

Biomechanical evaluation of the unilateral crossbite on the asymmetrical development of the craniofacial complex. A mechano-morphological approach.

1 **Javier Ortún-Terrazas^{1*}, Michael J. Fagan², José Cegoñino¹, Edson Illipronti-Filho³, Amaya Pérez del Palomar¹**

2 ¹Group of Biomaterials, Aragon Institute of Engineering Research (I3A), University of Zaragoza, Zaragoza, Spain

3 ² Medical and Biological Engineering, School of Engineering and Computer Science, University of Hull, Hull, United
4 Kingdom

5 ³ School of Dentistry, Department of Stomatology, University of São Paulo, São Paulo, Brazil

6 * Correspondence to Dr. Javier Ortún-Terrazas. Aragon Institute of Engineering Research (I3A), School of Engineering
7 and Architecture, University of Zaragoza, Calle María de Luna 3, 50018 Zaragoza, Spain. Tel.: +34 976 761 000 (5231)

8 fax: +34 976 761 000 (5231). E-mail: javierortun@unizar.es

9 **Abstract**

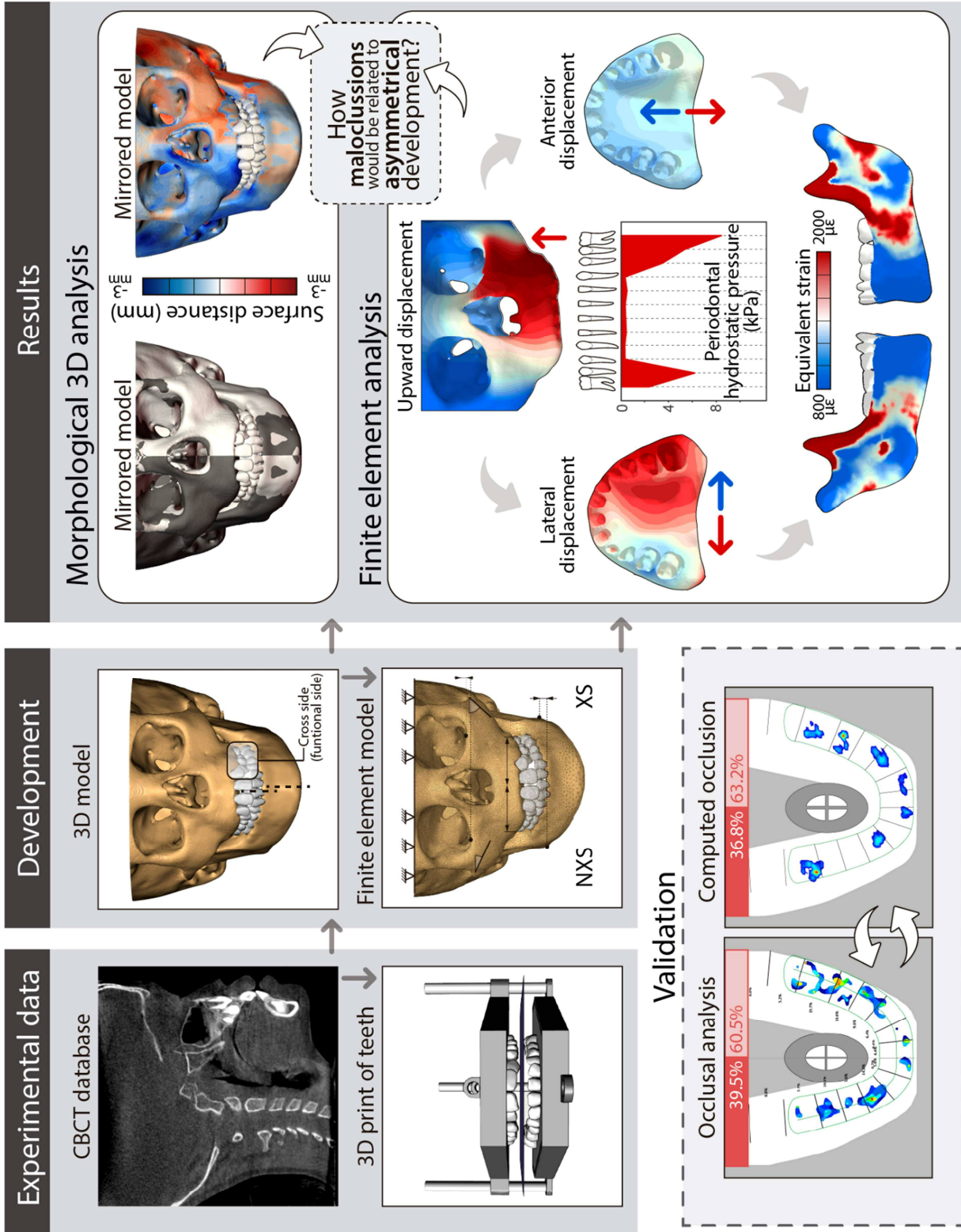
10 *Background and Objective:* The occlusion effect on the craniofacial development is a controversial
11 topic that has attracted the interest of many researchers but that remains unclear, mainly due to the
12 difficulties on measure its mechanical response experimentally. This mechano-morphological
13 relationship of the craniofacial growth is often explained by the periosteal and capsular matrices of the
14 functional matrix hypothesis (FMH); however, its outcomes have not been analytically demonstrated
15 yet. This computational study aims, therefore, to analytically demonstrate the mechano-morphological
16 relationship in the craniofacial development of children with unilateral crossbite (UXB) using the finite
17 element (FE) method.

18 *Methods:* The craniofacial complex asymmetry of ten children, five of whom exhibit UXB, was 3D-
19 analysed and compared with the biomechanical response computed from a FE analysis of each patient's
20 occlusion. Due to the complexity of the geometry and the multitude of contacts involved, the inherent
21 limitations of the model were evaluated by comparing computed occlusal patterns with those recorded
22 by an occlusal analysis on 3D printed copies.

23 *Results:* Comparison's outcomes proved the reliability of our models with just a deviation error below
24 6% between both approaches. Out of validation process, computational results showed that the
25 significant elongation of mandibular branch in the contralateral side could be related to the mandibular
26 shift and increase of thickness on the crossed side, and particularly of the posterior region. These
27 morphological changes could be associated with periodontal overpressure (>4.7kPa) and mandibular
28 over deformation (0.002 ϵ) in that side, in agreement with the periosteal matrix's principles.
29 Furthermore, the maxilla's transversal narrowing and the elevation of the maxillary and zygomatic
30 regions on the crossed side were statistically demonstrated and seem to be related with their respective
31 micro displacements at occlusion, as accounted by their specific capsule matrices. Our results were
32 consistent with those reported clinically and demonstrated analytically the mechano-morphological
33 relationship of children's craniofacial development based on the FMH's functional matrices.

34 *Conclusions:* This study is a first step in the understanding of the occlusion's effect on the craniofacial
35 development by computational methods. Our approach could help future engineers, researchers and
36 clinicians to understand better the aetiology of some dental malocclusions and functional disorders
37 improve the diagnosis or even predict the craniofacial development.

38 **Keywords:** cranio-facial development, facial asymmetry, finite element method, occlusal imbalance,
39 unilateral crossbite



41 1 Introduction

42 The craniofacial complex is mainly composed of the cranial bones and the mandible that is bilaterally
43 connected to the skull by the temporomandibular joints (TMJs) (Figure 1.C), the masticatory muscles
44 (Figure 1.A) and the neurological tissues (shown in Figure 1.A). From the 1930s several theories have
45 described the growth of the different regions of the craniofacial complex [1,2] basically according to
46 three growth mechanisms (sutural, endochondral, and intramembranous) and two conditioning factors
47 (genetic and environmental). Despite none theories is totally valid [2], the functional matrix hypothesis
48 (FMH) proposed by Melvin Moss (1962) [3,4] is widely used in dental and in maxillofacial disciplines
49 since it seems to relate the craniofacial development with the mechanical stimulus produced at the
50 environmental activity of chewing.

51 Anatomically, the occlusion is guided by both TMJs and occlusal planes and its maximum force is
52 limited by the mechanical stimuli sensed by the neural receptors, both in the soft tissues of the TMJs
53 and in the periodontal ligaments (PDLs) (shown Figures 1.C and D). In a well-balanced occlusion, the
54 centric occlusion coincides with the maximum intercuspation position [5] and distributes the maximum
55 bite force almost homogeneously along all occlusal plane, avoiding harmful overloading in some
56 regions [6]. The mechanical stimulus is therefore perceived by both mandibular nerves (shown in
57 Figure 1.A), causing a normal and symmetrical growth. By contrast, malocclusions, such as unilateral
58 crossbite (UXB), unbalance and gradually produce functional problems which lead to abnormal
59 development of dental and craniofacial structures [7–9] (shown Figures 1.B and D).

