracken, and grasses, with some riparian forest

149 evident downstream of Burnstones. A small coverage of predominantly riparian

150 forest is found on the Glendue (<15% of catchment area) and Knar Burn (<3%

151 of catchment area). Catchment hydrology is influenced by natural pipe drainage

152 in the peat, and is also assisted through an artificial field drainage system,

153 locally known as 'grips,' cut into the peat down to the diamict, which were
154 installed between the 1960s and 1980s in the belief that they would benefit both
155 livestock and grouse. Although the three tributary sub-catchments to the South
156 Tyne under investigation in this study were not gauged, flow data exists for the
157 South Tyne itself at Featherston approximately 4.5 km downstream of its
158 confluence with the Glendue Burn (Figure 1A). Peak flow data are of key interest
159 in this study, and annual peak flows since 1966 are plotted in Figure 3. Between
160 1966 and 1993 the maximum flow was $310 \text{ m}^3\text{s}^{-1}$. Since 1993 there have been
161 seven years where peak flows have exceeded this figure.

162

163 **Figure 1** Study Catchments; A) South Tyne catchment and three sub-
164 catchments at the centre of investigation. Tributaries to Thinhope Burn are
165 indicated (M - Mardy's Cleugh; F - Feugh Cleugh), and Knar Burn (G - Gelt
166 Burn); B) DEMs for neighbouring Knar, Thinhope and Glendue Burns. The 5km^2
167 NIMROD radar cells are overlain and the 24 hr rainfall totals are indicated in the
168 corner of each cell.

169

170 **Figure 2** Photos of A) Glendue Burn (July 2008), B) Thinhope Burn (June 2004)
171 and C) Knar Burn (July 2008)

172

173 **Figure 3** Annual peak flow data for the South Tyne and Featherstone, station
174 23006, (nrfa.ceh.ac.uk).

175

176 Notably the peak flows in 2004, 2011, 2012 and 2015 all exceeded $400 \text{ m}^3\text{s}^{-1}$,
177 with the 2012 peak flow exceeding $500 \text{ m}^3\text{s}^{-1}$. There is a strong suggestion that
178 the change in hydrology is linked to the current wet phase in UK climate, that is

179 predicted to be most pronounced in upland areas in the winter months (Dadson
180 et al., 2017). The 2007 summer event discussed in this paper did not appear to
181 produce significant catchment-wide flooding on the South Tyne, probably due to
182 the localised nature of the storm (Figure 1B), hence does not appear as a
183 notable maxima. However, it is likely that the increasing magnitude and
184 frequency of extreme events shown in the South Tyne peak flow data, is
185 influencing geomorphic processes throughout the catchment.

186

187 Morphometric details of the three catchments are provided in Table 2. The
188 indices are included in the Table, mainly due to their potential influence on the
189 flood hydrograph and its attenuation through the catchments, and the possible
190 implications of these factors will be discussed later in the paper. Both Thinhope
191 and Glendue Burns are 3rd order, whereas the Knar Burn is a 4th order stream
192 prior to its junction with the South Tyne. The Knar Burn has the largest
193 catchment area, perimeter, stream and catchment length, catchment width,
194 form factor and circularity ratio, followed by Thinhope and then Glendue Burns.
195 It is however the smaller Glendue catchment that has the greatest channel
196 slope, drainage density and elongation ratio, followed by Thinhope and then the
197 Knar Burn. There are some differences in bed surface grain size, as assessed
198 through Wolman (1954) grid sampling, with the Knar Burn displaying the
199 coarsest bed surface sediment, followed by the Glendue Burn and then Thinhope
200 Burn (Figure 2). It should be noted that the grain size information is limited to
201 single reaches on the three streams, and no information is available on the full
202 variability along the full length of each of the study streams.

203

204 **Table 2** Morphometric characteristics of the study catchments. The grain-size
205 information reported are for single reaches located in the vicinity of Knarburn:
206 54°51'34.48"N, 2°31'36.37"W; Thinhope Burn: 54°52'46.59"N, 2°31'15.70"W;
207 Glendue Burn: 54°54'3.62"N, 2°31'6.30"W

208

209

210 *The summer 2007 flood; frequency estimation using lichenometry*

211 On the 17th, 19th, and 23rd of July 2007, a series of convective storm cells caused
212 localised flooding around the South Tyne catchment. Rain-gauge and river flow
213 data are unavailable for the three study catchment's themselves; however,
214 NIMROD rainfall radar data were available (Figure 1B), and revealed a highly
215 localised storm situated in the headwaters of Thinhope and Glendue Burns on 17
216 July. The event started at around 16:00 British Summer Time and lasted
217 approximately 2 hours. The 24 hour rainfall for a 5-km² radar grid cell located in
218 the headwaters was 236 mm, and returned a maximum hourly rainfall of 30 mm
219 h⁻¹. Following the event flood marks, including dead vegetation; grass, sedges,
220 bracken, calluna, fragments of silt, and marks on trees, were used to estimate
221 peak discharges, using the Manning-Strickler formulae (Manning, 1891).

222 Probable discharges equated to 60 m³s⁻¹, 6 m³s⁻¹ and 19 m³s⁻¹ for Thinhope
223 Burn, Glendue Burn and Knar Burn respectively, with the ranges of the
224 estimates shown in Table 3. Probable specific peak discharges for Thinhope
225 Burn were 5.5 m³s⁻¹ km², substantially greater than the neighbouring Glendue
226 (1.3 m³s⁻¹ km²) and Knar Burn (1.1 m³s⁻¹ km²) catchments, with indicative
227 ranges around these estimates shown in Table 3. To give some context, the
228 Thinhope Burn specific peak discharge exceeds the value of 2.7 m³s⁻¹ km²

229 reported by Carling (1986) for Langdon Beck and fell within the range (2.4 and
230 $10 \text{ m}^3\text{s}^{-1} \text{ km}^2$) reported by Harvey (1986) for the Howgill event.

231

232 **Table 3** Peak discharge estimations and approximate runoff rates for the study
233 sites for the 17th July 2007 flood (adapted from Bain et al., 2017)

234

235

236 *Comparing the 2007 event with Thinhope Burn's flood history*

237 It is recognised that caution should be applied when estimating recurrence

238 interval, due to the non-stationarity of river flows over both decadal and

239 centennial timescales, due to climate and land-use changes (Milly et al., 2008).

240 However, old flood deposits (cobble-boulder bars, sheets and splays, and

241 boulder berms and lobes) dated prior to the 2007 flood, using the lichen *Huilia*

242 *tuberculosa* (Macklin et al., 1992), and data collected post flood in 2007 (Milan,

243 2012), allow an extreme event recurrence interval to be estimated for Thinhope

244 Burn, based on evidence for 22 events since 1766. Macklin et al. (1992) also

245 measured the grain-size of the ten largest clasts on the berms considered in

246 their lichenometric analyses, giving a surrogate for flood magnitude. The D_{50} of

247 ten largest clasts measured from fresh boulder berm deposits following the 2007

248 event was 730 mm (Milan, 2012), and when compared with dated flood deposits

249 it was evident that events of a similar magnitude to 2007 had only occurred

250 twice since 1766, with major event's occurring in 1766 ($D_{50} = 740 \text{ mm}$), and in

251 1929 ($D_{50} = 730 \text{ mm}$), suggesting a recurrence interval for the 2007 flood of 1

252 in 80 years.

253

254

255 **Methods**

256 *Morphodynamic modelling*

257 To achieve the study aims, a cellular landscape evolution model (CAESAR-
258 Lisflood) was employed (Coulthard et al., 2013; Van de Wiel et al., 2007).
259 CAESAR has previously been shown to be an effective tool to explore differential
260 catchment-scale geomorphic response to environmental change over the
261 Holocene in upland Britain (Coulthard et al., 2005). CAESAR-Lisflood combines
262 a hydrological and hydraulic flow model that operates on a sub-event time step,
263 simulating the transport of grain size mixtures, morphological changes and slope
264 processes. TOPMODEL is used to simulate catchment-scale hydrological
265 processes (Beven and Kirkby, 1979), whilst a hydrodynamic 2D flow model,
266 based on the Lisflood FP code (Bates and De Roo, 2000), that conserves mass
267 and partial momentum, and simulates in-channel hydraulic processes, is used at
268 the reach-scale. Bedload sediment transport is calculated using Wilcock and
269 Crowe's (2003) equation, well suited to the grain size mixtures found in gravel-
270 bed rivers.

271

272 *Newtonian or non-Newtonian flow?*

273 Newtonian flow conditions are assumed for sediment transport in the modelling,
274 although it is acknowledged that flash floods can generate non-Newtonian
275 conditions. Interpretation of sediment deposits following flash floods in upland
276 and mountain river systems can be problematic. Deposits resembling the form
277 and sedimentary structure found on Thinhope Burn (Macklin et al., 1992), have
278 been attributed to flows with high sediment loads, variously defined as 'debris
279 torrents' (Miles and Kellerhals, 1981), 'bedload' (Iseya et al., 1992, and
280 'hyperconcentrated' (Pierson and Scott, 1985; Scott, 1988) flows. Carling

281 (1987) concluded that berm deposits on the West Grain River, North Pennines,
282 UK, resulted from debris torrents, as opposed to debris flow deposits (Costa,
283 1984). Debris flows may be strongly non-Newtonian whilst debris torrents tend
284 to be transitional or Newtonian in character, depending on the sediment
285 concentration (Pierson and Costa, 1987). Carling (1989) also working on north
286 Pennine streams, noted that suspended sediment loads were low even during
287 high flows, typically less than 100 mg l^{-1} , and contained little clay (Carling,
288 1983). Furthermore, high magnitude streamflows in catchments $>10 \text{ km}^2$, can
289 be Newtonian in character even with concentrations of gravel and boulders of up
290 to 50% (Rodine and Johnson, 1976; Pierson and Costa, 1987; Carling, 1989).
291 Carling (1987; 1989; 1995) further indicated that berms tended to be created in
292 flow separation zones, where their presence may provide a useful indicator of
293 Newtonian as opposed to non-Newtonian flow conditions at the time of
294 formation. In addition, imbricate structures can be associated with debris
295 torrents (Carling, 1987). Following the 2007 event on Thinhope Burn, although
296 there was some limited evidence of poorly sorted deposits, suggestive of non-
297 Newtonian flow conditions for a short period on the hydrograph, the
298 morphological and textural evidence pointed more strongly in favour of
299 Newtonian flow conditions. For example, there was clear evidence of berm
300 deposition in flow separation zones on the inside of meander bends (Figure 4A,
301 B), and linear openwork deposits on the banktop (Figure 3C); both features
302 identified by Carling (1987; 1989). Imbrication and cluster formation involving
303 some of the coarsest clasts was also clear (Figure 3B,D,E).

304

305 **Figure 4.** Morphological and sedimentological characteristics of deposits in the
306 Thinhope Burn catchment, following the July 2007 flood event; A) and B) Berms

307 deposited on the inside of meander bends on Thinhope Burn, C) Linear boulder
308 ribbon deposited on floodplain in a steeper section of Mardy's Cleugh, D), E) and
309 F) Boulder cluster bedforms; note the Nokkia 3410 mobile phone for scale.

310

311

312 *Catchment-scale runs*

313 For this investigation CAESAR-Lisflood was initially run in catchment mode, using
314 a 10 m resolution DEM, where the three catchments were modelled separately.
315 Typically there is an initial period of high bedload transport and rapid
316 morphological adjustment as the model domain evolves in response to the
317 imposed initial and boundary hydrodynamics, and model parameterisation (e.g.
318 Bras et al., 2003; Kleinhans, 2010). A period of morphodynamic 'spin-up' was
319 employed to overcome the initial high sediment delivery, whereby the model
320 was run with a 10 year hourly rainfall series from Keswick (latitude 54° 36.0" N,
321 longitude 3° 31' 08.0" W). In addition the 10 year period also facilitated an
322 assessment of long term responses to wetter climatic periods, and the
323 differences in sediment yield between the three study catchments. Although
324 Keswick is situated to 50 km west of the South Tyne catchment, it was thought
325 likely to exhibit broadly similar rainfall characteristics related to the dominant UK
326 weather patterns, i.e. frontal rainfall. The end-point catchment DEM was then
327 used as the start-state DEM to run local, hourly 5 km² NIMROD rainfall radar for
328 11th – 24th July 2007, to investigate geomorphic response to the July 2007
329 floods, and enable spatial variations in rainfall to be established over short
330 distances between the neighbouring catchments (Figure 1B).

331

332 Comparisons of geomorphic effectiveness and threshold exceedance, between
333 the three catchments were investigated by scaling the magnitude of the 11th –
334 24th July 2007 series to simulate the effects of different magnitude events
335 (typically 0.25, 0.5, 0.75, 1.0, 1.5 of the rainfall). Comparisons of catchment-
336 scale response (geomorphic effectiveness) to varying flood magnitudes were
337 made through comparisons of geomorphic work (*sensu* Wolman and Miller,
338 1960), quantified through an examination of catchment cumulative sediment
339 efflux initially over a 10 year period (1997-2007). Geomorphic work was also
340 quantified in the same manner for the scaled runs of the 2007 event, permitting
341 an analysis of the effects of event magnitude upon geomorphic work and
342 identification of threshold exceedance. Through analysis of catchment sediment
343 output it was hoped to link any increases in sediment transport rate to sediment
344 transport initiation in the channel, and releases from stores held in old flood
345 deposits and terraces, and infer threshold discharges for these.