60 UXB is characterized by the lingual occlusion of the buccal cusps of the maxillary teeth with the buccal
61 cusps of the corresponding mandibular teeth [10] in one of the two halves (shown in Figure 1.D).
62 Henceforth, we are going to refer to this side as the crossed side (XS), and to the opposite side as the
63 non-crossed (NXS) side (shown in Figure 1.B). Based on the aforementioned FMH, early correction

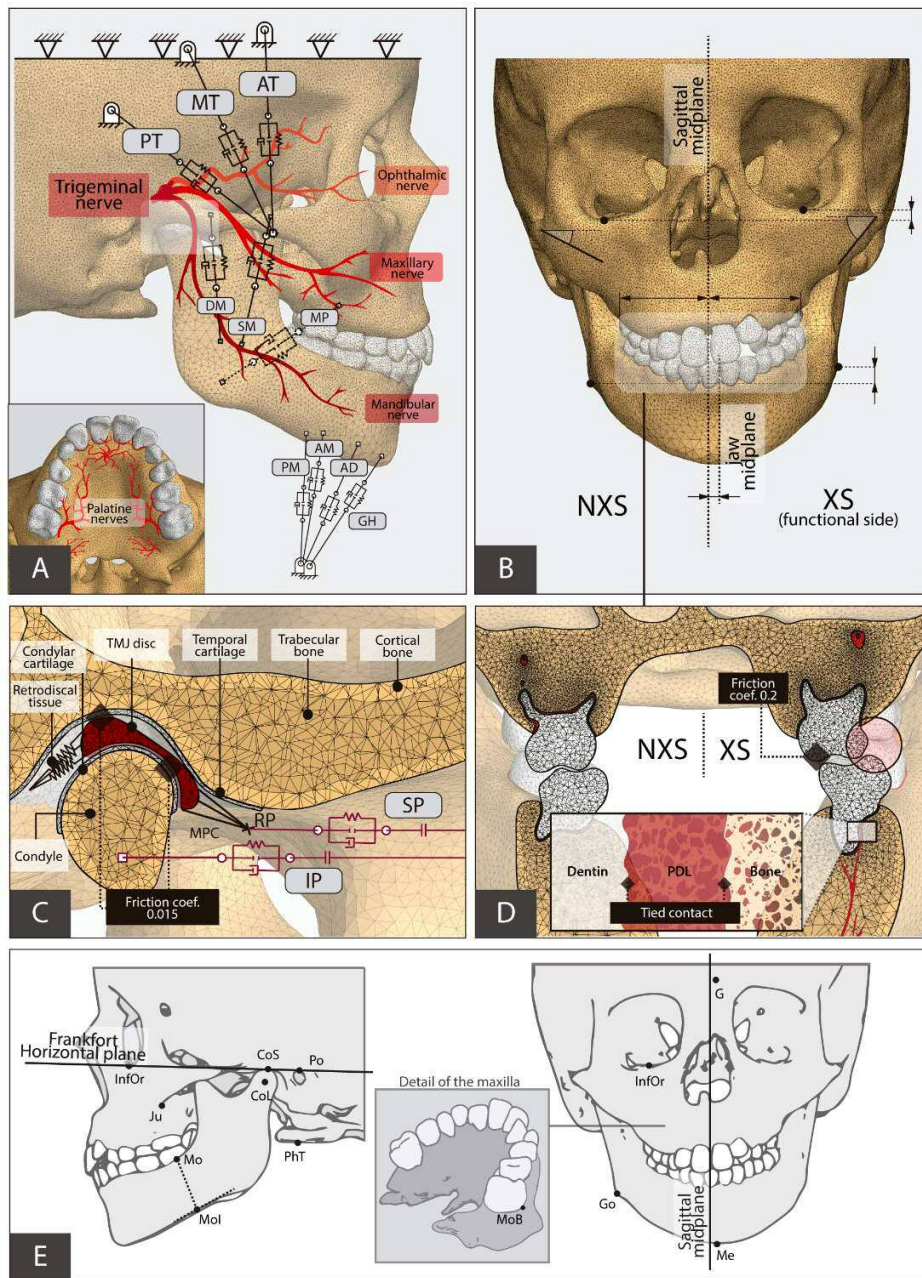
64 of UXB would avoid irreversible unusual development of the craniofacial complex [11,12] and painful,
65 expensive and complex surgical treatments later in life [13]. Following this trend, some case reports
66 and statistical studies [14,15] have tried to relate UXB with the asymmetrical adaptation of soft and
67 hard tissues at early ages. Amongst others morphological changes observed, these studies agree in the
68 deviation of the chin to the XS [16–18] and the width increment of the mandibular body [19] and ramus
69 [12,20] of the same side (shown Figure 1.B). But also, the asymmetrical morphology of the maxilla
70 [21], the abnormal development of the glenoid fosses [22,23] or the asymmetrical height of the ocular
71 orbits and the cranial halves [24,25] were recognized. Several studies conducted on adult patients
72 [26,27] have demonstrated that there are significant differences in the anterior and superior joint spaces,
73 variation in thickness of the articular TMJ disc [28,29], and the anteroposterior condylar joint position
74 in the unilateral crossbite patients [30]. Moreover, it has been found significant differences in the
75 vertical condylar inclination, medial condylar position, condylar width and height, and volumetric joint
76 space between the side of the unilateral occlusion and the contralateral side.

77 Nevertheless, none of these clinical studies have been able to establish a function-shape relationship
78 between UXB and the asymmetrical growth [31] since they could not evaluate the mechanical stimulus
79 sensed.

80 As an alternative, computational techniques [32,33], specially finite element (FE) method, have been
81 extensively used to analyse the biomechanical effect of the occlusion into the craniofacial growth.
82 Unfortunately, despite the numerous computational studies [31,34–36] performed, the mechano-
83 morphological relation of the craniofacial complex is still a controversial topic. Amongst others, the
84 unmineralized state of bones at childhood, the complex anatomy and behaviour of the tissues involved
85 [37] or the several contacts involved [38] complicate the developing of accurate FE models at early
86 ages. Moreover, due to these limitations, computational studies of the paediatric craniofacial complex

87 are mainly patient-specific studies [39,40], and there are few for larger samples [41]. Fortunately,
88 recent advances in 3D cephalometric methods, modelling commercial software, tissues engineering,
89 and computerized occlusal analysis systems have improved its development, and consequently the
90 knowledge about the craniofacial growth. A better knowledge of it could clarify the aetiology of some
91 dental malocclusions and functional disorders, improve the diagnosis and treatment selection, or even
92 help to predict the reaction after treatment.

93 This study aims therefore to relate the craniofacial asymmetrical growth with the mechanical
94 stimulation computed through FE analyses of the unilateral occlusion, following the FMH's principles
95 and using the latest advances in scanning, modelling and occlusal analysis. Hence, the maximum
96 intercuspation occlusion was simulated in 10 detailed patient-specific FE models developed from the
97 segmentation of Cone Beam Computed Tomography (CBCT) images of children with and without
98 UXBs. The accuracy of these computational models was firstly checked by the comparison of the
99 occlusal patterns computed with those recorded experimentally by an occlusal analysis system in 3D
100 printed copies of the full dentitions. Afterwards, the occlusal patterns, the mechanical response of the
101 tissues and the bony regions' displacements were presented and related to the asymmetrical
102 malformations identified through a statistical and 3D-morphological comparison of both craniofacial
103 halves. Our findings were then discussed and compared with those observed clinically in other studies
104 of children with UXB, with a special focus on the fundamentals of the FMH. Finally, at the end of this
105 manuscript, the potential of using FE models for the study of craniofacial growth was discussed based
106 on our findings.



107 **Figure 1.** Captures from one of the FE models developed which show: A) a scheme of the trigeminal
 108 nerve branches, the external boundary conditions of the model and the modelling of the chewing
 109 muscles (SM, superficial masseter; DM, deep masseter; AT, anterior temporalis; MT, middle
 110 temporalis; PT, posterior temporalis; MP, medial pterygoid; IP, inferior lateral pterygoid; SP, superior
 111 lateral pterygoid; AM, anterior mylohyoid, PM, posterior mylohyoid; AD, anterior digastric and GH,
 112 geniohyoids muscle); B) some of the main morphological differences between the crossed (XS) and
 113 non-crossed side (NXS); C) the boundary conditions in the TMJ; D) the malocclusion associated to the
 114 unilateral crossbite; and the boundary conditions applied to the tooth-periodontal ligament (PDL)-bone
 115 attachment. E) Landmarks and reference planes in frontal and lateral views (landmarks' descriptions
 116 are summarized in Table 1).