346

347 *Reach-scale modelling*

348 Further attention was directed to the response at the reach-scale for Thinhope
349 Burn, that showed responsive behaviour to the July 2007 event (Figure 5),
350 allowing a closer examination of sediment transport processes and geomorphic
351 work, and a comparison with quantitative observations of morphological impacts
352 reported in Milan (2012). Here, CAESAR-Lisflood was run in reach mode this
353 time using a 2 m LiDAR DEM and the discharge and sediment efflux from the
354 catchment scale run. A uniform Mannings n of 0.032 was used to represent
355 grain roughness effects and was calculated using Vischer and Hager's (1998)
356 equation

357

358
359
360
361
362
363
364
365
366
367
368
369
370
371
372
373
374
375
376
377
378
379
380
381
382
383

$$n = \frac{(D_{50})^{1/6}}{21.1} \tag{1}$$

where the D_{50} was based on empirical measurements (Wolman, 1954) of grain size in berms, lobes and bars, with form roughness accounted for in the DEM. It is acknowledged that some workers have represented spatial roughness variability within the model domain to represent differences between floodplain and channel elements for example (e.g. Thompson and Croke, 2013; Quesada-Román et al., 2020). However as spatial patterns of roughness change over the course of a large flood, with parts of the floodplain stripped, new gravel deposited onto the floodplain and old flood deposits re-worked, pre-flood spatial roughness is not likely to reflect the condition at peak flow. Most of the studies that have used spatial roughness have applied it to situations where the floodplain has remained relatively stable (e.g. Werner et al., 2005; Wong et al., 2015). For the spatial roughness approach to be successful in the current case, the model domain would need to make spatial roughness updates as the roughness changes over the course of the event, which for CAESAR-Lisflood is currently not possible. In a companion paper (Milan and Schwendel, 2021), a validation and sensitivity exercise ran for a discharge of $60\text{m}^3\text{s}^{-1}$ on a 500 m reach of Thinhope Burn, where the Mannings n roughness coefficient was varied between 0.02 and 0.06, found $n=0.03$ to provide a close match between simulated water surface elevations and trashline elevations measured using RTK-GPS soon after the July 2007 flood. Using a uniform roughness based upon median grain size, empirically-derived from various units throughout the reach including bars, berms and splays, therefore provided a realistic roughness estimate for the reach. The empirically-derived grain size distribution was also used for sediment transport in the model. The model was run on a 3 km reach,

384 however attention is focused on the same 500 m reach reported in Milan (2012),
385 to aid comparison with empirical field analyses.

386

387 **Figure 5** The 500 m reach of Thinhope Burn where detailed morphological
388 changes have been documented (see Milan, 2012; Milan and Schwendel, 2019;
389 Schwendel and Milan, 2021), and used for reach-scale morphodynamic
390 modelling in this paper (source: Google Earth Pro, 2021).

391

392 The depth-average velocity and depth output rasters from the simulations were
393 converted to boundary shear stress (τ_b) using

394

$$\tau_b = \frac{\rho g V^2 n^2}{y^{\frac{1}{3}}} \text{ (Nm}^{-2}\text{)} \quad (2)$$

397 where V is depth-averaged velocity, ρ is water density, g is gravitational
398 acceleration, n is the Manning's roughness coefficient, and y is water depth over
399 each pixel.

400

401

402 **Results**

403 *Catchment sediment efflux*

404 It is clear that Thinhope Burn produces significantly more sediment over the
405 study period, despite it displaying lower discharges than the Knar Burn
406 catchment, and possibly highlighting the sensitive nature of this catchment
407 (Figure 6). Predicted discharges are greater for the larger Knar Burn followed by
408 Thinhope and then the smallest catchment, the Glendue Burn. The discharge

409 series reveal flood rich periods between 1998 and 2001, and 2005-2008.
410 Inspection of the Thinhope discharge series (Figure 6C) reveal several peaks
411 that exceed the 2007 summer flood peak estimate (Milan, 2012), and therefore
412 suggest that the Keswick rainfall series, was higher than that experienced
413 locally. For the Thinhope Burn simulations, this resulted in notable discharge
414 peaks of 81, 103 and 135 m³s⁻¹ seen in the series (Figure 6C). Simulated
415 discharges are also likely to be overestimated for Knar Burn and Glendue Burn
416 (Figures 6B, D). Although it is acknowledged that flows are overpredicted, this
417 did not present an issue for the exploratory comparison of the effects of different
418 magnitude flows on geomorphic work, at the center of this paper.

419

420 **Figure 6** Time series plots showing A) cumulative sediment efflux from
421 catchment scale runs for 1998-2007, simulated discharge for the B) Knar Burn,
422 C) Thinhope Burn, D) Glendue Burn.

423

424 Estimates of total sediment efflux from the simulations allow a comparison to be
425 made concerning the amount of geomorphic work undertaken by the three
426 neighbouring catchments. Total simulated sediment outputs for Knar, Thinhope
427 and Glendue Burns were 5172 m³, 18801 m³, and 349 m³ respectively. The
428 1998-2001 flood-rich period is associated with the sharpest rises in sediment
429 yields over the 10 year period, for all three sub-catchments. Relatively low
430 magnitude events occur between 2001 and 2005, and this is reflected in low
431 sediment yields during this period, represented by flatter trajectories on the
432 cumulative plots in Figure 6A. The largest events towards the end of the series
433 (between 2005-2007) result in a marked increase in sediment output for the

434 Thinhope catchment, with a more damped response shown in the Glendue and
435 Knar catchments.

436

437 *Sediment efflux comparison for the summer 2007 floods: geomorphic*
438 *effectiveness and identification of threshold exceedance*

439 Over the 14 day period between 11th-24th July 2007 there were two peaks on the
440 hydrograph, the major peak occurring at 2 am on the 18th July and a minor peak
441 on 20th July 2007 (Figure 7). The rainfall events for this period were scaled to
442 simulated discharges of different magnitudes, and the scaling and discharge
443 peaks are indicated in the Figure legends. The aim of this procedure was to
444 examine differences in sediment outputs (geomorphic work), and thresholds for
445 sediment mobilisation between each sub-catchment. The discharge hydrograph
446 using unscaled (1.0) rainfall radar input for Thinhope (see blue line on Figure
447 7A) shows a discharge peak of $90 \text{ m}^3\text{s}^{-1}$, which is greater than the previous
448 reported estimate of $60 \text{ m}^3\text{s}^{-1}$ (Milan, 2012), suggesting either that the
449 TOPMODEL rainfall runoff component of CAESAR-Lisflood is overestimating
450 discharge, or previously reported estimates for peak discharge using post-flood
451 trash line elevations to derive hydraulic radius data for input into the Manning
452 Strickler equation, underestimated discharge. Either way it is important to point
453 out that does not affect the analysis and interpretations made in this paper, as it
454 is the comparative geomorphic work undertaken by the study catchments under
455 a range of peak flow scenarios that is the focus of this investigation.

456

457 **Figure 7** Results from CAESAR-Lisflood simulations over the 14 day period
458 between 11th-24th July 2007, following spin-up: A-C) Hydrographs produced

459 using scaled rainfall inputs for the three study catchments, D-F) cumulative
460 sediment efflux from the scaled model runs.

461

462 For Thinhope Burn, sediment output shows a clear stepped appearance, where
463 each of the steps are related to the two hydrograph peaks. These steps,
464 particularly evident for the larger events for all three sub-catchments (Figure
465 7D-F), result from relatively sudden increases in sediment transport, and hence
466 may be inferred as being indicative of intrinsic thresholds being crossed, such as
467 sediment stored in the bed and bars, and old flood deposits stored in boulder
468 bars, splays, lobes and berms. Although sediment transport takes place in
469 response to the main flood peak for the 0.25 and 0.5 scaled runs, there is a
470 marked increase in sediment transport for the 0.6 run. Surprisingly there is not
471 such a marked further increase in sediment transport for the peaks on the 1.0
472 and 1.5 scale runs. This may suggest that a sediment transport threshold is
473 reached somewhere in the flow range, possibly reflecting sediment availability
474 (and then exhaustion) in berms and lobes situated on lower terraces within the
475 Thinhope valley. Although sediment transport increases slightly on the second
476 hydrograph peak for the 0.6 run (where $14 \text{ m}^3\text{s}^{-1}$ was reached on the 2nd peak),
477 a more marked increase is shown for the 1.0 and 1.5 runs, where $39 \text{ m}^3\text{s}^{-1}$ and
478 $85 \text{ m}^3\text{s}^{-1}$ were reached on the secondary peaks respectively. This may reflect
479 the flow reaching a higher terrace level and reworking of these areas.

480

481 The other two catchment runs do not allow as much insight into threshold
482 exceedance. For the Knar Burn, sediment transport is only really notable for the
483 three higher simulations (0.75, 1.0 and 1.5 scale runs), and again increases are
484 associated with the primary and secondary hydrograph peaks (Figure 7B,E). For

485 Glendue Burn, sediment transport is only notable for the highest flow simulation
486 (1.5 scale run), with the slight rises associated once more with the primary and
487 secondary hydrograph peaks. Less significant sediment efflux is shown for the
488 1.0 scale run, and only associated with the primary discharge peak (Figure
489 7C,F).

490

491 *Comparison of geomorphic effectiveness undertaken in study catchments*

492 To compare the geomorphic effectiveness undertaken by the three neighbouring
493 catchments in response to the summer 2007 event, the geomorphic work
494 undertaken is quantified through comparing total sediment outputs plotted
495 against the peak discharges for the different model runs using the scaled rainfall
496 series (Figure 8). The Thinhope Burn curve sits farthest left of the three,
497 indicating greater sediment efflux, and hence geomorphic work, for a given
498 discharge in comparison to the neighbouring catchments. The steeper curve
499 also suggests greater responsiveness to discharge increases than the two
500 neighbouring catchments. However, in contrast to the cumulative sediment
501 efflux totals shown earlier in Figure 6, it is the smaller Glendue Burn catchment
502 that shows greater geomorphic work compared with the largest catchment of the
503 three the Knar Burn. Comparative geomorphic effectiveness at the catchment-
504 scale may be examined by comparing the geomorphic work undertaken by the
505 $60 \text{ m}^3\text{s}^{-1}$, equivalent to the previously reported flood peak seen on Thinhope
506 Burn (Milan, 2012), that resulted in a total sediment efflux of 575 m^3 . This was
507 over seven times that predicted for Glendue Burn and nearly nine times greater
508 than that shown for the Knar Burn.

509

510 **Figure 8** Total sediment efflux plotted against peak discharge for each scaled
511 run, over the 14 day period between 11th-24th July 2007, for the three study
512 catchments.

513

514

515 *Comparison of reach-scale spatial hydraulics and morphological impacts for*
516 *varying flood magnitudes*

517 For all the simulations shown, CAESAR-Lisflood produces a net sediment loss
518 from the reach (Figure 9). Observations of bedrock over the full length of
519 Thinhope Burn both before and after the 2007 event did not reveal any channel
520 bed exposures, and was only evident as lateral confinement, with bedrock
521 appearing occasionally at slope channel coupling zones (e.g. Figure 10C). The
522 simulated vertical changes are therefore assumed to be acting on a fully alluvial
523 channel. As may be expected, greater morphological changes take place with
524 greater flow peaks, in response to the greater hydraulic forces exerted on the
525 bed. A $4 \text{ m}^3\text{s}^{-1}$ event generates boundary shear stresses generally below 150
526 Nm^{-2} , resulting in limited bedload transport, with net sediment erosion of 31 m^3
527 and vertical changes in the range -0.33 m to $+0.10 \text{ m}$. Greater peak shear
528 stresses generally around 350 Nm^{-2} are found at the $27 \text{ m}^3\text{s}^{-1}$ peak, which is also
529 capable of inundating a larger area of bed and filling a small paleochannel
530 towards the downstream end of the reach. This flow produced vertical scour and
531 fill in the range -0.63 m to $+0.49 \text{ m}$, and resulted in net erosion of 71 m^3 . The
532 $60 \text{ m}^3\text{s}^{-1}$ event produced very strong contrasts in shear stress; with the main
533 thalweg showing shear stresses of up to around 650 Nm^{-2} , however the inside of
534 meanders and some channel margins showed comparatively low shear stresses
535 of $<100 \text{ Nm}^{-2}$. A second paleochannel at the head of the reach is activated at

536 this discharge. This flow peak resulted in vertical scour and fill in the range -
537 0.54 m to +1.70 m, with net sediment loss of 130 m³. The 90 m³s⁻¹ event
538 inundated wider parts of the valley floor and again results in clear spatial
539 contrasts in shear stress with peaks around 750 Nm⁻². This flow peak resulted in
540 vertical scour and fill in the range -1.87 m to +2.41 m, and net erosion of 847
541 m³, with some evidence of sediment wave stalling and bifurcation at the head of
542 the reach, and berm formation elsewhere. The 236 m³s⁻¹ event once again
543 displayed marked spatial contrasts in hydraulics across the reach, demonstrating
544 the potential for extreme bedload transport in some areas with peak shear
545 stresses again around 750 Nm⁻², however areas of low shear stress still exist
546 even at this discharge; allowing the potential for lower sediment transport rates
547 and perhaps bedload stalling to take place. Many of the zones of peak shear
548 stress at high flow do not always map on to scour zones, suggesting that these
549 areas may fill with sediment on the falling limb of the hydrograph. The DoD in
550 this 'severe' scenario showed vertical scour and fill in the range -2.14 m to
551 +4.99 m, and net erosion of 991 m³.

552

553 **Figure 9** Reach-scale CAESAR-Lisflood output for Thinhope Burn: A)
554 geomorphological work at the reach-scale using end-point rasters for DoD
555 output for five of the different flow peaks generated from scaled rainfall data in
556 the catchment-scale runs; B) shear stress rasters taken at each of the five flood
557 peaks. N.B. Aerial photos showing actual response of the study reach to the
558 2007 event are shown in Figure 5.

559

560 **Figure 10** Main sediment stores and sources on Thinhope Burn: A) boulder
561 berms perched on terraces; B) eroding slope-channel coupling zones supplying

562 till (base unit) and alluvium (near surface unit); C) tributaries; D) eroding
563 terraces.

564

565

566 *Hydraulic distribution*

567 One way of further analysing the potential of different flow magnitudes to
568 undertake geomorphic work is to interrogate the shear stress values for each
569 raster pixel from the reach for each flow simulation peak (Figure 9), and to plot
570 these as population distributions (Figure 11). When it comes to quantifying
571 geomorphic effectiveness, shear stress has been noted as being one measure of
572 'cause' (Lisenby et al., 2018), that provides a very precise measure of event
573 magnitude. The 4 m³s⁻¹ event shows a very narrow range of shear stresses with
574 the mode of around 150 Nm⁻². Shear stress distributions for the 27 to 236 m³s⁻¹
575 flows all show some degree of bimodality, with common peaks shown at the
576 lower end of the distribution at around 50 Nm⁻², indicative of shear stresses in
577 areas where water has spilled out of channel, and higher secondary peaks
578 reflecting in-channel processes. There is slightly more spread for the 27 m³s⁻¹
579 flow peak, with primary mode of just under 350 Nm⁻². The population
580 distribution of shear stress for the final three simulations (60, 90 and 236 m³s⁻¹)
581 all produce very similar distributions, with no marked increase in the mode
582 (~450 Nm⁻²) at the higher end of the shear stress distribution. The proportion
583 of shear stresses >450 Nm⁻² for the 60 and 90 m³s⁻¹ simulations is almost
584 identical (33% and 34% respectively), greater than the proportion exhibited for
585 the 236 m³s⁻¹ simulation (25%). This possibly suggests that flows in excess of
586 60 m³s⁻¹ may not be able to exert significantly greater energy on the channel
587 boundary, and hence may only achieve more work as a result of the flow peak

588 being in excess of that required to mobilise bedload for a longer period, or
589 through the fact that a greater area is inundated at progressively higher stages.
590 It is argued therefore that flows significantly in excess of $60 \text{ m}^3\text{s}^{-1}$ appear unable
591 to 'trip' any additional shear stress thresholds for sediment transport. It should
592 be noted that the modelling here assumes Newtonian flow conditions and an
593 available supply of sediment. However, if flows were to become non-Newtonian
594 in nature, then it would be feasible for greater sediment transport and
595 geomorphic work as a result.

596

597 **Figure 11** Population of shear stress for different flow peaks, using the values
598 from each pixel from shear stress raster (Figure 9) generated using depth and
599 velocity outputs from CASAER-Lisflood outputs and through the application of
600 Equation 1.

601

602

603 **Discussion**

604 *Geomorphic Effectiveness*

605 The approach adopted in this paper has been to use sediment efflux
606 (geomorphic work) as a measure of geomorphic effectiveness (Wolman and
607 Miller, 1960) rather than landform modification (Wolman and Gerson, 1978).
608 Causal factors driving effectiveness at the catchment-scale include 1) duration
609 and intensity of rainfall, and 2) discharge. The dominant nature of rainfall events
610 impacting the study catchments is winter frontal rainfall, delivering broadly
611 similar rainfall magnitudes and frequencies. However, the 2007 event was
612 induced by localised, intense convectonal storm cells, as highlighted in the 24
613 hour rainfall totals (Figure 1B). Hence localised convectonal events, more

614 commonly occurring during the summer months, can result in very localised and
615 catchment-specific flooding and enhanced geomorphic effectiveness. However,
616 CAESAR-Lisflood modelling (Figure 8) clearly indicates that Thinhope Burn
617 generates more geomorphically effective flood peaks for a given discharge,
618 resulting in greater geomorphic work in comparison to the neighbouring
619 catchments. Shear stress drives effectiveness at the reach-scale, where analysis
620 indicates that discharges significantly in excess of $60 \text{ m}^3\text{s}^{-1}$, do not appear
621 capable of achieving higher modal values of shear stress. Grain size and
622 morphological form is likely to be fundamentally linked to the energy spectra
623 within the catchment. Hence $60 \text{ m}^3\text{s}^{-1}$ could be seen as a threshold discharge
624 capable of transporting every available grain size in the reach and modifying
625 available forms (bars, berms, lobes and splays).

626

627 DoDs shown in Figure 9, indicate increasing erosion and deposition volumes
628 (geomorphic work) throughout the simulated flow range. Net erosion is seen for
629 all the simulations however, which suggests efficient removal of sediment from
630 the reach. It is noteworthy that empirical resurvey data for Thinhope Burn
631 indicated initial net deposition following the 2007 event (Milan and Schwendel,
632 2019; Milan and Schwendel, 2021), however with periods of net erosion in the
633 years that followed. Although the $60 \text{ m}^3\text{s}^{-1}$ simulation contrasts with the net
634 sediment delivery calculated using empirical pre- and post-event field re-survey
635 data, the gross pattern of berm deposition on the inside of meanders was similar
636 to that reported in Milan (2012). Furthermore, ten years after the event, the
637 reach has remained more active compared to the pre-disturbance condition
638 (Milan and Schwendel, 2021). Observations also reveal a wider channel in a
639 more active unvegetated valley floor, with a wandering channel morphology in

640 comparison to the narrow single-thread sinuous stream that was in evidence
641 prior to the 2007 event. Hence it is argued here that Thinhope Burn has shown
642 'river change' (Brierley and Fryirs, 2005); a 'wholesale shift to a different state'
643 (*sensu* Brierly and Fryirs, 2016, p825), triggered by the wetter climatic regime
644 currently linked to the wetter phase in the Britains climate (Dadson et al.,
645 2017). It could be further argued that future climate change, in the form of a
646 trend of increased winter precipitation (for England and Wales) evident since the
647 late 1700s (Dadson et al., 2017), has pushed the Thinhope system close to
648 exceeding extrinsic thresholds, and increased system sensitivity. Evidence of
649 response to longer term climate forcing with phases of incision thought to be
650 coincident with cooler wetter periods in Britains climate, are also well
651 documented for Thinhope Burn (Macklin et al., 1992).

652

653 *Boundary and flux conditions*

654 Brierley and Fryirs (2016) 'river evolution diagram' provides a useful conceptual
655 framework for understanding channel response to disturbance on Thinhope
656 Burn, highlighting the hierarchical nature of imposed 'boundary' and 'flux'
657 boundary conditions. Boundary conditions are large and change over longer
658 timescales due to extrinsic factors like climate change and geological controls on
659 topography, base level and valley confinement. They impose threshold
660 conditions that dictate smaller, more transient flux boundary conditions, that
661 include interactions between water, sediment and vegetation, and which produce
662 different channel types. The total range of energy conditions set by the imposed
663 boundary limits determines the range of channel types that may develop in a
664 particular valley setting.

665

666 For Thinhope Burn, imposed boundary conditions such as catchment-scale
667 morphometric attributes (Table 2) could theoretically explain differences in
668 geomorphic response. The larger of the three catchments is the Knar Burn; a 4th
669 order stream prior to its junction with the South Tyne, and as a consequence it
670 could be argued that this catchment could produce the highest flow magnitudes
671 and sediment efflux. Average valley slope is greatest in the smallest catchment
672 Glendue Burn, and this catchment has the greatest stream density which should
673 produce more rapid runoff, more 'pointed' hydrograph peaks. Both the Knar
674 Burn and Thinhope Burn have very similar average slopes, and are both 3rd
675 order streams. More circular catchments with a higher drainage density may
676 induce more rapid translation of rainfall and result in higher flood peaks for a
677 given rainfall event. The most circular and least elongate catchment is the
678 Glendue Burn, followed by Thinhope and then Knar Burn. However, whichever
679 morphometric parameter is considered, it appears that Thinhope falls
680 somewhere in the middle, and hence these catchment-scale morphometric
681 parameters do not appear to offer a good explanation for enhanced effectiveness
682 shown by Thinhope Burn. The bedrock geology of the three catchments is also
683 broadly similar, and qualitative observation suggests that existence of faults,
684 evident on the Thinhope and Knar Burns does not appear to have a major
685 influence on local channel morphology or long profile. However, more detailed
686 empirical analysis of geological influence upon the three catchments, may
687 elucidate further possible geological influences upon fluvial processes.

688

689 *Sensitivity*

690 The results in this paper primarily inform on geomorphic effectiveness as they
691 concentrate on simulated sediment efflux, however some conclusions can be

692 drawn with regards to geomorphic sensitivity. It seems clear that for the three
693 catchments to become fully activated, the thresholds required to activate the
694 key sediment stores in the catchment (boulder berms, lobes, splays, and
695 terraces) need to be attained. The stability of fluvial landforms is a function of
696 the temporal and spatial distributions of the resisting and disturbing forces, the
697 'propensity for change', and is diverse and complex (Brunsden, 1990; Downs
698 and Gregory, 1993; 2004; Phillips, 2009). The disturbing forces are those
699 operating within imposed boundary conditions (Brierley and Fryirs, 2016), that
700 disrupt the geological, hydrological and morphological framework of a system,
701 and can include climate change, tectonic controls, anthropogenic factors such as
702 land-use and biotic factors (Brunsden, 2001). 'Landscape' change takes place as
703 a normal process–response function to an imposed change in regime and
704 involves sediment transport, morphological evolution and structural
705 rearrangement as thresholds are crossed within imposed flux boundary
706 conditions (Knox, 2000; Brierley and Fryirs, 2016). Resisting forces of a system
707 relate to ability of the system to resist threshold exceedance and hence retain its
708 landform assemblage, following a disturbance. These forces include 1) Strength
709 resistance, 2) Morphological resistance, 3) Structural resistance, 4) Filter
710 resistance, and 5) System state resistance (Brunsden, 1993a,b). Some of these
711 factors may explain the greater geomorphic effectiveness of Thinhope Burn.
712 Grain-size information available for single reaches of the three streams indicates
713 broadly similar characteristics, but with both the Knar and Glendue Burns
714 showing slightly coarser bed surface sediments (Table 2). This results in slightly
715 greater critical threshold shear stresses for mobilisation for the Knar and
716 Glendue Burns (Table 2), and renders them slightly less sensitive to change in
717 comparison to Thinhope Burn.

718

719 Thinhope Burn has much greater form roughness in comparison to its
720 neighbours. The valley has a distinctive 'inherited' morphology from phases of
721 climatically driven incision over the Holocene, which produced a set of terraces,
722 coupled with depositional flood units (berms, splays and lobes), deposited by
723 floods since the late 1600s (Macklin et al., 1992). Morphology influences
724 landscape sensitivity either by concentrating or diffusing the application of
725 stress, and it would seem feasible that terraces and berms present loci for the
726 concentration of stress within the system.

727

728 The strength resistance offered by the key sediment sources in the Thinhope
729 valley (berms, lobes, splays and terraces), is also likely to be important for
730 determining sediment efflux and hence geomorphic effectiveness (Figure 10).
731 Brunsden (2001) notes the importance of the physical properties of the
732 materials making up morphological units; the strength and erodibility of the
733 morphology and the way in which the clasts respond to stress in either a liquid,
734 plastic or brittle way as important in determining geomorphic response. The
735 properties of sediment deposits also influences the propensity for change
736 (Downs and Gregory. 1993; 2004). Open-work unstructured flood deposits have
737 a low physical strength due to the lack of; a) fine sediment reduces the binding
738 effect between framework clasts (Reid et al., 1985; Allan and Frostick, 1999;
739 Haynes and Pender, 2007), b) imbrication (Komar and Li, 1986; Petit 1990), and
740 c) bed structures such as clusters (Brayshaw 1985; Hassan and Reid, 1990),
741 that have been shown to reduce the threshold shear stress required for
742 mobilisation and increase sediment flux (Oldmeadow and Church, 2006). For
743 Thinhope Burn, Macklin et al. (1992, pp 636) comment on the 'open-work clast-

744 supported' structure of the boulder berms, highlighting a lack of interstitial
745 matrix, and the 'weaker fabric' of boulder lobes in comparison to the berms.
746 Pre-2007 flood catchment walks, revealed similar flood deposits with a similar
747 structure were evident in all three catchments. However, these were more
748 prevalent on the Thinhope Burn and hence most likely provided greater
749 sediment supply from this source compared to the neighbouring catchments. In
750 addition, boulder berms and lobes deposited on the falling limb of the
751 hydrograph are unlikely to see any inter-flood reworking, important for
752 delivering fine sediment and developing bed structure (Reid and Frostick, 1984;
753 Reid et al., 1985; Ockleford and Haynes, 2013).

754

755 Structural resistance; the 'design' of a system, its components (and their
756 juxtaposition), topology, links, thresholds and controls (Brunsden 1993a,b), may
757 also play a role in determining geomorphic effectiveness on Thinhope Burn. Two
758 further sub-factors are important here 'location sensitivity' (which also relates to
759 connectivity ca. Fryirs, 2017) and 'transmission resistance' (Brunsden, 2001).

760 On Thinhope Burn, the main sediment stores in the 3rd order main valley (berms
761 and terraces), are located in close proximity to the contemporary channel
762 (Figure 10A), and as soon as threshold discharge and stage is reached whereby
763 these sediment sources may be accessed by hydraulic processes, then these
764 may become mobile; it just requires a flood stage capable of reaching the
765 sediment stores. Furthermore, it seems feasible that once boulder berms
766 become mobilised at the head of the Thinhope 3rd order channel system, coupled
767 with fresh supply predominantly from the 2nd order part of the stream network,
768 then morphological change initiated at the head of the 3rd order system has the
769 potential to rapidly propagate further change downstream. Hence, when berms

770 become mobilised at the head of the system, a chain-reaction of process-form
771 feedbacks is transmitted downstream; with sediment waves triggering flow
772 diversions and avulsions.

773

774 In addition, Thinhope Burn may have historically received more localised intense
775 convectonal rainfall events in comparison to its neighbouring catchments, due to
776 local orographic effects (e.g. Napoli *et al.*, 2019). The frequency and duration of
777 disturbances relative to geomorphic relaxation times is also known to be
778 important (Phillips, 2009). The past history of floods (magnitude, frequency and
779 sequencing of events), in turn leads to the morphology and structure that is
780 inherited by the next potentially geomorphologically effective event (Newson
781 1980; Beven, 1981; Lisenby *et al.*, 2018). Every system receives a unique
782 pattern of 'impulses of change' and 'formative events' (Brunsden, 2001); no two
783 catchment systems are likely to receive the same number, sequence, frequency,
784 duration and magnitude of events. This 'System State resistance' would limit
785 the ability of Thinhope Burn to recover in comparison to its neighbours as the
786 ratio of geomorphically effective events to recovery time would be larger, thus
787 promoting change persistence in the landscape (Brunsden and Thornes, 1979;
788 Thomas, 2001).