117 2 Material and methods

118 2.1 FE models

119 Ten 3D models of the masticatory system were developed from the 3D-cephalometric images of 10
120 paediatric subjects with mixed dentition, three of whom exhibited left UXB and other two that have
121 right UXB according to the diagnosis performed by an expert. To facilitate the subsequent
122 interpretation of results, the 3D models of those patients with right UXB were mirrored with respect to
123 the sagittal midplane, achieving to have the XS on the left side in all the subjects. This mirroring
124 operation consisted only of a change of coordinates of the entire point cloud of the model, without
125 altering the proportions of the facial asymmetry or the accuracy of the biomechanical simulations. On
126 the other hand, the other five models, which constitutes the control group of this study, did not show
127 any malocclusion or asymmetry defects. The images of UXB and control groups were respectively
128 obtained as a part of treatment planning or of a routine medical examination through a CBCT scan
129 system (i-CAT™; Imaging Sciences International, Hatfield, PA, USA) and all of them were scanned
130 in a maximum intercuspation position. Data acquisition was approved by the Research Ethics
131 Committee of the University of São Paulo – USP, School of Dentistry (numbers 200/06 and 16/2008)
132 and subjects gave an informed consent. All datasets were obtained with an acquisition time of 5-26 s
133 and field of view (FOV) of 13 cm × 17 cm and were output in a 14-bit greyscale and 16,384 shades of
134 grey to a Digital Imaging and Communication in Medicine (DICOM) file through cylindrical
135 reconstruction algorithms. The output file of each subject was composed of 210 images with an
136 interscan distance of 0.50 mm.

137 To improve the limiting contours of each part in the model, a gradient filter was initially applied to
138 each database. For the modelling of hard tissues, the images were then automatically segmented using

139 a masking technique in the Mimics software (Mimics, v.19.; Materialise, Leuven, Belgium). This
 140 process was supervised by an expert in the radiological study of the malformations caused by UXB.

141 For the subsequent statistical analysis and based on our previous statistical study [42], the coordinates
 142 (x,y,z) of twelve anthropometric reference points (Table 1 and Figure 1.E) were reassessed three times
 143 by the same radiologist expert, with a month gap between each assessment. The reliability of this
 144 procedure was determined by an Intra-Class Correlation Coefficient (ICC) of 0.93. From these
 145 landmarks, 6 bilateral measurements (Table 1) were defined to study statistically the main
 146 malformations of the asymmetry.

| Name | Description |
|--|---|
| <i>Landmarks on sagittal midplane</i> | |
| Glabella (G) | Most prominent point between the supraorbital ridges |
| Menton (Me) | Most inferior point in symphysis |
| Pharyngeal tubercle (PhT) | Lower point of the basioccipital region. |
| <i>Bilateral landmarks (right and left)</i> | |
| Condyle lateral (CoL) | Most lateral point of condyle head |
| Condyle superior (CoS) | Most superior point of condyle head |
| Gonion (Go) | Point between mandibular plane and ramus |
| Infraorbitale (InfOr) | Deepest point on infraorbital margin |
| Jugale (Ju) | Intersection between the margin of the frontal and temporal processes with the zygomatic bone |
| Last molar (Mo) | Most buccal point of the last inferior molar. |
| Last molar buccal (MoB) | Most buccal point of the last superior molar. |
| Last molar inferior (MoI) | Projection of the point on the inferior edge of the jaw. |
| Porion (Po) | Highest point on roof of external auditory meatus |
| <i>Bilateral measurements (right and left)</i> | |
| Body length | Distance between Go and Me |
| Body width | Distance between MoI and Mo |
| Condylar head width | Distance of CoS and CoL projections on the FH plane |
| Maxilla height | Shortest distance between Ju and the FH plane |
| Maxilla width | Shortest distance between MoL and the S plane |
| Ramus length | Distance between Go and the CoS |

147 **Table 1** Definitions of landmarks and computed bilateral measurements. Note: the distance between
 148 two landmarks was calculated by the distance formula in 3D coordinate system

149 For the soft tissues, cartilaginous structures, such as the articular surface which cover condyle and
150 temporal fossa surfaces, were manually segmented by the same person as 0.2 and 0.5 mm thickness
151 layers, respectively [43,44] (shown in Figure 1.C). It is important to highlight that just the articular
152 layer of the condylar cartilage was modelled because of its importance from a biomechanical point of
153 view. TMJ discs were modelled by the free space between the fibrocartilage layers having a variable
154 thickness of about 1, 2 and 2.7 mm in intermediate, anterior, and posterior regions, in agreement with
155 the measurements of previous studies [45] (shown in Figure 1.C). On the other hand, each PDL was
156 modelled through Boolean subtraction operations [46]. Hence, each tooth with a positive offset
157 (expansion) of 0.2 mm [47–49] was used to cut the maxillary bone regions. This new body was then
158 used to define the PDL geometry through the subtraction of the normal-sized teeth (shown in Figure
159 A.2). Further details about PDLs modelling can be found in Appendix A. Thereafter, the geometry of
160 each tissue was parametrized using non-uniform rational bases splines-based transformation in
161 Rhinoceros v5 software (Robert McNeel & Associates, Seattle, USA).

162 For the posterior comparison of results among subjects of different age and gender, 3D models were
163 uniform scaled in order to compensate the craniofacial size differences between subjects. Hence, a
164 linear transformation matrix [42] resulted from a Generalized Procrustes Analysis (GPA) of the patient'
165 mandible was applied to each database. It is remarkable that the whole model's volume was not
166 considered for the matrix computation since different cranial portions were scanned in each database,
167 as it was widely explained in our previous publication [42]. As a result of this linear and uniform
168 transformation, a more homogeneous sample was obtained reducing the differences due to sex and age,
169 but without affecting the shape and proportions of each subject.

170 The 3D-domain of each model was meshed via a free meshing technique in Abaqus software (Abaqus
171 6.14, Simulia, Rhode Island, USA), resulting in meshes of around 3,102,476 second-order tetrahedral

172 elements (C3D10-type element in Abaqus) and 6,259,966 nodes. Mesh size was determined after a
 173 mesh convergence process in which further refinement of the mesh resulted in differences of the results
 174 less than 7%. As a result of this convergence test, hard and soft tissues were respectively discretized
 175 by elements whose mean dimensions were 0.20 and 0.1 mm, respectively in all directions. In those
 176 tissues with almost incompressible behaviour, such as TMJ discs and fibrocartilage layers, hybrid
 177 formulation (C3D10H-type element in Abaqus) was included, whereas for PDLs and their adjacent
 178 trabecular tissue, the porous contribution (C3D10MP-type element in Abaqus) was added.

179 Following previous studies' recommendations [50–52], the effect of a collagen network embedded in
 180 the tissue's matrix was considered in the definition of TMJ discs and cartilaginous layers behaviours.
 181 Hence, the collagen fibres in these tissues were oriented anteroposteriorly in the central region and
 182 forming a ring on the periphery, dividing these tissues in five different regions (anterior, posterior,
 183 central, medial and lateral) with particular mechanical properties and fibres orientations. This complex
 184 fibres embedded behaviour was characterized by a transversally isotropic hyperelastic material model
 185 whose strain energy density function [53] is defined as follows:

$$= \alpha_1 \cdot (\tilde{I}_1 - 3) + \frac{1}{2} \cdot \alpha_2 \{ \alpha_2 \cdot (\tilde{I}_4 - 1)^2 \} - 1 \} + \frac{1}{D} \left(\frac{(\epsilon_{el})^2 - 1}{2} - \epsilon_{el} \right) \quad (1)$$

186 where α_1 is a material constant related to the ground substance; $\alpha_1 > 0$ and $\alpha_2 > 0$ are the parameters
 187 that identify the exponential behaviour due to the presence of collagen fibres; D is the compressibility
 188 modulus; ϵ_{el} is the elastic volume strain, and \tilde{I}_1 and \tilde{I}_4 are terms of the modified invariants that arise
 189 from uncoupling the dilatational and deviatoric responses, respectively. These invariants are defined
 190 as:

$$\tilde{\mathbf{1}} = \tilde{\mathbf{0}} \cdot \tilde{\mathbf{0}} \quad \tilde{\mathbf{4}} = \tilde{\mathbf{0}} \cdot \tilde{\mathbf{0}} \cdot \tilde{\mathbf{0}} \quad (2)$$

191 where $\tilde{\mathbf{0}}$ is unitary vector defining the orientation of the collagen fibres and $\tilde{\mathbf{0}}$ is the modified Green
 192 tensor in the reference configuration defined by the deformation gradient $\tilde{\mathbf{0}}$, as $\tilde{\mathbf{0}}(\hat{\mathbf{i}}) = \tilde{\mathbf{0}}^T \tilde{\mathbf{0}}$. The
 193 stretch ($\hat{\mathbf{i}}$) is defined as the ratio between fibre length in deformed () and in reference configurations
 194 () in direction .