789

790 *Future management of upland river catchments*

791 Since the early 1990s in the South Tyne catchment, there has been a change in
792 the magnitude and frequency of floods with peak discharges in excess of 300
793 m^3s^{-1} (Figure 3). The change in the magnitude and frequency of large flood
794 events is one possible factor acknowledged as triggering threshold exceedance
795 in river systems (Beven, 1981; Nolan *et al.*, 1987; Gupta and Fox, 1974;

796 Newson, 1980; Kochel 1988; Magilligan, 1992; Kale et al., 1994; Costa and
797 O'Connor, 1995; Milan et al., 2018). This undoubtedly will influence geomorphic
798 processes within the larger Tyne catchment as a whole, and those sub-
799 catchments that are more sensitive (e.g. Thinhope Burn) are likely to show
800 responsive behaviour, manifest as a relatively dramatic response in terms of
801 sediment transport and morphological change (Figure 9). The catchment-scale
802 morphodynamic modelling presented in this paper suggests that when sensitive
803 catchments are activated they can mobilise and deliver significantly more
804 sediment than similar sized resilient catchments. Sensitive upland catchments
805 when activated, therefore may result in increased flood risk further down the
806 river system as a consequence of sediment delivery from upstream. Current
807 flood-risk management strategies in such circumstances however make no
808 geomorphologically-underpinned assessment of the situation, and often focus
809 instead on 'reactive' removal of gravel and clearing of vegetation, as this is
810 perceived as a significant causes of local flooding (e.g. McCall and Webb, 2019).
811 It is well established that removal of gravel often deposited as newly created
812 bedforms, may exacerbate channel instability potentially propagating both up-
813 and downstream (Kondolf, 1997); increasing system sensitivity (Sear and
814 Newson, 2003), preventing a return of 'endangered' natural morphologies
815 (Heritage et al., 2022), and potentially damaging instream riverine ecosystems
816 (Hauer et al., 2016).

817

818 Future sediment management in upland catchments must be underpinned by
819 geomorphology to guarantee the preservation or return of 'rare' channel
820 morphologies (Heritage et al. 2022), conserve channel and riparian/ floodplain
821 ecotones and help push the current Natural Flood Management agenda forward

822 (Lane, 2017). A possible solution is to undertake a Nationwide survey of
823 headwater catchments, to identify the connectivity status of sediment cascades
824 (Fryirs, 2017; Heckman et al., 2018) and thus determine their sensitivity status,
825 hence signposting those that are most likely to respond to extreme events. This
826 could adopt a combination of desk-based GIS-driven approaches to quantify
827 connectivity (e.g. Heckman et al., 2018), and/or a modified version of the
828 'Fluvial Audit' (Sear and Newson, 2003), that more explicitly considers the
829 factors raised in the discussion above. This paper has also demonstrated the
830 potential role of morphodynamic modelling, in offering a tool to improve the
831 river managers understanding of catchment- and reach-scale response to floods.
832 The available resources are freely and widely available, not only the modelling
833 software, but also in the form of multi-resolution DEMs (e.g. 1m-scale LiDAR),
834 required to run the model. 'At-risk' headwater catchments could potentially be
835 identified from national-scale ground-survey fluvial audits, which are then
836 selected for more detailed morphodynamic modelling, in an attempt to
837 understand possible future response to extreme floods.

838

839

840 **Conclusions**

841 An extreme summer flood in July 2007 resulted in activation of the sediment
842 system and full valley-floor re-working for the 3rd order tributary of the Thinhope
843 Burn, contrasting with the relatively stability shown in both neighbouring
844 catchments. This study used morphodynamic modelling to demonstrate that
845 Thinhope Burn is significantly more geomorphically effective to flood events than
846 its neighbours, and demonstrated significantly greater geomorphic work (as
847 quantified through sediment efflux) conducted by Thinhope, undertaken, both

848 over the longer term (1998-2008), and during the July 2007 flood event.
849 Reach-scale simulations demonstrated spatial patterns of adjustment
850 (geomorphic work) in response to varying magnitude flows. Shear stress tended
851 to increase with peak discharge and at around $60 \text{ m}^3\text{s}^{-1}$ modal shear stresses
852 peaked at around 450 Nm^{-2} . This suggested that flows in the region of $60 \text{ m}^3\text{s}^{-1}$,
853 like that experienced in July 2007, may achieve 'peak' hydraulic output, and
854 hence maximum geomorphic work. Thinhope Burn appeared to have a greater
855 propensity for change and presently lacked an ability to recover, when compared
856 to its neighbouring catchments.

857

858 Morphometric catchment attributes do not appear to offer an explanation for the
859 differential response shown by Thinhope to the 2007 event. However it is argued
860 that factors such as strength resistance of the key sediment sources (e.g.
861 berms, lobes and splays perched on terraces) and the form resistance presented
862 to flood waves passing through the narrow Thinhope valley may offer
863 explanations for increased sensitivity. In addition two further sub-factors
864 relating to sediment connectivity, namely; location sensitivity (juxtaposition of
865 main sediment stores) and transmission resistance (ease to which morphological
866 response is transmitted downstream) may further explanation the enhanced
867 geomorphic effectiveness found in Thinhope Burn.

868

869 With the expectation of greater rainfall totals in the winter and more extreme
870 events in upland areas of Britain, it is clear that attention needs to focus upon
871 the possible implications of this on the morphological stability of these areas not
872 least to aid future sustainable flood risk management. A combination of a
873 modified fluvial audit approach (including desk-based GIS analyses of

874 connectivity and field-based campaigns) and morphodynamic modelling may
875 offer river managers a 'toolkit', that can provide valuable insight, into
876 understanding catchments that present the greatest risk for future flooding.
877 However, despite being nearly 20 years on from the introduction of the Fluvial
878 Audit, it is clear that this has yet to be effectively rolled out and applied by river
879 managers in Britain. Perhaps it is time to reflect on the advances made in fluvial
880 geomorphology in the last two decades, and rethink upland river management to
881 achieve flood risk, habitat and landform conservation objectives.

882

883

884 **Acknowledgements**

885 Thanks is extended to the British Society for Geomorphology for supporting the
886 project through a research grant. Broader support for this long running project
887 has also been provided by the Universities of Gloucestershire and Hull. Adam
888 Watson is thanked for allowing us to access his land over the full duration of the
889 study, as well as transporting us on his Quad Bike towards the head of Thinhope
890 Burn, giving us access to otherwise inaccessible areas, whilst surveying the 2007
891 catchment wide flood impacts with the HYDRATE team. I am also grateful to
892 Tom Coulthard who gave advice on parameterising early runs of the modelling
893 and on selection of rainfall series, in the absence of an hourly long-term records
894 close to the study site. This paper was written-up whilst David Milan was in
895 receipt of an Institute of Advanced Study Fellowship at Collegium de Lyon.

896

897

898 **References**

- 899 Allan AF and Frostick LE (1999) Framework dilation, winnowing and matrix
900 particle size: the behaviour of some sand–gravel mixtures in a laboratory flume.
901 *Journal of Sedimentary Research* 69: 21–26.
- 902 Bain V, Gaume E and Bressy A (2010) Methods and case studies in post flood
903 event data collection and analysis. Hydrometeorological Data Resources and
904 Technologies for Effective Flash Flood Forecasting (HYDRATE), Deliverable
905 Report 41, 43 pp.
- 906 Barinaga M (1996) A recipe for river recovery? *Science* 273:1648–1650.
- 907 Bartley R and Rutherford I (2005) Re-evaluation of the wave model as a tool for
908 quantifying the geomorphic recovery potential of streams disturbed by sediment
909 slugs. *Geomorphology* 64:221–242.
- 910 Bates PD and De Roo APJ (2000) A simple raster-based model for flood
911 inundation simulation. *Journal of Hydrology* 236: 54–77.
- 912 Beniston M (2009) Trends in joint quantiles of temperature and precipitation in
913 Europe since 1901 and projected for 2100. *Geophysical Research Letters* 36:
914 L07707.
- 915 Beniston M Stoffel M and Hill M (2011) Impacts of climatic change on water and
916 natural hazards in the Alps: Can current water governance cope with future
917 challenges? Examples from the European “ACQWA” project. *Environmental*
918 *Science & Policy* 14: 734–743.
- 919 Beven K (1981) The Effect of Ordering on the Geomorphic Effectiveness of
920 Hydrologic Events, IAHS Publication 132. IAHS Press, Wallingford: 510–526.
- 921 Beven KJ and Kirkby MJ (1979) A physically based, variable contributing area
922 model of basin hydrology / Un modèle à base physique de zone d’appel variable
923 de l’hydrologie du bassin versant. *Hydrological Sciences Bulletin* 24: 43–69.

924 Borga M Anagnostou EN Blöschl G and Creutin JD (2011) Flash flood forecasting,
925 warning and risk management: the HYDRATE project. *Environmental Science &*
926 *Policy* 14: 834-844.

927 Bracken LJ Turnbull L Wainwright J and Bogaart P (2015) Sediment connectivity:
928 a framework for understanding sediment transfer at multiple scales. *Earth*
929 *Surface Processes and Landforms* 40: 177-188.

930 Bras RL Tucker GE and Teles V (2003) *Six myths about mathematical modeling*
931 *in geomorphology*. Massachusetts Inst. of Tech, Cambridge Dept of Civil and
932 Environmental Engineering.

933 Brayshaw AC (1985) Bed microtopography and entrainment thresholds in
934 gravel-bed rivers. *Geological Society of America Bulletin* 96(2): 218-223.

935 Brierley G and Fryirs K (2009) Don't fight the site: three geomorphic
936 considerations in catchment-scale river rehabilitation planning. *Environmental*
937 *Management* 43: 1201-1218.

938 Brierley GJ and Fryirs KA (2005). *Geomorphology and River Management:*
939 *Applications of the River Styles Framework*. Blackwell Publications: Oxford, pp.
940 398.

941 Brierley GJ and Fryirs KA (2016) The use of evolutionary trajectories to guide
942 'moving targets' in the management of river futures. *River Research and*
943 *Applications* 32: 823-835.

944 Brunsten D (1990) Tablets of stone: toward the ten commandments of
945 geomorphology. *Zeitschrift für Geomorphology* 79: 1-37.

946 Brunsten D (1993a) Barriers to geomorphological change. In: Thomas DSG and
947 Allison RJ (eds) *Landscape Sensitivity*. Wiley, pp. 7-12.

948 Brunsten D (1993b) The persistence of landforms. *Zeitschrift für*
949 *Geomorphology*. 93: 13-28.

950 Brunsten D (2001) A critical assessment of the sensitivity concept in
951 geomorphology. *Catena* 42: 99-123.

952 Brunsten D and Thornes JB (1979) Landscape sensitivity and change.
953 *Transactions of the Institute of British Geographers* 4: 463–484.

954 Carling PA (1983) Threshold of coarse sediment transport in broad and narrow
955 natural streams. *Earth Surface Processes and Landforms* 8: 1-18.

956 Carling PA (1986) Peat slides in Teesdale and Weardale, Northern Pennines, July
957 1983: description and failure mechanisms. *Earth Surface Processes and*
958 *Landforms* 11(2): 193-206.

959 Carling PA (1986) The Noon Hill flash floods; July 17th 1983. Hydrological and
960 geomorphological aspects of a major formative event in an upland landscape.
961 *Transactions of the Institute of British Geographers* 11: 105–118.

962 Carling PA (1987) Hydrodynamic interpretation of a boulder berm and associated
963 debris-torrent deposits. *Geomorphology* 1(1): 53-67.

964 Carling PA (1989) Hydrodynamic models of boulder berm deposition.
965 *Geomorphology* 2(4): 319-340.

966 Costa JE (1984) Physical geomorphology of debris flows. In *Developments and*
967 *applications of geomorphology*, pp. 268-317)., Springer, Berlin, Heidelberg.

968 Costa JE 1988. Rheological, geomorphic and sedimentological differentiation of
969 water floods, hyperconcentrated flows and debris flows. In Baker VR Kochel RC
970 and Patton PC (Eds.) *Flood Geomorphology*, New York, John Wiley and Sons,
971 pp113-122.

972 Costa JE and O'Connor JE (1995) Geomorphically effective floods. In: Costa JE
973 Miller AJ Potter KW and Wilcock PR (eds) *Natural and Anthropogenic Influences*
974 *in Fluvial Geomorphology*. American Geophysical Union, Washington, DC, pp.
975 45–56.

976 Coulthard TJ Lewin J and Macklin M (2005) Modelling differential catchment
977 response to environmental change. *Geomorphology* 69: 222-241.

978 Coulthard TJ Neal JC Bates PD Ramirez J Almeida GAM and Hancock GR (2013)
979 Integrating the LISFLOOD-FP 2D hydrodynamic model with the CAESAR model:
980 Implications for modelling landscape evolution. *Earth Surface Processes and*
981 *Landforms* 38: 1897–1906.

982 Dadson SJ Hall JW Murgatroyd A Acreman M Bates P Beven K Heathwaite L
983 Holden J Holman IP Lane SN and O'Connell E (2017) A restatement of the
984 natural science evidence concerning catchment-based 'natural' flood
985 management in the UK. *Proceedings of the Royal Society A: Mathematical,*
986 *Physical and Engineering Sciences*, 473: p.20160706.

987 Downs PW and Gregory KJ (1993) The sensitivity of river channels in the
988 landscape system. In: Thomas DSG and Allison R (eds) *Landscape Sensitivity*.
989 John Wiley & Sons, New York, pp. 15–30.

990 Downs PW and Gregory KJ (2004) *River Channel Management: Towards*
991 *Sustainable Catchment Hydrosystems*. Arnold, London, pp. 395.

992 Dykes AP and Warburton J (2007) Mass movements in peat: a formal
993 classification scheme. *Geomorphology* 86: 73-93.

994 Fryirs K (2013) (Dis) Connectivity in catchment sediment cascades: a fresh look
995 at the sediment delivery problem. *Earth Surface Processes and Landforms* 38:
996 30-46.

997 Fryirs K and Brierley G (2000) A geomorphic approach to the identification of
998 river recovery potential. *Physical Geography* 21: 244-277.

999 Fryirs KA (2017) River sensitivity: A lost foundation concept in fluvial
1000 geomorphology. *Earth Surface Processes and Landforms* 42: 55-70.

1001 Fryirs KA and Brierley GJ (2016) Assessing the geomorphic recovery potential of
1002 rivers: forecasting future trajectories of adjustment for use in management.
1003 *Wiley Interdisciplinary Reviews: Water* 3: 727-748.

1004 Gaume E Bain V Bernardara P Newinger O Barbu M Bateman A Blaškovičová L
1005 Blöschl G Borga M Dumitrescu A and Daliakopoulos I (2009) A compilation of
1006 data on European flash floods. *Journal of Hydrology* 367: 10-78.

1007 Gore JA (ed) (1985) *The Restoration of Rivers and Streams: Theories and*
1008 *Experience*. Boston, MA: Butterworth.

1009 Graf WL (1979) Catastrophe theory as a model for change in fluvial systems.
1010 10th Annual Geomorphology Symposium, Binghamton, New York.

1011 Gregory KJ (ed) (1997) *Fluvial Geomorphology of Great Britain*. Springer Science
1012 & Business Media.

1013 Groisman PY Knight RW Easterling DR Karl TR Hegerl GC Razuvaev VN (2005)
1014 Trends in intense precipitation in the climate record. *Journal of Climate*
1015 18:1326–1350.

1016 Groisman PY Knight RW Karl TR Easterling DR Sun B Lawrimore J (2004)
1017 Contemporary changes of the hydrological cycle over the contiguous United
1018 States: trends. *Journal of Hydrometeorology* 5: 64–85.

1019 Gupta A and Fox H (1974) Effects of high-magnitude floods on channel form: a
1020 case study in Maryland Piedmont. *Water Resources Research* 10: 499–509.

1021 Harvey AM (1986) Geomorphic effects of a 100 year storm in the Howgill Fells,
1022 Northwest England. *Zeitschrift für Geomorphologie* 30: 71-91.

1023 Harvey AM (2001) Coupling between hillslopes and channels in upland fluvial
1024 systems: implications for landscape sensitivity, illustrated from the Howgill Fells,
1025 northwest England. *Catena* 42: 225–250.

1026 Harvey AM (2007) Differential recovery from the effects of a 100-year storm:
1027 significance of long-term hillslope–channel coupling; Howgill Fells, northwest
1028 England. *Geomorphology* 84: 192–208.

1029 Hassan MA and Reid I (1990) The influence of microform bed roughness
1030 elements on flow and sediment transport in gravel bed rivers. *Earth Surface
1031 Processes and Landforms* 15(8): 739–750.

1032 Hauer FR Locke H Dreitz VJ Hebblewhite M Lowe WH Muhlfeld CC Nelson CR
1033 Proctor MF Rood SB (2016) Gravel-bed river floodplains are the ecological nexus
1034 of glaciated mountain landscapes. *Science Advances* 2: p.e1600026.

1035 Haynes H and Pender G (2007) Stress history effects on graded bed stability.
1036 *Journal of Hydraulic Engineering* 33: 343–349.

1037 Heckmann T Cavalli M Cerdan O Foerster S Javaux M Lode E Smetanová A
1038 Vericat D Brardinoni F (2018) Indices of sediment connectivity: opportunities,
1039 challenges and limitations. *Earth-Science Reviews* 187: 77–108.

1040 Heritage G Entwistle N.S and Milan D (2019) Evidence of non-contiguous flood
1041 driven coarse sediment transfer and implications for sediment management. In:
1042 E-proceedings of the 38th IAHR World Congress. International Association for
1043 Hydro-Environment Engineering and Research.

1044 Heritage GL Large ARG and Milan DJ (2022) *A Field Guide to British Rivers*.
1045 Wiley. ISBN 9781118487983

1046 Hopkins J and Warburton J (2014) Local perception of infrequent, extreme
1047 upland flash flooding: prisoners of experience? *Disasters* 39: 546–569.

1048 Huntington TG (2006) Evidence for intensification of the global water cycle:
1049 review and synthesis. *Journal of Hydrology* 319: 83–95.

1050 Iseya F Ikeda H Maita H and Kodama Y 1992. Fluvial deposits in a torrential
1051 gravel-bed stream by extreme sediment supply: Sedimentary structure and

1052 depositional mechanism." In Billi P Hey R Tacconi P and Thorne CE (Eds.)
1053 Dynamics of Gravel-Bed Rivers, *John Wiley and Sons*.
1054 Joyce HM Hardy RJ Warburton J and Large ARG (2018) Sediment continuity
1055 through the upland sediment cascade: geomorphic response of an upland river
1056 to an extreme flood event. *Geomorphology* 317: 45-61.
1057 Kale VS Ely LL Enzel Y Baker VR (1994) Geomorphic and hydrologic aspects of
1058 monsoon floods on the Narmada and Tapi Rivers in central India.
1059 *Geomorphology* 10: 157–168.
1060 Kendon EJ Roberts NM Fowler HJ Roberts MJ Chan SC and Senior CA 2014.
1061 Heavier summer downpours with climate change revealed by weather forecast
1062 resolution model. *Nature Climate Change*, 4(7):570-576.
1063 Kleinen T and Petschel-Held G (2007) Integrated assessment of changes in
1064 flooding probabilities due to climate change. *Climate Change* 81: 283–312.
1065 Kleinhans MG (2010) Sorting out river channel patterns. *Progress in Physical*
1066 *Geography* 34: 287-326.
1067 Knox JC (1993) Large increases in flood magnitude in response to modest
1068 changes in climate. *Nature* 361: 430-432.
1069 Knox JC (2000) Sensitivity of modern and Holocene floods to climate change.
1070 *Quaternary Science Reviews* 19: 439-457.
1071 Kochel RC (1988) Geomorphic impact of large floods: review and new
1072 perspectives on magnitude and frequency. In: Baker K Kochel RC and Patton PC
1073 (eds). *Flood Geomorphology*, Wiley, Toronto, pp. 169–187.
1074 Komar PD and Li Z (1986) Pivoting analyses of the selective entrainment of
1075 sediments by shape and size with application to gravel threshold. *Sedimentology*
1076 33(3): 425-436.

1077 Kondolf GM (1997) PROFILE: hungry water: effects of dams and gravel mining
1078 on river channels. *Environmental Management* 21: 533-551.

1079 Lane SN (2017) Natural flood management. *Wiley Interdisciplinary Reviews:*
1080 *Water* 4: p.e1211.

1081 Large ARG (1991) The Slievenakilla bog-burst: investigations into peat loss and
1082 recovery on an upland blanket bog. *The Irish Naturalists' Journal* 23: 354-359.

1083 Leopold LB and Langbein WB (1962) *The concept of entropy in landscape*
1084 *evolution*. US Geological Survey Professional Paper 500-A: 20pp.

1085 Lisenby PE Croke J Fryirs KA (2018) Geomorphic effectiveness: a linear concept
1086 in a non-linear world. *Earth Surface Processes and Landforms* 43: 4-20.

1087 Macklin MG Rumsby BT and Heap T (1992) Flood alluviation and entrenchment:
1088 Holocene valley-floor development and transformation in the British uplands.
1089 *Geological Society of America Bulletin* 104: 631-643.

1090 Magilligan FJ (1992) Thresholds and the spatial variability of flood power during
1091 extreme floods. *Geomorphology* 5: 373-390.

1092 Manning R (1891) On the flow of water in open channels and pipes. *Transactions*
1093 *of the Institute of Civil Engineers, Ireland* 20: 61-207.

1094 McCall I and Webb D 2016. Glenridding flood investigation report. Environment
1095 Agency and Cumbria County Council.
1096 [https://www.cumbria.gov.uk/eLibrary/Content/Internet/536/6181/4255914426.](https://www.cumbria.gov.uk/eLibrary/Content/Internet/536/6181/4255914426.pdf)
1097 pdf

1098 Milan D and Schwendel A (2019) Long-term channel response to a major flood in
1099 an upland gravel-bed river. In: E-proceedings of the 38th IAHR World Congress,
1100 2831-2838. IAHR.

1101 Milan D Heritage G Tooth S and Entwistle N (2018) Morphodynamics of bedrock-
1102 influenced dryland rivers during extreme floods: Insights from the Kruger

1103 National Park, South Africa. *Geological Society of America Bulletin* 130: 1825-
1104 1841.

1105 Milan DJ (2012) Geomorphic impact and system recovery following an extreme
1106 flood in an upland stream: Thinhope Burn, northern England, UK.
1107 *Geomorphology* 138: 319-328.

1108 Milan DJ and Schwendel A (2021). Climate-change driven increased flood
1109 magnitudes and frequency in the British uplands: geomorphologically informed
1110 scientific underpinning for upland flood-risk management. *Earth Surface*
1111 *Processes and Landforms*. DOI: 10.1002/esp.5206

1112 Miles MJ and Kellerhals R (1981) Some engineering aspects of debris torrents.
1113 *Can. Soc. Civ. Eng. 5th Can. Hydrotech. Conf.*, New Brunswick: 395-420.

1114 Miles MJ and Kellerhals R 1981. May. Some engineering aspects of debris
1115 torrents. In *Proceedings, Fifth Canadian Hydrotechnical Conference, Fredericton,*
1116 *New Brunswick. The Canadian Society for Civil Engineering, Fredericton, New*
1117 *Brunswick, Canada, pp. 395-420)*

1118 Milly PCD Betancourt J Falkenmark Hirsch RM Kundzewicz ZW Lettenmaier DP
1119 and Stouffer RJ (2008) Stationarity Is Dead: Whither Water Management?
1120 *Science* 319(1):573-574

1121 Modrick TM and Georgakakos KP (2015) The character and causes of flash flood
1122 occurrence changes in mountainous small basins of Southern California under
1123 projected climatic change. *Journal of Hydrology: Regional Studies* 3: 12-336.

1124 Napoli A Crespi A Ragone F Maugeri M and Pasquero C (2019) Variability of
1125 orographic enhancement of precipitation in the Alpine region. *Scientific Reports*
1126 9: 1-8.

1127 Newson MD (1980) The geomorphological effectiveness of floods – a contribution
1128 stimulated by two recent events in mid-Wales. *Earth Surface Processes* 5: 1-16.

1129 Newson MD (1989) Flood effectiveness in river basins: progress in Britain in a
1130 decade of drought. In: *Floods, hydrological, sedimentological and*
1131 *geomorphological implications*. Workshop, joint meeting of the BGRG and the
1132 British Hydrological Society, pp. 151-169.

1133 Nolan KM Lisle TE and Kelsey HM (1987) Bankfull discharge and sediment
1134 transport in northwestern California. In: *Erosion and Sedimentation in the Pacific*
1135 *Rim*, Corvallis Symposium. IHAS Press, Wallingford: pp. 439-449.

1136 Ockelford AM and Haynes H (2013) The impact of stress history on bed
1137 structure. *Earth Surface Processes and Landforms* 38(7): 717-727.

1138 Otto FE van der Wiel K van Oldenborgh GJ Philip S Kew SF Uhe P and Cullen H
1139 2018. Climate change increases the probability of heavy rains in Northern
1140 England/Southern Scotland like those of storm Desmond—a real-time event
1141 attribution revisited. *Environmental Research Letters*, 13(2): p.024006.

1142 Petit F (1994) Dimensionless critical shear stress evaluation from flume
1143 experiments using different gravel beds. *Earth Surface Processes and Landforms*
1144 19(6): 565-576.

1145 Phillips JD (2009) Changes, perturbations, and responses in geomorphic
1146 systems. *Progress in Physical Geography* 33: 17-30.

1147 Phillips JD (2014) State transitions in geomorphic responses to environmental
1148 change. *Geomorphology* 204: 208-216.

1149 Phillips, J.D. 1992. Nonlinear dynamical systems in geomorphology: revolution
1150 or evolution? *Geomorphology* 5: 219-229.

1151 Pierson TC and Scott KM 1985. Downstream dilution of a lahar: transition from
1152 debris flow to hyperconcentrated streamflow. *Water resources research* 21(10):
1153 1511-1524.

1154 Pierson TC Costa JE and Vancouver W (1987) A rheologic classification of
1155 subaerial sediment-water flows. *Debris Flows/Avalanches: Process, Recognition,*
1156 *and Mitigation. Reviews in Engineering Geology. Geological Society of America 7:*
1157 *1-12.*

1158 Quesada-Román A and Villalobos-Chacón A (2020) Flash flood impacts of
1159 Hurricane Otto and hydrometeorological risk mapping in Costa Rica. *Geografisk*
1160 *Tidsskrift-Danish Journal of Geography 120(2): 142-155.*

1161 Quesada-Román A Ballesteros-Cánovas JA Granados-Bolaños S Birkel C and
1162 Stoffel M (2020) Dendrogeomorphic reconstruction of floods in a dynamic
1163 tropical river. *Geomorphology 359: 107133.*

1164 Reid I and Frostick LE (1984) Particle interaction and its effects on the
1165 thresholds of initial and final bedload motion in coarse alluvial channels. In
1166 Koster, EH and Steel RJS (Eds), *Sedimentology of Gravels and Conglomerates.*
1167 *Canadian SOC. Petroleum Geologists Memoir, 10, 6168.*

1168 Reid I Frostick LE and Layman JT (1985) The incidence and nature of bedload
1169 transport during flood flows in coarse-grained alluvial channels. *Earth Surface*
1170 *Processes and Landforms 10: 33-44.*

1171 Rickenmann D (1991) Bed load transport and hyperconcentrated flow at steep
1172 slopes. In: Armanini A and Di Silvio G (eds) *Fluvial Hydraulics of Mountain Regions.*
1173 *Lecture Notes in Earth Sciences 37: 429-442.*

1174 Rodine JD and Johnson AM (1976) The ability of debris, heavily freighted with
1175 coarse clastic materials, to flow on gentle slopes. *Sedimentology 23(2): 213-*
1176 *234.*

1177 Sayers PB Horritt M Carr S Kay A Mauz J Lamb R and Penning-Rowsell E 2020.
1178 Third UK Climate Change Risk Assessment (CCRA3): Future flood risk. *Research*

1179 *undertaken by Sayers and Partners for the Committee on Climate Change.*
1180 *Published by Committee on Climate Change, London.*

1181 Schumm SA (1979) Geomorphic thresholds: the concept and its applications.
1182 *Transactions of the Institute of British Geographers New Series 4: 485-515.*

1183 Schumm SA (1991) *To interpret the Earth: ten ways to be wrong.* Cambridge
1184 University Press, 144pp,

1185 Schwendel AC and Milan DJ (2020) Terrestrial structure-from-motion: Spatial
1186 error analysis of roughness and morphology. *Geomorphology* 350: p.106883.