195 Whereas, in the PDLs, the transversely isotropic behaviour caused by collagen fibres was neglected
 196 since the centric occlusion simulated produced mainly intrusive forces which hardly stretched the
 197 collagen fibres [49]. This compressive loading produces a viscoelastic response of the tissue, which
 198 was described in our previous models by the strain energy density function of a highly compressible
 199 isotropic hyperelastic material [54] as follows:

$$= \frac{2}{2} \left[\hat{\mathbf{1}}^\alpha + \hat{\mathbf{2}}^\alpha + \hat{\mathbf{3}}^\alpha - 3 + \frac{1}{el} \left(-\alpha\beta - 1 \right) \right] \quad (3)$$

200 where and are material parameters and the coefficient determines the degree of compressibility
 201 being related to Poisson's ratio, , by $= / (1 - 2)$. Considering that the PDL is a fully saturated
 202 porous tissue (Figure 1.D), the total stress, , is then defined by the second Piola-Kirchhoff stress
 203 tensor of the solid phase of the aforementioned hyperelastic material model, $\bar{\mathbf{}}_s$, and the coupling of
 204 the fluid phase pressure [54] as follows:

$$= (1 -) \cdot \bar{\mathbf{}}_s - \cdot \bar{\mathbf{}}_t \quad (4)$$

205 where is the porosity defined as the ratio of trapped fluid volume ($\bar{\mathbf{}}_f$) to total volume ($\bar{\mathbf{}}_t$) and $\bar{\mathbf{}}_t$ is
 206 the average pressure stress of the interstitial fluid which is related to the Jacobian contribution from

207 the permeability of the tissue by the nonlinear Forchheimer flow law. This law was employed in
 208 Abaqus to describe the fluid flow for a permeability, k , which varies with the deformation by the
 209 exponential permeability function described by [55] for biphasic materials:

$$k = k_0 \left[\frac{(1 + e_0)}{1 + e} \right]^2 \left[\left(\frac{1 + e_0}{1 + e} - 1 \right) \right] \quad (5)$$

210 where e is the void ratio related to the tissue's porosity by $e = v/(1 - v)$, k_0 and e_0 are the
 211 permeability and the void ratio at zero strain, and M is a dimensionless material parameter. To allow
 212 the fluid interaction between PDL and bone, a fluid pressure of 0.0 MPa [56] was set on the surface
 213 where PDLs are attached to the bone (shown in Figure 1.D). Table 2 summarizes the parameters of the
 214 above-mentioned material models and those that define the elastic and porous-elastic behaviour of the
 215 hard tissues.

216 Regarding the external boundary conditions, as it is often assumed in this kind of simulations, the upper
 217 nodes of the skull were fixed (shown in Figure 1.A) and both PDLs and cartilages were connected to
 218 the adjacent bony structures by tied contacts (Figure 1.C and D, respectively).

219 Muscular loads were applied as contractile forces using connector elements (CONN3D2-type element
 220 in Abaqus) which reproduced the passive, active and damping behaviour of the muscles (shown in
 221 Figure 1.A). For the infant participants of this study, these forces were approximated from adult
 222 measurements by considering a lower maximum bite force at childhood than at adulthood. Moreover,
 223 for those subjects with UXB, the muscles' forces and the k_i values in each side have been adapted
 224 for considering respectively -20% [57] and -5% [58] asymmetry indexes. The full process to compute
 225 muscular components and the resultant contractile forces are fully detailed in the appendix B. These
 226 contractile forces were gradually applied for 1.6 seconds mimicking the muscles contraction at

227 maximum intercuspation occlusion. However, the numerical results were not been captured until 2.76
228 seconds in order to simulate the time dependent reactions of the soft tissues at clenching [59].

229 **Table 2.** Mechanical properties assigned to each region of the FE model. E, elastic modulus; ν , Poisson
 230 coefficient; γ_w , specific weight of the interstitial fluid.

Elastic material model

| Region | (MPa) | (-) |
|-------------------------------------|-------|------|
| <i>Cortical bone</i> ^(a) | 20000 | 0.30 |
| <i>Dentin</i> ^(b) | 15000 | 0.31 |

Transversally isotropic material model

| Region | ¹ (MPa) | (MPa ⁻¹) | ¹ (MPa) | ² (-) |
|--|-----------------------|----------------------|-----------------------|---------------------|
| <i>TMJ disc (boys)</i> ^(c) | | | | |
| <i>Anterior</i> | 1.45 | 0 | 0.43 | 0.34 |
| <i>Lateral</i> | 1.45 | 0 | 0.69 | 0.43 |
| <i>Central</i> | 1.45 | 0 | 0.97 | 0.17 |
| <i>Medial</i> | 1.45 | 0 | 0.17 | 1.68 |
| <i>Posterior</i> | 1.45 | 0 | 1.25 | 0.16 |
| <i>TMJ disc (girls)</i> ^(c) | | | | |
| <i>Anterior</i> | 2.4 | 0 | 0.05 | 3.72 |
| <i>Lateral</i> | 2.4 | 0 | 0.11 | 2.52 |
| <i>Central</i> | 2.4 | 0 | 0.75 | 0.87 |
| <i>Medial</i> | 2.4 | 0 | 0.08 | 2.93 |
| <i>Posterior</i> | 2.4 | 0 | 0.31 | 1.44 |
| <i>Cartilages</i> ^(c) | | | | |
| <i>Anterior</i> | 1.65 | 0 | 0.24 | 1.95 |
| <i>Lateral</i> | 1.65 | 0 | 2.58 | 0.43 |
| <i>Central</i> | 1.65 | 0 | 3.77 | 0.21 |
| <i>Medial</i> | 1.65 | 0 | 2.52 | 0.42 |
| <i>Posterior</i> | 1.65 | 0 | 0.16 | 1.92 |

Porous elastic material model

| Region | <i>Solid phase</i> | | <i>Porous phase</i> | | | |
|---------------------------------------|--------------------|------|---|-----|---------------------|-------------------------------------|
| | (MPa) | (-) | ⁰ · 10 ⁻¹⁵ (m ²) | (-) | ⁰ (-) | ^w (N/m ³) |
| <i>Trabecular bone</i> ^(b) | 345 | 0.31 | 52.9 | - | 4 | 9800 |

Porous hyperfoam material model

| Region | <i>Solid phase</i> | | | <i>Porous phase</i> | | | |
|---------------------------|--------------------|------|-------|---|------|---------------------|-------------------------------------|
| | (MPa) | (-) | (-) | ⁰ · 10 ⁻¹⁵ (m ²) | (-) | ⁰ (-) | ^w (N/m ³) |
| <i>PDL</i> ^(b) | 0.03 | 20.9 | 0.257 | 8.81 | 14.2 | 2.33 | 9800 |

a) Lacroix and Prendergast, 2002 [60].

b) Bergomi et al., 2011 [56].

c) Ortún-Terrazas et al., 2020 [61].

231 It is also noteworthy that the insertion of the superior portion of lateral pterygoid in a unique node of
232 the TMJ disc would cause an excessive distortion of the adjacent elements of the disc. For avoiding it,
233 the superficial nodes of the anterior disc band were connected to an intermediate reference point by
234 several multipoint constraint elements (MPC) and then to the muscle insertion (shown in Figure 1.C).
235 On the other hand, the TMJ disc posterior attachment was modelled by spring elements (shown in
236 Figure 1.C) of 0.008 N/mm stiffness, as in an elsewhere study [62]. Finally, the sliding contacts
237 between teeth and disc-cartilages were defined respectively by friction coefficients of 0.2 [63], and
238 0.015 [64] using a penalty formulation (Figures 1.D and C).

239 **2.2 Occlusal analysis by T-Scan**

240 The dental cusps reconstructed were then assembled on two thin sheets of 0.5 mm thickness (shown in
241 Figure C.1) and exported through the slicer software (Ultimaker Cura 3.6.0, Geldermalsen,
242 Netherlands) to the desktop printer Ultimaker 3 (Ultimaker B.V., the Netherlands) for 3D-printing
243 (layer height: 0.06 mm; wall thickness: 1 mm; infill density: 40%; speed: 60 mm/s; temperature: 195
244 °C). For printing the dental arches and their respective external holders, Polylactic Acid (PLA-
245 Ultimaker BV, Geldermalsen, Netherlands) material (= 2346.5) was used. The inferior holder
246 was fixed in the assembly, while the superior one could just move vertically (shown in Figure C.1.A
247 of the appendix C) since, as described in the previous section, the initial position of the model was
248 already situated at maximum intercuspatation, and it is just necessary a minimal vertical displacement to
249 contact both dental arches.

250 To perform the experimental test, a piezoelectric film sensor was introduced between the 3D printed
251 superior and inferior teeth arcades. This sensor records the occlusal contacts at maximum
252 intercuspatation by means of a T-Scan III system (Tek-Scan South Boston, MA, USA) (the assembly
253 can be seen in Figure C.1). The piezoelectric film was a 100- μ m-thick mylar-encased recording sensor

254 with 1500 compressible sensitive receptor points and was inserted into a plastic U-shaped device. The
255 U-shaped device was positioned parallel to the upper occlusal plane and centred along the midline
256 between the upper central incisor teeth by a dentist with expertise in occlusal analysis. Then, a 2-kg-
257 weight was applied to the superior component of the assembly to record the normalized contact
258 pressures. The load value was computed by an inverse FE analysis in a way that the stress did not
259 produce a noticeable deformation (minimum principal strain $< 0.01 \epsilon$) on the printed samples which
260 could modify the occlusal plane. Apart from avoiding occlusal malformations, the load's magnitude
261 had not a quantifiable effect on the results recorded by the T-Scan III system, since the system
262 computed just the relative percentage of the total contact load recorded. This procedure was repeated
263 three times for each case in order to check the sensitivity of the test. Afterwards, the occlusal patterns
264 recorded were plotted in the T-Scan v10 software, as can be seen in Figure 2.