1187 Scott KM 1988. Origins, behavior, and sedimentology of lahars and lahar-runout
1188 flows in the Toutle-Cowlitz River system, Mount St Helens, Washington. U.S.
1189 Geological Survey Professional Paper 422K, pp.1-22.

1190 Sear DA and Newson MD (2003) Environmental change in river channels: a
1191 neglected element. Towards geomorphological typologies, standards and
1192 monitoring. *Science of the Total Environment* 310: 17-23.

1193 Stoffel M Wyzga B and Marston RA (2016) Floods in mountain environments: A
1194 synthesis. *Geomorphology* 272: 1-9.

1195 Thomas MF (2001) Landscape sensitivity in time and space— an introduction.
1196 *Catena* 42: 83–98.

1197 Thompson C and Croke J (2013) Geomorphic effects, flood power, and channel
1198 competence of a catastrophic flood in confined and unconfined reaches of the
1199 upper Lockyer valley, southeast Queensland, Australia. *Geomorphology* 197:
1200 156-169.

1201 Van De Wiel MJ Coulthard TJ Macklin MG and Lewin J (2007) Embedding reach-
1202 scale fluvial dynamics within the CAESAR cellular automaton landscape evolution
1203 model. *Geomorphology* 90: 283-301.

1204 Vischer D and Hager WH (1998) *Dam hydraulics* (Vol. 2). Chichester, UK: Wiley.

1205 Walling DE (1983) The sediment delivery problem. *Journal of Hydrology* 65:
1206 209-237.

1207 Warburton J (2010) Sediment transfer in steep upland catchments (Northern
1208 England, UK): Landform and sediment source coupling. In: Otto JC and Dikau R
1209 (eds) *Landform-Structure, Evolution, Process Control*. Lecture Notes in Earth
1210 Sciences 115, 165-183.

1211 Werner MGF Hunter NM and Bates PD (2005) Identifiability of distributed
1212 floodplain roughness values in flood extent estimation. *Journal of Hydrology*
1213 314(1-4): 139-157.

1214 Wilby RL Beven KJ and Reynard NS (2008) Climate change and fluvial flood risk
1215 in the UK: More of the same? *Hydrological Processes* 22: 2511-2523.

1216 Wilcock PR and Crowe JC (2003) Surface-based transport model for mixed-size
1217 sediment. *Journal of Hydraulic Engineering* 129: 120-128.

1218 Wohl E Barros A Brunzell N Chappell NA Coe M Giambelluca T Goldsmith S
1219 Harmon R Hendrickx JMH Juvik J McDonnell J and Ogden F (2012) The hydrology
1220 of the humid tropics. *Nature Climate Change* 2 (9): 655-662.

1221 Wolman MG (1954) A method of sampling coarse river-bed material. *EOS,*
1222 *Transactions American Geophysical Union* 35(6): 951-956.

1223 Wolman MG and Gerson R (1978) Relative scales of time and effectiveness of
1224 climate in watershed geomorphology. *Earth Surface Processes and Landforms* 3:
1225 189-208.

1226 Wolman MG and Miller JP (1960) Magnitude and frequency of forces in
1227 geomorphic processes. *Journal of Geology* 68: 54-74.

1228 Wong JS Freer JE Bates PD Sear DA and Stephens EM (2015) Sensitivity of a
1229 hydraulic model to channel erosion uncertainty during extreme flooding.
1230 *Hydrological Processes* 29(2): 261-279.

1232 **Table 1** Defining fundamental geomorphic concepts

Geomorphic Concept	Definition	Related sources
Effectiveness	Ability of an event or combination of events to affect the shape or form of the landscape. May be quantified using a range of metrics the most widely accepted being 'effective discharge'; the flow that transports the most sediment over time. Sediment flux or measures of landscape morphological change may be used as measures of effectiveness.	Wolman and Miller, 1960; Wolman and Gerson 1978; Newson 1989; Lisenby <i>et al.</i> , 2018
Sensitivity	The severity of a response to a disturbance relative to the magnitude of the disturbance force. Three important aspects; 1) Possibility of change; the ratio of impelling to resisting forces; where channel response occurs when transport forces overcome resisting forces, 2) Propensity for change; which reflects the proximity to intrinsic or extrinsic thresholds, and the 3) Ability to recover; defined as the ratio of recurrence interval to recovery time. Sensitive systems take longer to recover and hence have a longer recovery time in comparison to resilient systems, following a threshold-exceeding event.	Thornes, 1979; Schumm, 1991; Downs and Gregory, 1993; 2004; Phillips 2009; Brunnsden and Thomas, 2001
Thresholds	Thresholds may either be classed as 'extrinsic', which characterises the response of a system to an external influence, often manifest by a change in landform e.g. from single-thread to braided, or 'intrinsic' whereby changes may occur without a change in the external variable. Examples of intrinsic thresholds in fluvial systems include the mobilisation of sediment grains, or those required to modify a morphological unit such as a bar, river bank, berm or terrace. The degree to which a system is 'sensitive' depends on the proximity of the system to an extrinsic threshold.	Schumm, 1979
Connectivity	Describes the efficiency of sediment supply and transfer through a river catchment. Stores are often (dis)connected from the sediment 'conveyor,' and their activation often requires more extreme events of a magnitude and duration capable of accessing the store and powerful enough to mobilise the grains and the 'form'.	Fryirs, 2013
Recovery	The trajectory of change toward an improved geomorphic condition. The role of connectivity in upland landscapes is identified as being a key control on recovery, due to the effects of sediment supply on channel morphology.	Harvey 2007; Brierley and Fryirs, 2009
Event sequencing	Magnitude, frequency and sequencing of rainfall events can play a significant role in determining the morphological response within a catchment. For example the high sediment transport rates shown in the headwaters of the Severn and Wye catchments during a 100-yr event in 1977, was thought to have been primed by a similar magnitude event earlier in 1973, which activated hillslopes, and improved sediment connectivity to the channel network.	Gupta and Fox, 1974; Beven, 1981; Nolan <i>et al.</i> , 1987; Newson, 1980; Kochel 1988; Magilligan, 1992; Kale <i>et al.</i> , 1994; Costa and O'Connor, 1995; Milan <i>et al.</i> , 2018

1233

1234
 1235
 1236
 1237
 1238
 1239

Table 2 Morphometric characteristics of the study catchments. The grain-size information reported are for single reaches located in the vicinity of Knarburn: 54°51'34.48"N, 2°31'36.37"W; Thinhope Burn: 54°52'46.59"N, 2°31'15.70"W; Glendue Burn: 54°54'3.62"N, 2°31'6.30"W

Morphometric index	Knar Burn	Thinhope Burn	Glendue Burn
Catchment Area (A) (km ²)	17.20	11.00	4.80
Perimeter km	19.20	16.40	12.00
Total Stream length (km)	32.00	24.40	12.80
Drainage density	1.90	2.20	2.70
Shreve order	4.00	3.00	3.00
Catchment Length (L) (km)	3.50	3.00	2.13
Catchment width	2.38	1.25	1.13
Form Factor (F) $F = \frac{A}{L^2}$	1.40	1.22	1.06
Elongation ratio(E) $E = \frac{2\sqrt{A}}{L}$	0.24	0.36	0.76
Circularity ratio (C) $C = \frac{A}{L^2}$	0.59	0.51	0.42
Median Grain Size (m)	0.160	0.126	0.145
Bed slope	0.022	0.031	0.054

1240
 1241
 1242

1243 **Table 3** Peak discharge estimations and approximate runoff rates for the study
 1244 sites for the 17th July 2007 flood (adapted from Bain *et al.*, 2017).

Site	Basin area (km ²)	Discharge (m ³ s ⁻¹)		Specific Discharge (m ³ s ⁻¹ km ²)	mm hr ⁻¹ equivalent	Radar max (mm hr ⁻¹)	Runoff coefficient
		Max	Min				
Thinhope Burn	11	Max	85	7.7	27.82	30	0.65
		Probable	60	5.5	19.64		
		Min	50	4.5	16.36		
Glendue Burn	4.8	Max	10	2.1	7.50	17	0.03
		Probable	6	1.3	4.50		
		Min	6	1.3	4.40		
Knar Burn	17.2	Max	22	1.3	4.60	30	0.13
		Probable	19	1.1	3.98		
		Min	13	0.8	2.72		

1245
 1246

1198 **Table 1** Defining fundamental geomorphic concepts

Geomorphic Concept	Definition	Related sources
Effectiveness	Ability of an event or combination of events to affect the shape or form of the landscape. May be quantified using a range of metrics the most widely accepted being 'effective discharge'; the flow that transports the most sediment over time. Sediment flux or measures of landscape morphological change may be used as measures of effectiveness.	Wolman and Miller, 1960; Wolman and Gerson 1978; Newson 1989; Lisenby <i>et al.</i> , 2018
Sensitivity	The severity of a response to a disturbance relative to the magnitude of the disturbance force. Three important aspects; 1) Possibility of change; the ratio of impelling to resisting forces; where channel response occurs when transport forces overcome resisting forces, 2) Propensity for change; which reflects the proximity to intrinsic or extrinsic thresholds, and the 3) Ability to recover; defined as the ratio of recurrence interval to recovery time. Sensitive systems take longer to recover and hence have a longer recovery time in comparison to resilient systems, following a threshold-exceeding event.	Thornes, 1979; Schumm, 1991; Downs and Gregory, 1993; 2004; Phillips 2009; Brunnsden and Thomas, 2001
Thresholds	Thresholds may either be classed as 'extrinsic', which characterises the response of a system to an external influence, often manifest by a change in landform e.g. from single-thread to braided, or 'intrinsic' whereby changes may occur without a change in the external variable. Examples of intrinsic thresholds in fluvial systems include the mobilisation of sediment grains, or those required to modify a morphological unit such as a bar, river bank, berm or terrace. The degree to which a system is 'sensitive' depends on the proximity of the system to an extrinsic threshold.	Schumm, 1979
Connectivity	Describes the efficiency of sediment supply and transfer through a river catchment. Stores are often (dis)connected from the sediment 'conveyor,' and their activation often requires more extreme events of a magnitude and duration capable of accessing the store and powerful enough to mobilise the grains and the 'form'.	Fryirs, 2013
Recovery	The trajectory of change toward an improved geomorphic condition. The role of connectivity in upland landscapes is identified as being a key control on recovery, due to the effects of sediment supply on channel morphology.	Harvey 2007; Brierley and Fryirs, 2009
Event sequencing	Magnitude, frequency and sequencing of rainfall events can play a significant role in determining the morphological response within a catchment. For example the high sediment transport rates shown in the headwaters of the Severn and Wye catchments during a 100-yr event in 1977, was thought to have been primed by a similar magnitude event earlier in 1973, which activated hillslopes, and improved sediment connectivity to the channel network.	Gupta and Fox, 1974; Beven, 1981; Nolan <i>et al.</i> , 1987; Newson, 1980; Kochel 1988; Magilligan, 1992; Kale <i>et al.</i> , 1994; Costa and O'Connor, 1995; Milan <i>et al.</i> , 2018

1200
 1201
 1202
 1203
 1204
 1205

Table 2 Morphometric characteristics of the study catchments. The grain-size information reported are for single reaches located in the vicinity of Knarburn: 54°51'34.48"N, 2°31'36.37"W; Thinhope Burn: 54°52'46.59"N, 2°31'15.70"W; Glendue Burn: 54°54'3.62"N, 2°31'6.30"W

Morphometric index	Knar Burn	Thinhope Burn	Glendue Burn
Catchment Area (A) (km ²)	17.20	11.00	4.80
Perimeter km	19.20	16.40	12.00
Total Stream length (km)	32.00	24.40	12.80
Drainage density	1.90	2.20	2.70
Shreve order	4.00	3.00	3.00
Catchment Length (L) (km)	3.50	3.00	2.13
Catchment width	2.38	1.25	1.13
Form Factor (F) $F = \frac{A}{L^2}$	1.40	1.22	1.06
Elongation ratio(E) $E = \frac{2\sqrt{\frac{A}{\pi}}}{L}$	0.24	0.36	0.76
Circularity ratio (C) $C = \frac{A}{L^2}$	0.59	0.51	0.42
Median Grain Size (m)	0.160	0.126	0.145
Bed slope	0.022	0.031	0.054

1206
 1207
 1208

1209 **Table 3** Peak discharge estimations and approximate runoff rates for the study
 1210 sites for the 17th July 2007 flood (adapted from Bain *et al.*, 2017).