265 On the other hand, as it had been conducted in our previous study [59], the contact pressures in the
266 computational models were recorded using a virtual square-shape film of 0.1 mm thickness positioned
267 as in the experimental test. This virtual film was composed of 7,200 second-order quadrilateral
268 membrane elements (M3D8-type element in Abaqus) and its behaviour was defined based on the linear
269 elastic properties of Mylar840 material (DuPont; $E = 5$ and $\nu = 0.3$). With the upper nodes of
270 the skull fixed, the contractile forces described in section 2.1 were applied to the model. Although the
271 models were initially placed in the maximum intercuspation position, muscular forces were needed to
272 engage the occlusal pattern on the virtual film. Finally, to display the relative percentages computed as
273 those measured by the T-Scan III system, a 3D bars graph was developed in MATLAB (MATLAB 6.0
274 R12 The MathWorks Inc., Natick, MA, 2000). The height of the bars in this graph shows the contact
275 pressure in the centroid of each film-element, while the width and depth represent its location in the
276 reticule of the virtual film (80 x 90 elements). Both contact and location data were firstly extracted
277 from Abaqus' output file through a Python script ("Python 3.5.2, Python Software Foundation").

278 **2.3 Morphological and statistical 3D-analysis**

279 The first step of this morphological analysis was, therefore, to define an appropriate sagittal midplane
280 [65] which divides the craniofacial complex by compensating any asymmetrical variations. Thus, a
281 new model was symmetrically copied from an approximate midplane which had been defined by the
282 midpoints of the glabella, menton and pharyngeal tubercle. The mirrored model was then aligned to
283 the original one through applying the Iterative Closest Point (ICP) algorithm. The combination of these
284 point clouds, original and mirrored ones, provided an ideal symmetrical model of the patient whose
285 first three eigenvectors established the desired sagittal midplane [42]. Eigenvectors of this idealized
286 model were then computed through Principal Component Analysis (PCA) of the points that constituted
287 the 3D model. As a result, this midplane was used to build a new mirrored model which serve to
288 compute the normal distance with the original model, i.e. to compute the morphological differences
289 between both hemifacial sides. All these operations were performed in MATLAB, while the plotting
290 of normal distances was displayed in Paraview software (Paraview v5.6, National Technology &
291 Engineering Solutions of Sandia, New Mexico). On the other hand, for the statistical study, the
292 differences between the 6 bilateral measurements of both halves were tested by a Mann-Whitney U
293 test (significance level ≤ 0.05) in both groups and halves. All statistical analyses were performed
294 using SPSS software (SPSS software, v. 16.0; SPSS Inc., Chicago, IL). More details about these both
295 procedures can be found in our previous publication [42].

296 **3 Results**

297 **3.1 Occlusal contacts**

298 Figure 2 displays both the bar graphs and the coloured mapping generated by the T-Scan, and those
299 pressures computed by the FE simulation on the contact surfaces of each subject in both groups. The
300 colour maps show the relative occlusal contact for each patient and the relative occlusion percentages
301 on each hemiarch. In supplementary Table B.2, the numerical values of the mean, standard deviations,
302 relative errors and asymmetrical index (AI) of both groups are summarized. Basically, a positive score
303 of AI indicates superiority of the occlusal force on the right side, whereas a negative score indicates
304 superiority on the left side. In all cases of the control group, the percentage difference between the
305 measured occlusal contacts of both sides was below 12 %, with mean values (\pm SD) of 46.8 % and
306 53.2% (\pm 3.7) Whereas, in the UXB group, the difference between the pressures in both halves exceeds
307 even 42% (S10), being always greater on the XS (mean value 62%) than on the NXS (mean value
308 38%). This imbalance produces a negative IA in all cases. Similar results were obtained by the FE
309 approach, with also a greater percentage of occlusion on the XS (61%) than on the NXS (39%). As a
310 result of the comparison between the numerical and experimental results, percent errors between both
311 approaches were lower than 3.5 % for the control group and below 6 % for the UXB group.
312 Furthermore, as can be seen in Figure 2, the occlusal pattern in both approaches was quite similar, with
313 maximum values (red regions in Figure 2) on the same pairs of teeth. Meanwhile, the greatest
314 differences occur in those contacts of low level (blue regions in Figure 2), resulting in almost negligible
315 differences in the total occlusal percentages on both halves.