Site	Basin area (km ²)	Discharge (m ³ s ⁻¹)		Specific Discharge (m ³ s ⁻¹ km ²)	mm hr ⁻¹ equivalent	Radar max (mm hr ⁻¹)	Runoff coefficient
		Max	Min				
Thinhope Burn	11	85	50	7.7	27.82	30	0.65
		Probable	60	5.5	19.64		
		Min	50	4.5	16.36		
Glendue Burn	4.8	10	6	2.1	7.50	17	0.03
		Probable	6	1.3	4.50		
		Min	6	1.3	4.40		
Knar Burn	17.2	22	13	1.3	4.60	30	0.13
		Probable	19	1.1	3.98		
		Min	13	0.8	2.72		

1211
 1212

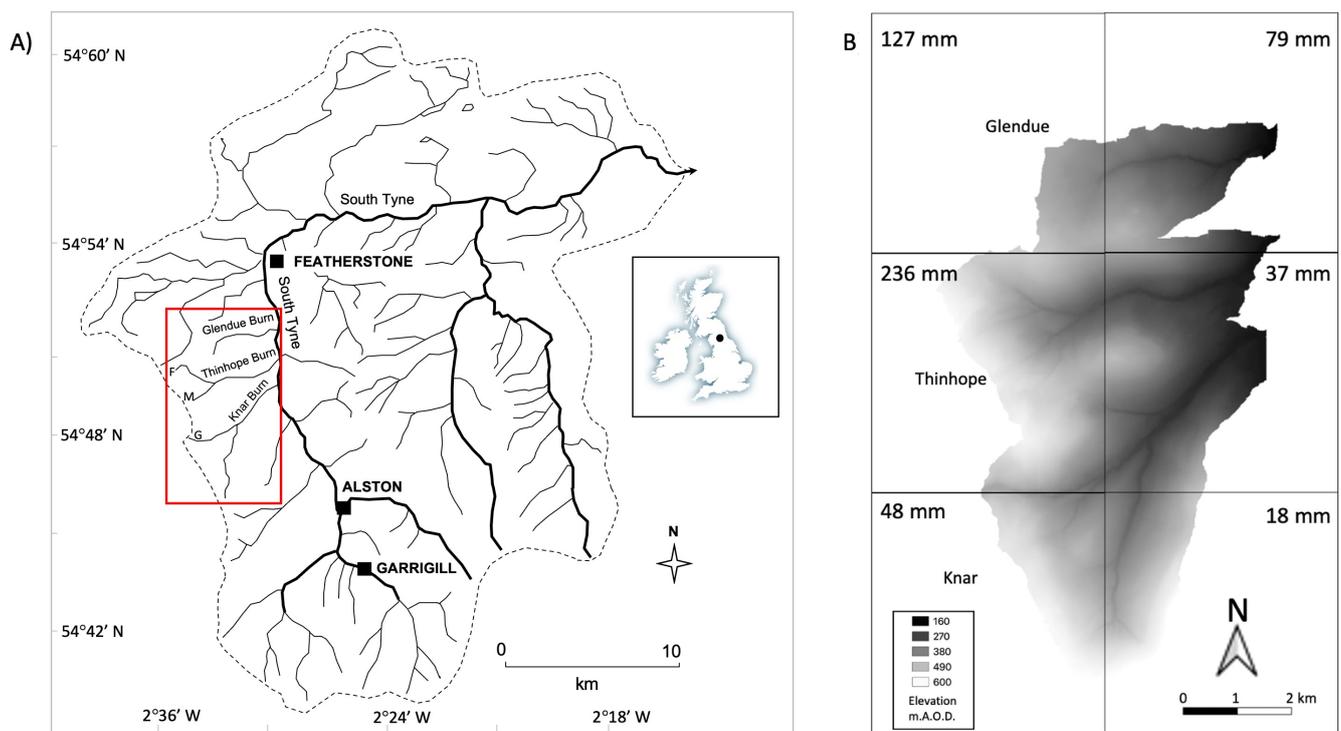


Figure 1 Study Catchments; A) South Tyne catchment and three sub-catchments at the centre of investigation. Tributaries to Thinhope Burn are indicated (M - Mardy's Cleugh; F - Feugh Cleugh), and Knar Burn (G - Gelt Burn); B) DEMs for neighbouring Knar, Thinhope and Glendue Burns. The 5km² NIMROD radar cells are overlain and the 24 hour rainfall totals are indicated in the corner of each cell.



Figure 2 Photos of A) Glendue Burn (July 2008), B) Thinhope Burn (June 2004) and C) Knar Burn (July 2008)

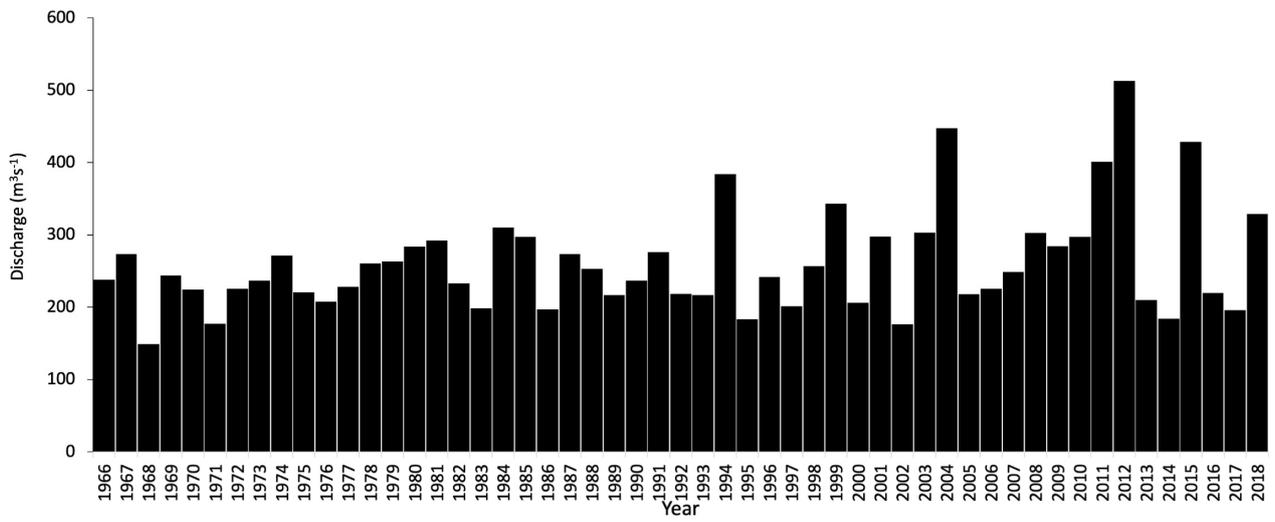


Figure 3 Annual peak flow data for the South Tyne and Featherstone, station 23006, (nrfa.ceh.ac.uk).

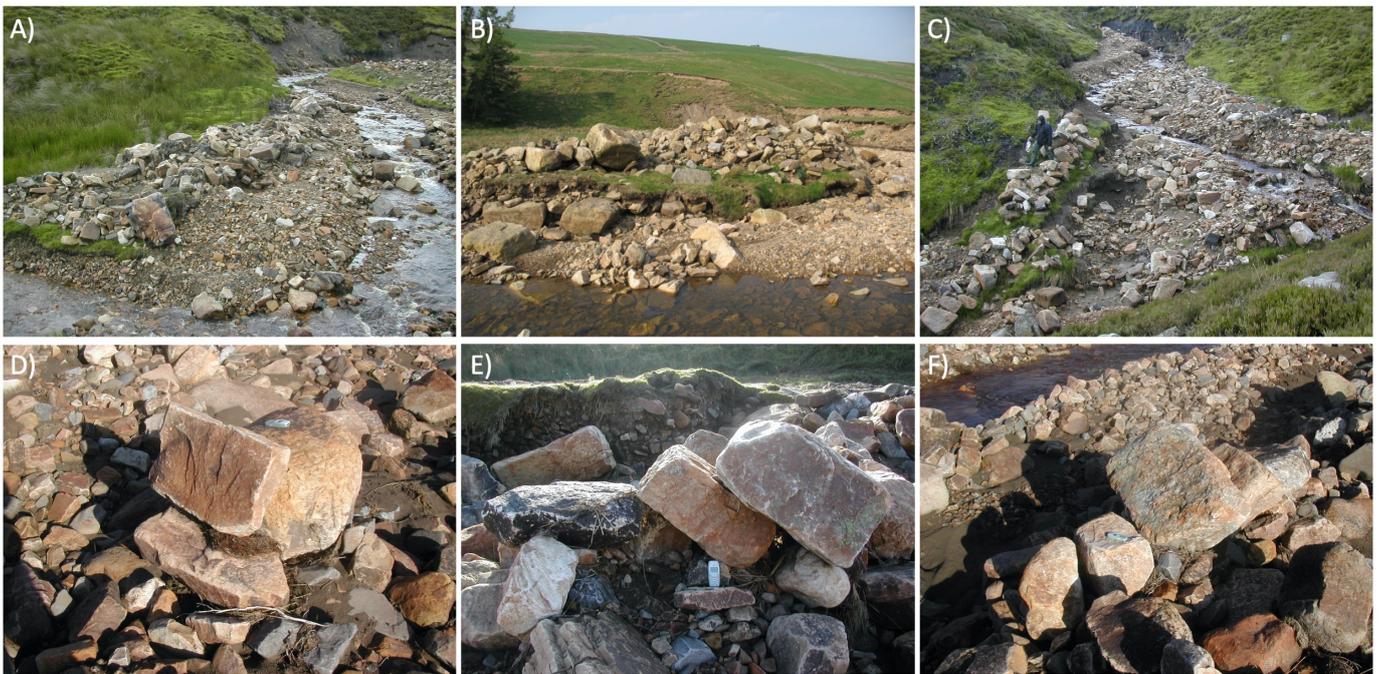


Figure 4. Morphological and sedimentological characteristics of deposits in the Thinhope Burn catchment, following the July 2007 flood event; A) and B) Berms deposited on the inside of meander bends on Thinhope Burn, C) Linear boulder ribbon deposited on floodplain in a steeper section of Mardy's Cleugh, D), E) and F) Boulder cluster bedforms; note the Nokia 3410 mobile phone for scale.



Figure 5 The 500 m reach of Thinhope Burn where detailed morphological changes have been documented (see Milan, 2012; Milan and Schwendel, 2019; Schwendel and Milan, 2021), and use for reach-scale morphodynamic modelling in this paper (source: Google Earth Pro, 2021).

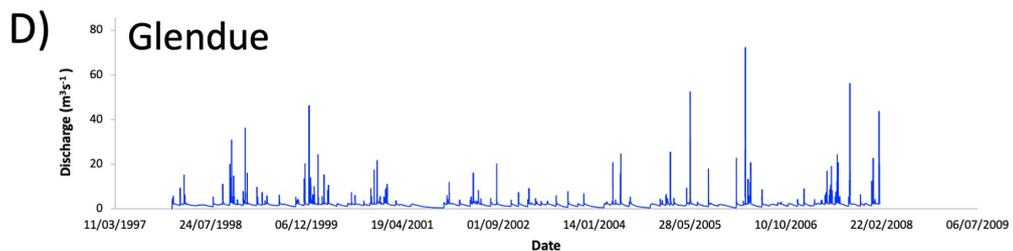
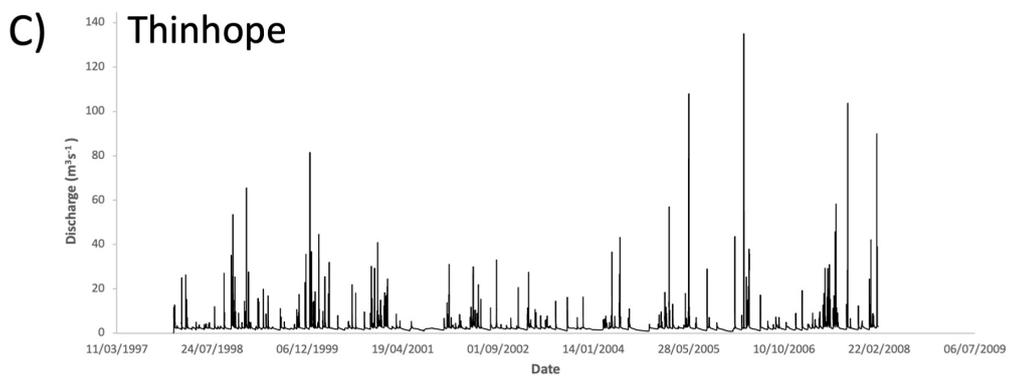
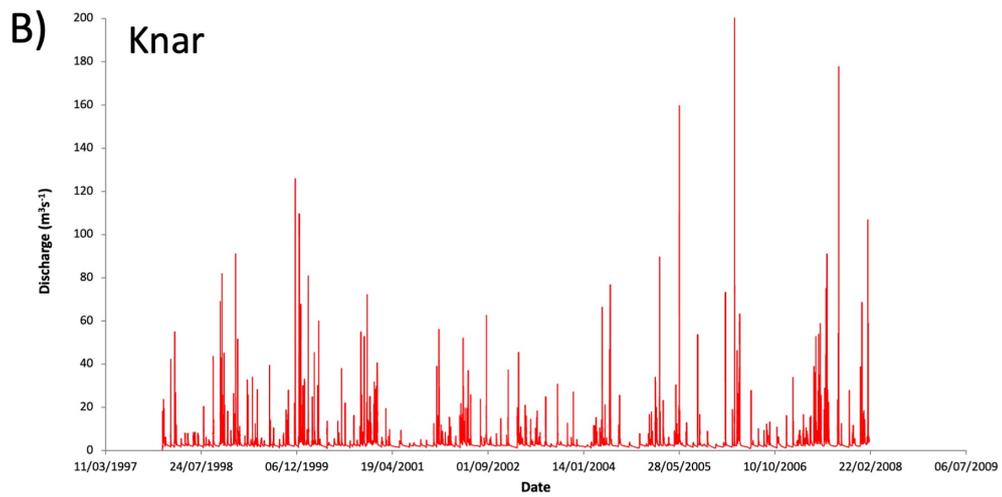
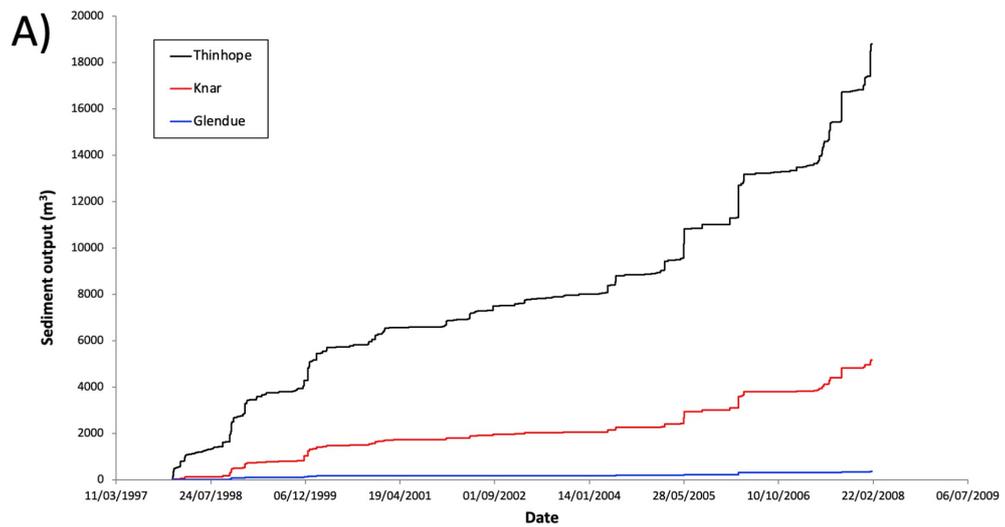


Figure 6 Time series plots showing A) cumulative sediment efflux from catchment scale runs for 1998-2007, simulated discharge for the B) Knar Burn, C) Thinhope Burn, D) Glendue Burn.