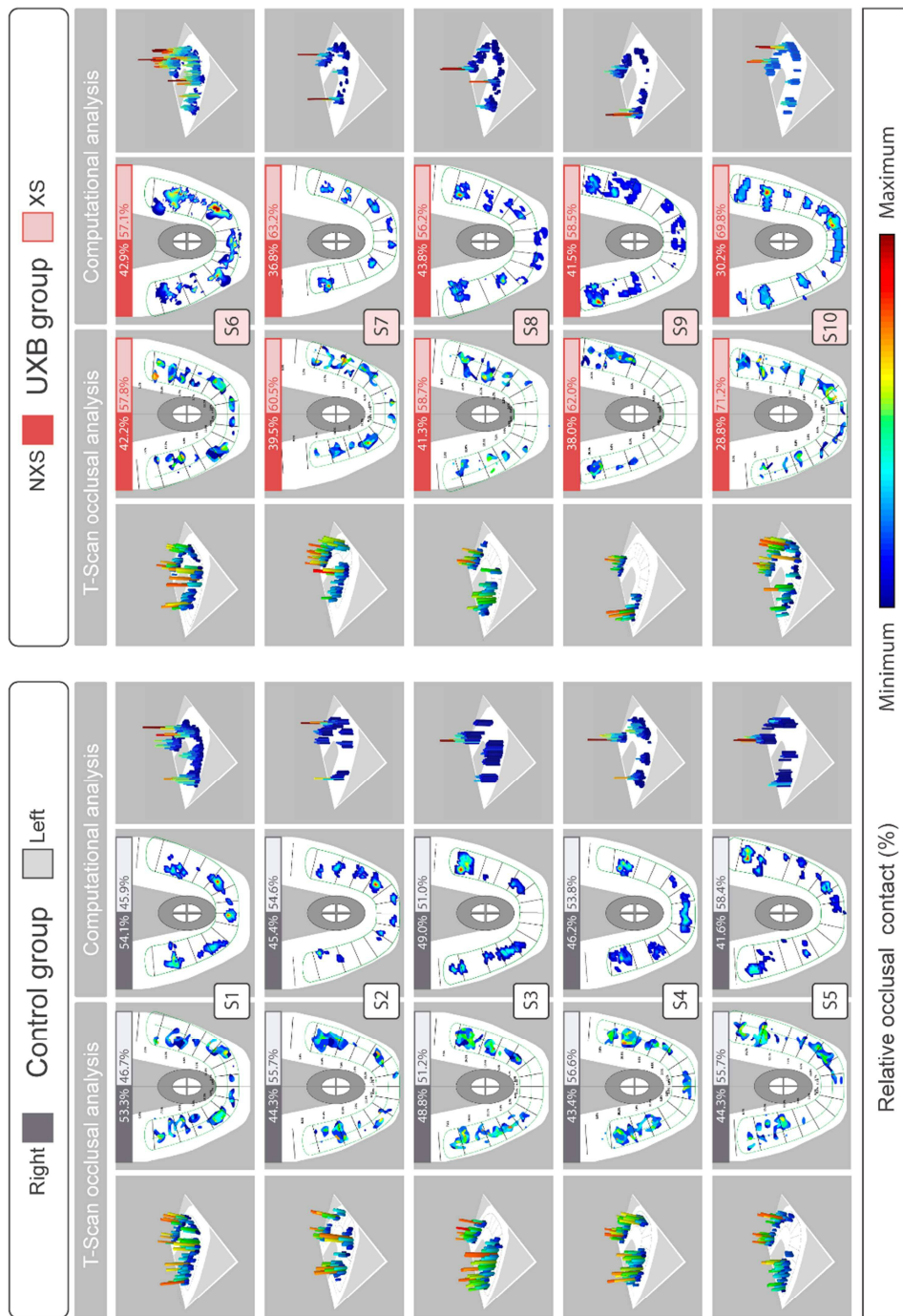


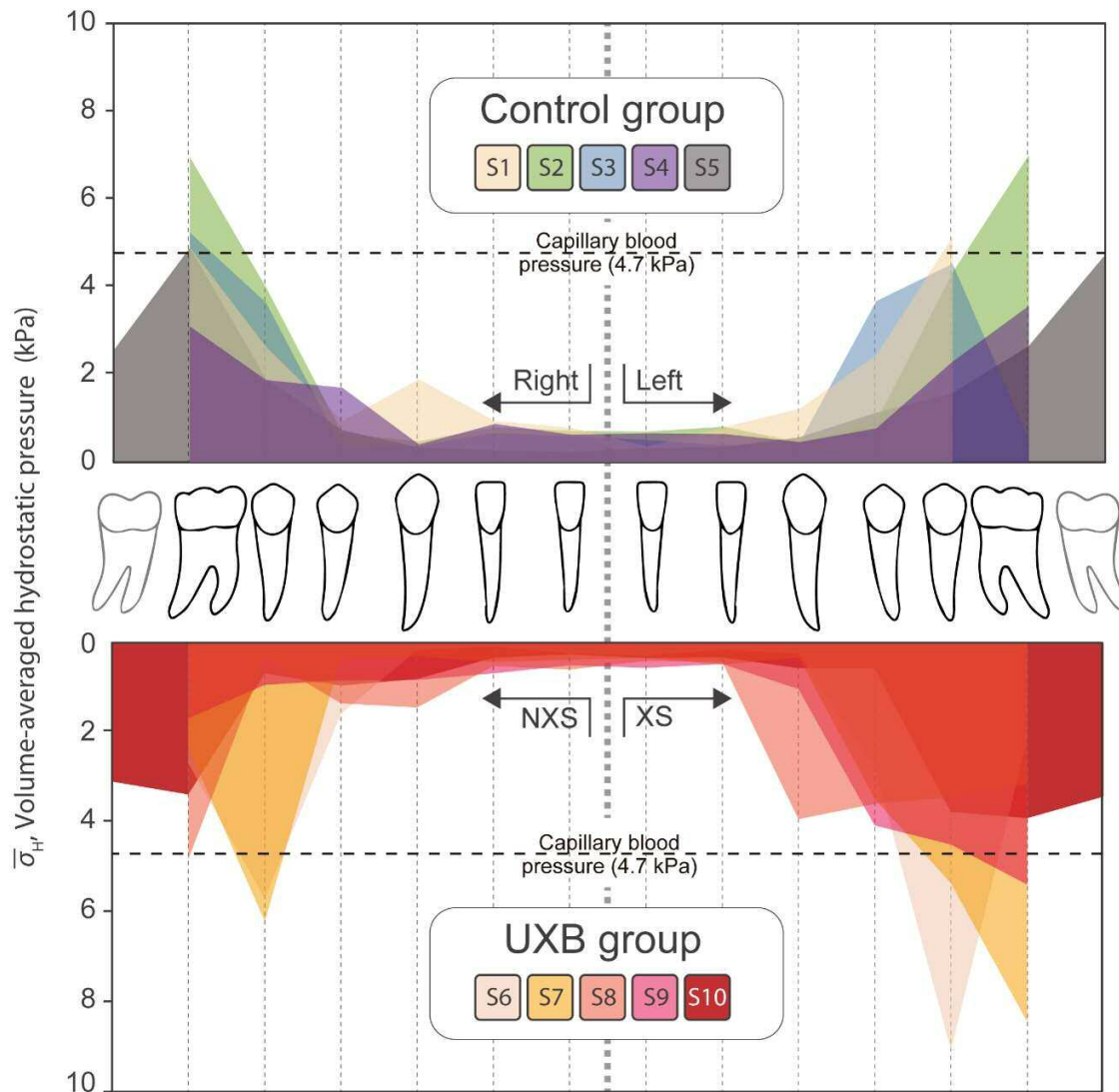
Figure 2. Perspective and top views of the occlusal records by the T-Scan III system and those computed through the FE analysis in each patient of the control group (left box) and the UXB group (right box).

316 3.2 Mechanical results

317 As was introduced, the occlusal forces subject PDLs to compressive stresses and strains, increasing,
 318 therefore, the hydrostatic pressure in the PDL's interstitial fluid. For many researchers [66–68], this

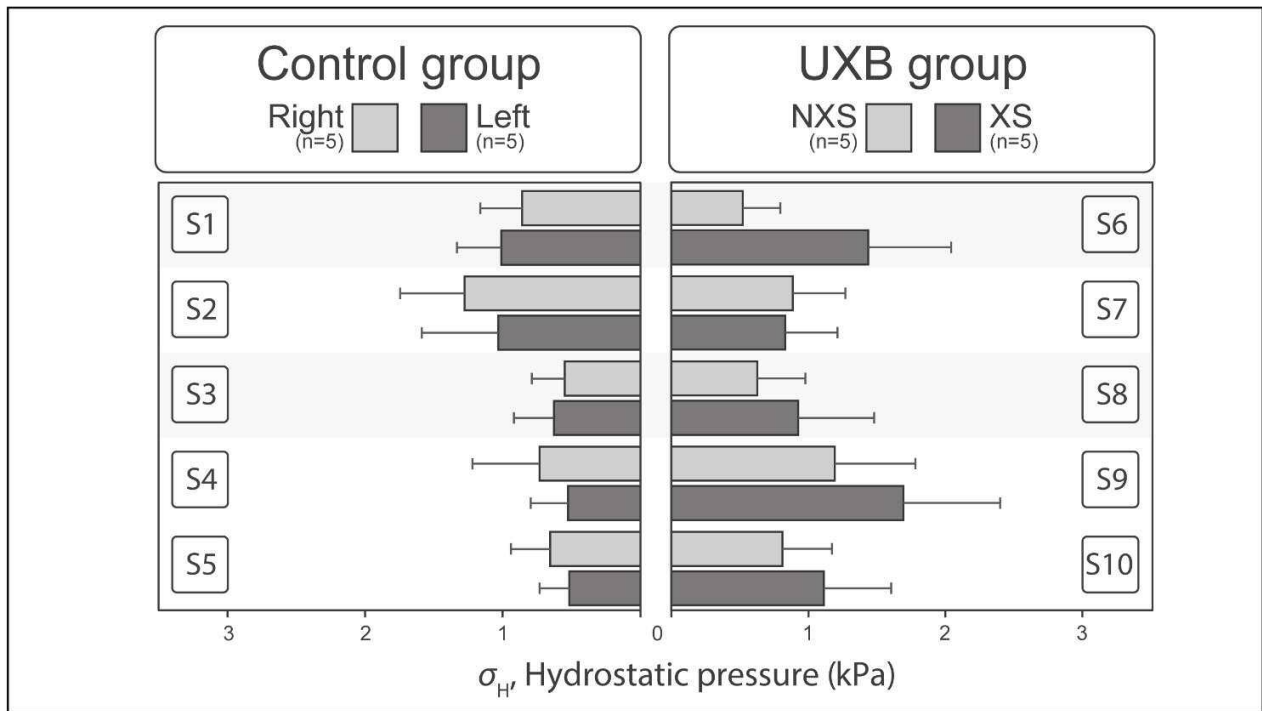
319 increment is the main responsible of the tooth movement and bone remodelling process as it was first
320 introduced by Schwarz in 1932 [69]. According to this "pressure-tension" theory, the overpressure
321 could collapse the PDL's capillaries partially or completely, leading to a bone remodelling processes
322 which may cause dental movement [68]. Physiologically, the range of capillary blood pressure has
323 been stated to be within 2–4.7 kPa (15-35 mmHg) [70]. From this point of view, it is generally accepted
324 [68] that bone remodelling occurs for values higher than 4.7 kPa of the volume-averaged hydrostatic
325 pressure \bar{p}_H . In our study, this variable was plotted for each PDL of the mandibular teeth in Figure 3,
326 computing in each PDL element the \bar{p}_H as $\bar{p}_H = (\sum_e p_H^e \cdot v^e) / \sum_e v^e$ where p_H^e and v^e are respectively
327 the hydrostatic pressure and the volume of an element, [68].

328 Hence, in the control group, the hydrostatic pressure was uniformly distributed along the PDLs of both
329 halves, being greater in the posterior teeth than in the anterior ones. In those cases (i.e. see S2 in Figure
330 3) where the PDL's hydrostatic pressure overcame the maximum capillary blood pressure ($\bar{p}_H^* =$
331 4.7kPa) in one of the hemiarches, the hydrostatic reaction in the PDL of the other side was similar,
332 potentially leading to symmetrical growth of both halves. Contrariwise, in the UXB group, the PDL's
333 reactions were unbalanced in agreement with the occlusal analysis results, being always greater in the
334 XS than in the NXS. In fact, in almost three of UXB subjects, \bar{p}_H exceeded the capillary blood in the
335 XS. Finally, it is also noticeable that older subjects (S5 and S10) showed PDL's reactions in the second
336 molar' ligaments due to the eruption of these teeth.



337 **Figure 3.** Volume-averaged hydrostatic pressure in each PDL of the inferior teeth of the patients of the
 338 Control (top) and UXB (bottom) groups. (For interpretation of the references to colour in this figure
 339 legend, the reader is referred to the web version of this article).

340 Likewise, based on the "pressure-tension" theory, the hydrostatic pressure of the cartilages could
 341 explain some of the morphological changes of the joint spaces and the condyle [26,27]. Hence, Figure
 342 4 shows the difference in hydrostatic pressure between the two condylar cartilages, which is greater in
 343 the XS of UXB patients. As can be seen in Table 3, it is also notable that this pressure is higher in the
 344 condylar cartilage of the XS (1.16 ± 0.54 kPa) than in the one of the NXS side (0.78 ± 0.38 kPa).



345

346 **Figure. 4** Bar chart showing the mean value \pm SD of the hydrostatic pressure in both condylar cartilages
 347 of the control and UXB groups.

348 Besides the pressure-tension theory [69], mandibular bone remodelling is often explained through the
 349 distortion or bending of the alveolar bone by the Frost mechanostat theory [71,72]. Regarding this, the
 350 minimum effective strain ϵ_e is generally used as a measure of the overall tissue deformation gradient,
 351 being expressed from components of principal strains ($\epsilon_1, \epsilon_2, \epsilon_3$) by $\epsilon_e =$
 352 $\sqrt{0.5 \cdot [(\epsilon_1 - \epsilon_2)^2 + (\epsilon_2 - \epsilon_3)^2 + (\epsilon_3 - \epsilon_1)^2]}$. During physiological activities, osteoblasts and
 353 osteoclasts work synchronously in a range between 0.0008 to 0.002-unit bone surface strain, which is
 354 often referred to lazy region. For ϵ_e above this range, however, it is generally assumed that the bone
 355 volume could increase [72–74]. To evaluate the mandibular growth in our models according to this
 356 rule, the distribution of ϵ_e in both mandibular halves of each model was shown in Figure 5. Red regions
 357 represented those areas in which bone apposition may occur following this mechanostat theory. As can
 358 be shown, higher strains were obtained at the coronoid processes and in the middle of the mandibular

359 ramus as a result of the temporal and masseter muscle insertions respectively. Apart from these regions,
 360 it is also remarkable ϵ_e values in the mandibular angle region, which are particularly pronounced on
 361 the XS side of the UXB patients. By contrast, in the control patients the ϵ_e distribution was more
 362 balanced in both halves with maximum ϵ_e values in both molar regions.

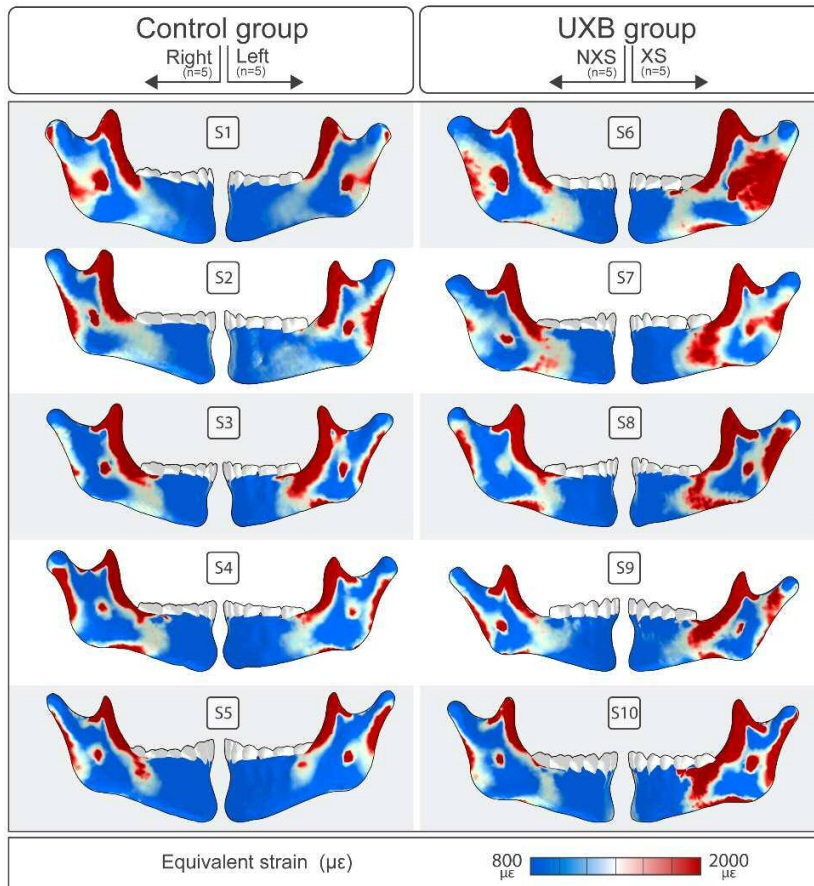
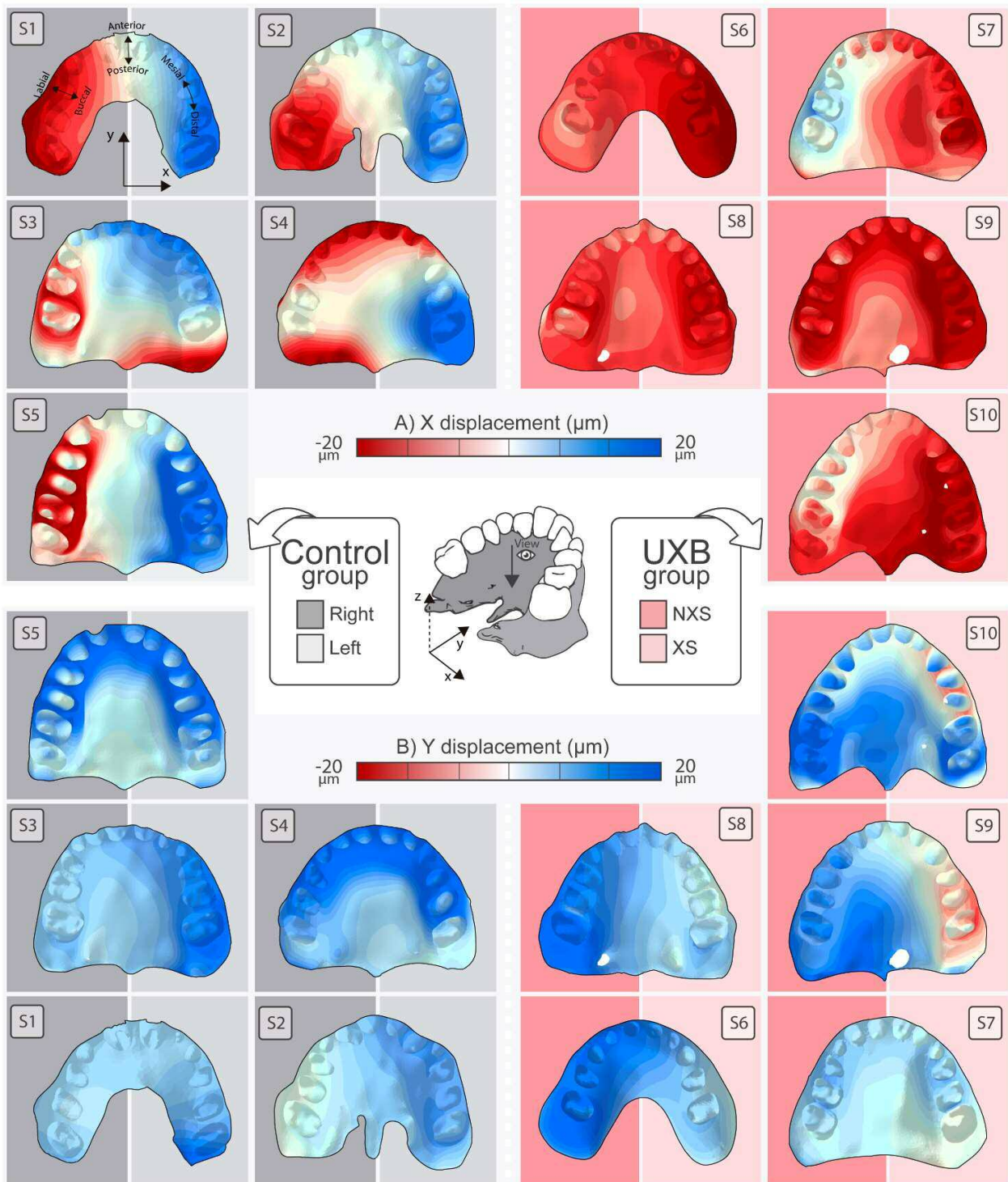


Figure 5. Distribution of the equivalent strain in both mandibular halves of those subjects of the control (left) and UXB groups (right).

363 In addition to the stress and strain results, the micro displacement patterns of the craniofacial structures
 364 were gathered from the FE analysis. Figure 6.A shows the lateral displacements of the maxilla (x-
 365 direction) while Figure 6.B shows its displacements in the anteroposterior direction (y-direction). Note
 366 that most control patients (S1, S4 and S5) show a symmetrical forward movement of the maxilla. The
 367 lateral displacement of each hemiarch was produced symmetrically towards a labial direction,
 368 potentially blending the maxilla around its sagittal midplane as part of a physiological expansion. In

369 other cases (S2 and S3), maxilla's displacements were less pronounced and symmetric but always
370 moves towards the anterior- labial direction. In UXB subjects, however, a non-symmetrical lateral
371 displacement was observed, being mainly oriented towards the NXS. In fact, S7's maxilla experienced
372 just the opposite movement that the observed in the control group, i.e. a displacement in labial
373 direction. Likewise, the anterior displacement was neither symmetrical, being it greater on the NXS
374 than on the opposite side. In the S9's maxilla, indeed, the hemiarch of the XS was posteriorly displaced.