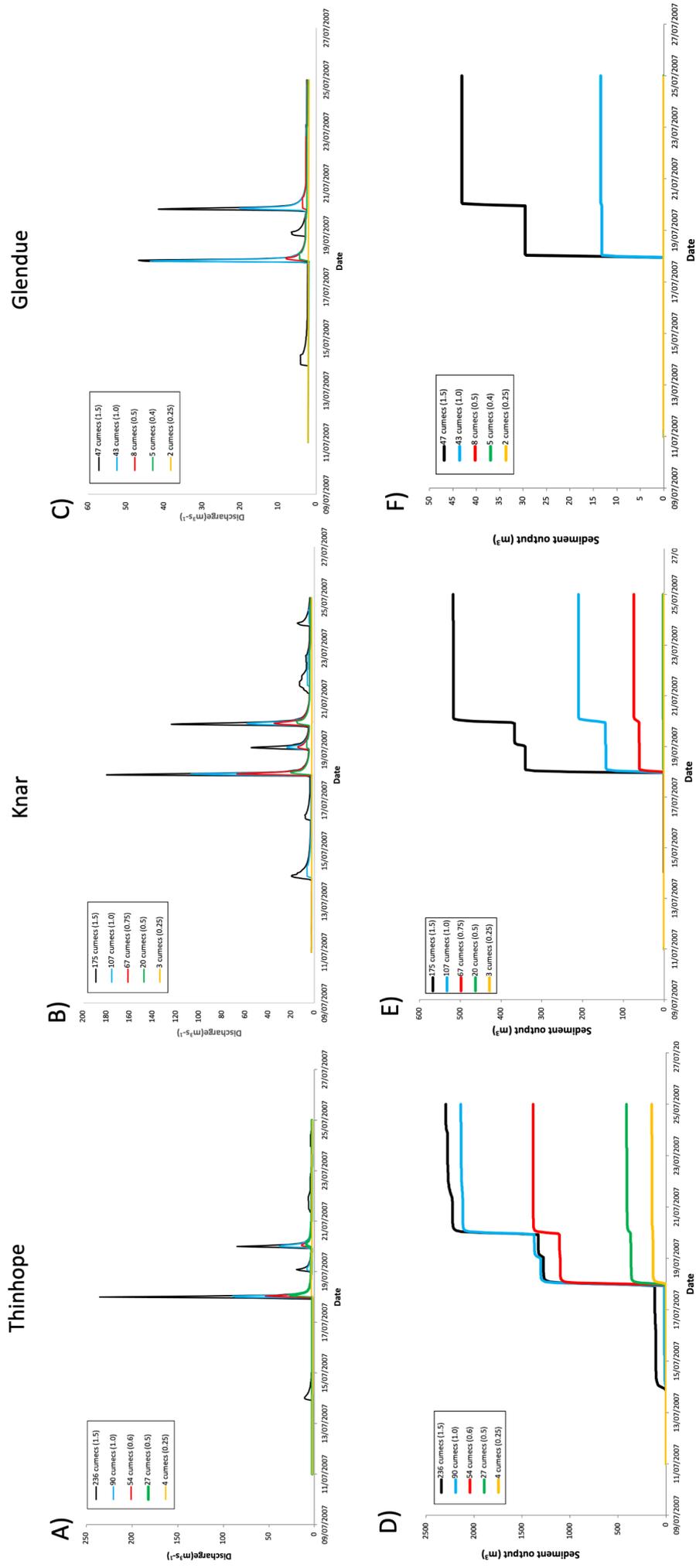


Figure 7 Results from CAESAR-Lisflood simulations over the 14 day period between 11th-24th July 2007, following spin-up: A-C) Hydrographs produced using scaled rainfall inputs for the three study catchments, D-F) cumulative sediment efflux from the scaled model runs.

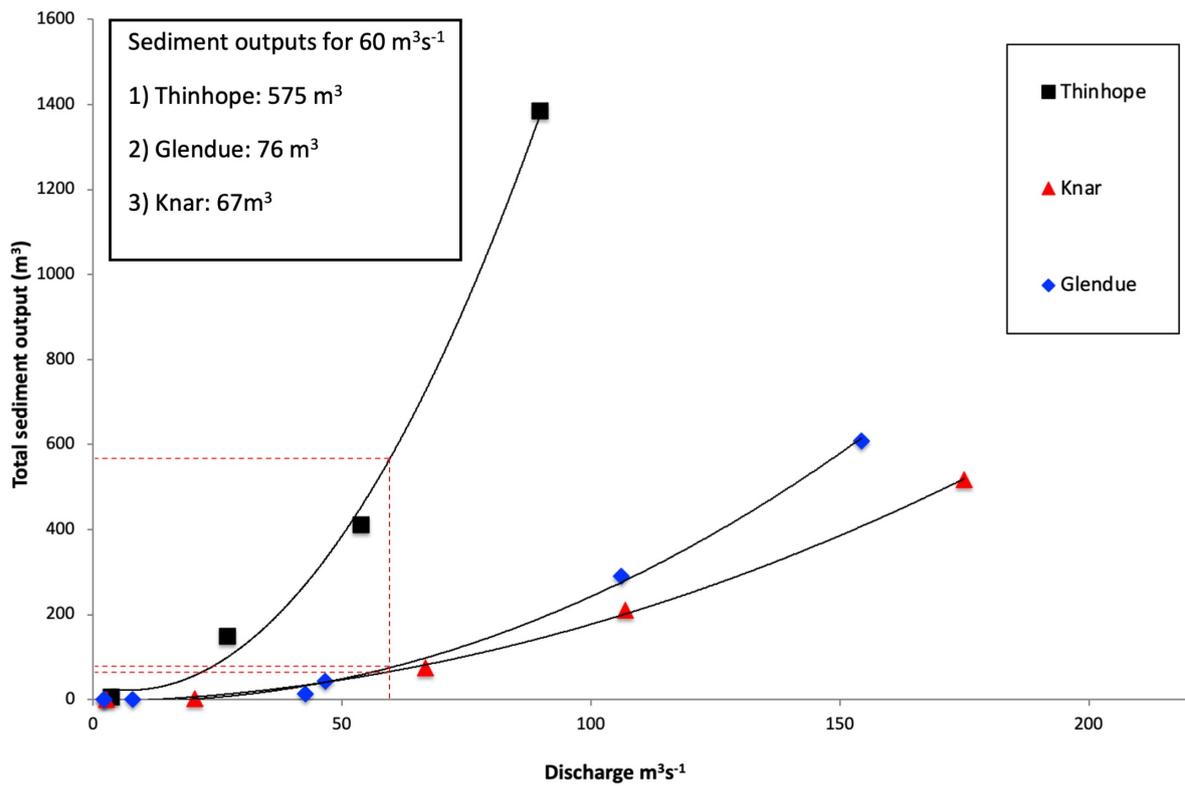


Figure 8 Total sediment efflux plotted against peak discharge for each scaled run, over the 14 day period between 11th-24th July 2007, for the three study catchments.

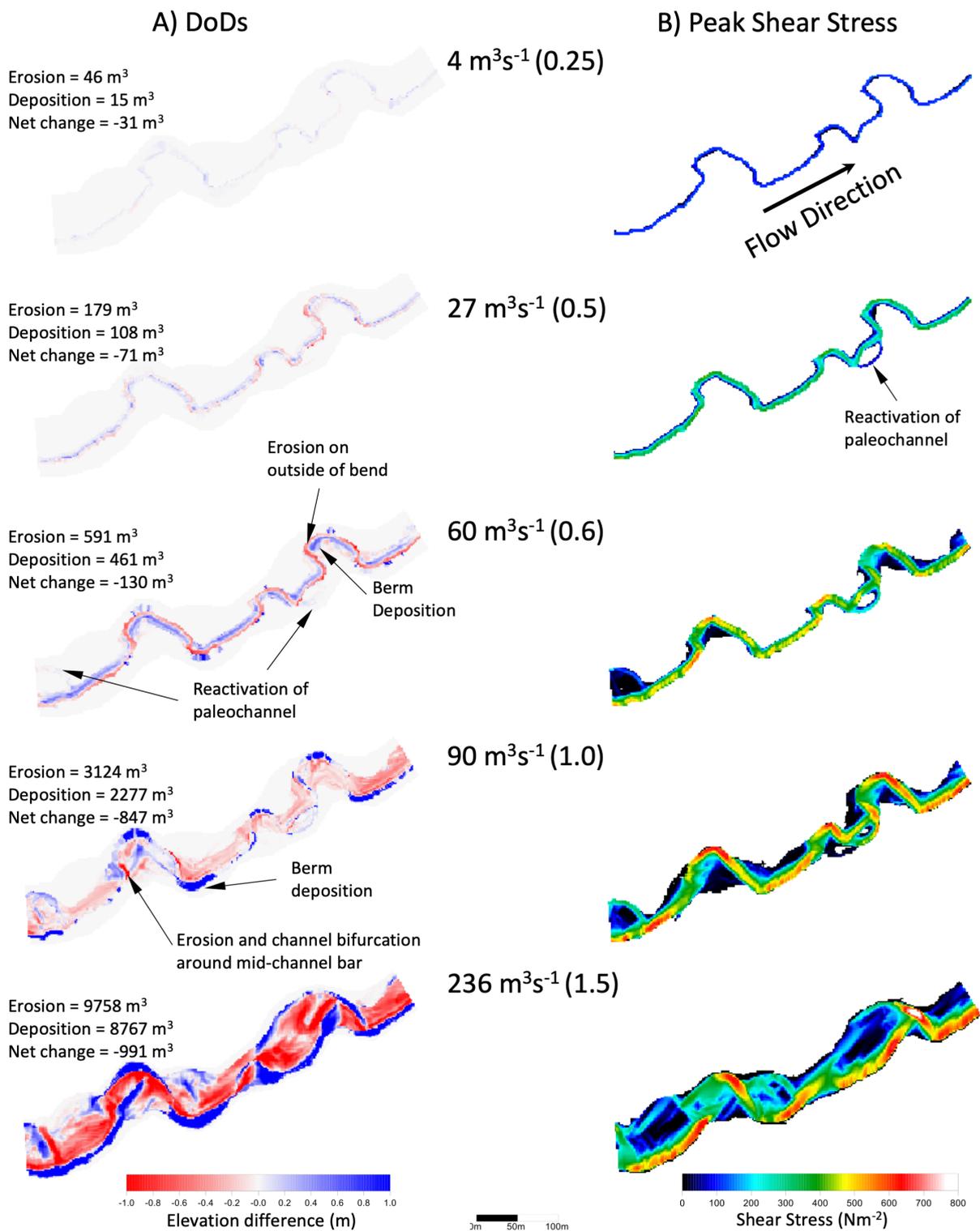


Figure 9 Reach-scale CAESAR-Lisflood output for Thinhope Burn: A) geomorphological work at the reach-scale using end-point rasters for DoD output for five of the different flow peaks generated from scaled rainfall data in the catchment-scale runs; B) shear stress rasters taken at each of the five flood peaks. N.B. Aerial photos showing actual response of the study reach to the 2007 event are shown in Figure 5.



Figure 10 Main sediment stores and sources on Thinhope Burn: A) pre-2007 flood boulder berm; B) eroding slope-channel coupling zones supplying till (base unit) and alluvium (near surface unit); C) tributaries; D) eroding terraces.

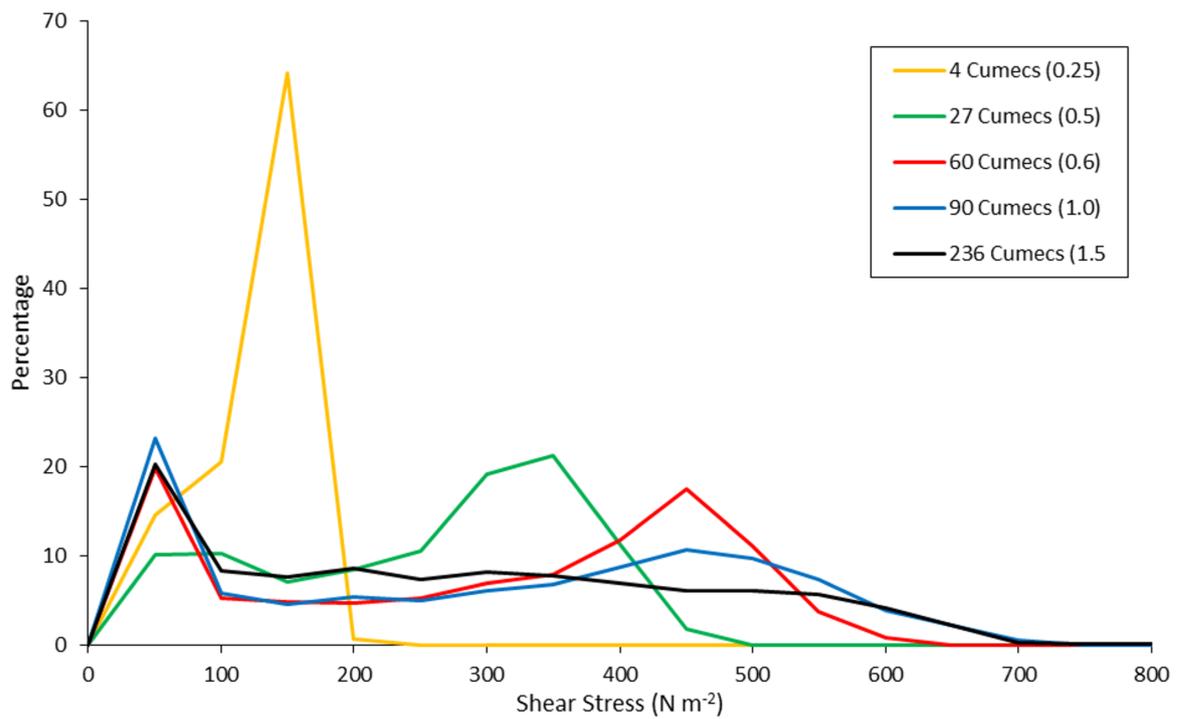


Figure 11 Population of shear stress for different flow peaks, using the values from each pixel from shear stress raster (Figure 9) generated using depth and velocity outputs from CAESAR-Lisflood outputs and through the application of Equation 1.