375 **Figure 6.** A) Lateral and B) anterior displacements of the maxilla in those subjects of the control (left)
 376 and UXB groups (right). Blue colour means positive displacement while red colour refers to negative
 377 displacements.

378 These differences were also noted on the upward displacement of craniofacial structures (shown in
 379 Figure 7). Whereas in control subjects, the occlusion moves the zygomatic and maxillary regions
 380 symmetrically and upward, in UXB subjects, this movement was just experimented by the XS' halve.

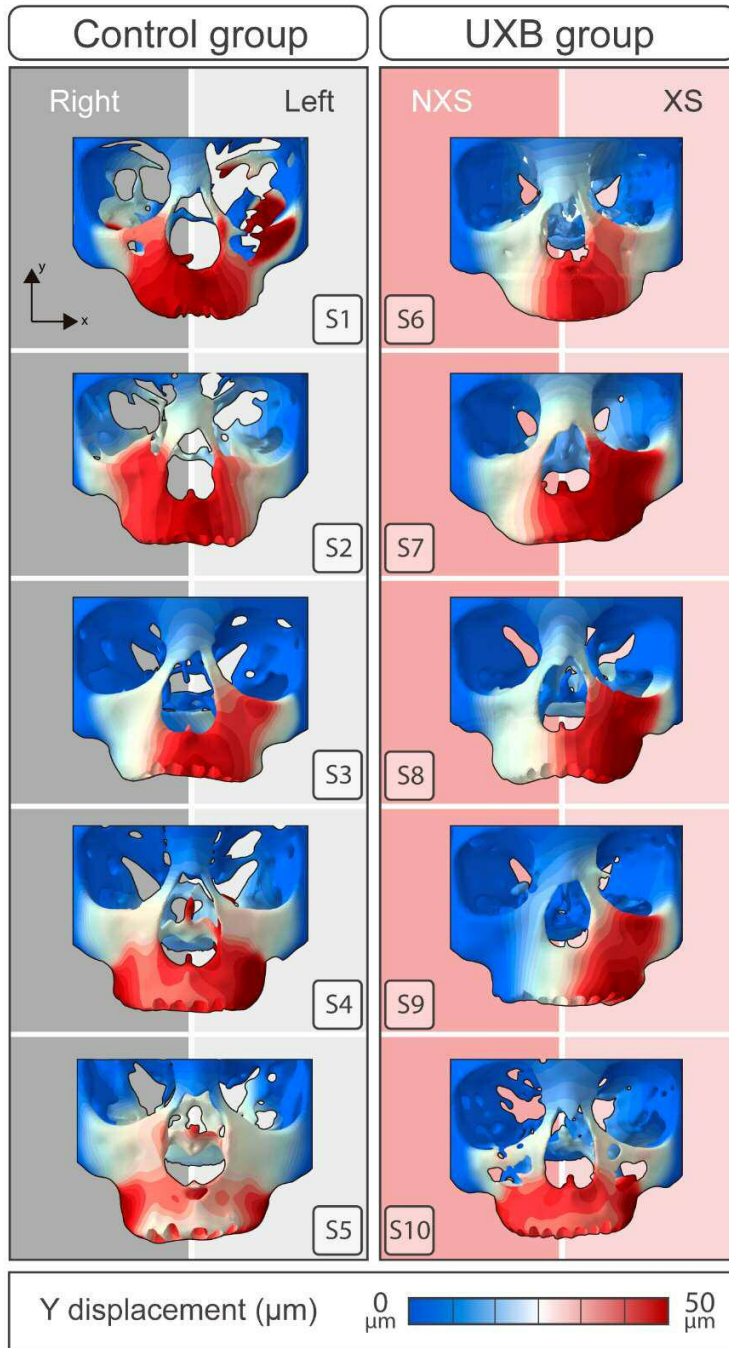


Figure 7. Coronal displacements of the skull in those subjects of the control (left) and UXB (right) groups. Red colour indicates upward movement, whereas blue colour denotes no displacement.

381 The above-mentioned mechanical results are summarised in Table 3. In the case of mandibular
 382 deformation and skull shift, the volume in mm³ with more than 2000 $\mu\epsilon$ deformation or 50 μm
 383 displacement has been calculated respectively. Hence, it can be shown clearly that the crossbite
 384 presents a greater imbalance in the hydrostatic pressures of the soft tissues (PDLs and condylar
 385 cartilages), in the deformation of the mandible and the cranial misalignment, being in all of them,
 386 greater in the XS than in the contralateral side.

| | <i>Control group</i> | | <i>UXB group</i> | |
|---|----------------------|-----------------|------------------|------------------|
| | Right (n = 5) | Left (n = 5) | NXS (n = 5) | XS (n = 5) |
| <i>Biomechanical measures</i> | Mean \pm SD | Mean \pm SD | Mean \pm SD | Mean \pm SD |
| PDL hydrostatic pressure (kPa) | 1.17 \pm 1.76 | 1.10 \pm 1.71 | 1.04 \pm 1.71 | 2.50 \pm 2.39 |
| Condylar hydrostatic pressure (kPa) | 0.78 \pm 0.34 | 0.71 \pm 0.32 | 0.78 \pm 0.38 | 1.16 \pm 0.54 |
| Oclusal pressure (%) | 47.3 \pm 4.2 | 52.7 \pm 4.2 | 39.0 \pm 5.6 | 61.0 \pm 5.6 |
| Mandible volume with $\epsilon > 2000 \mu\epsilon$ (mm ³) | 2877 \pm 325 | 3018 \pm 409 | 2793 \pm 338 | 4111 \pm 535 |
| Skull volume displaced $> 50 \mu\text{m}$ (mm ³) in coronal direction | 6994 \pm 4850 | 8075 \pm 3312 | 4388 \pm 2209 | 11388 \pm 1661 |

387 **Table 3** Mean and standard deviation of the mechanical variables computed on both sides of the models
 388 from the control and UXB groups.

389 **3.3 Morphological results**

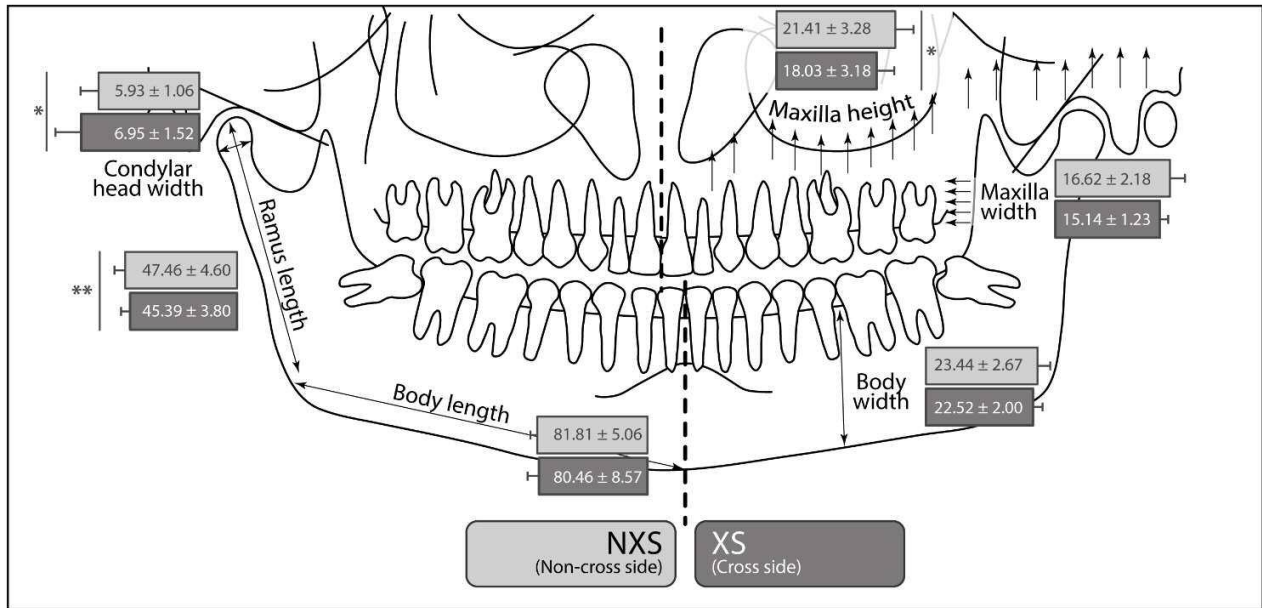
390 Finally, the normal distances between the surfaces of the original model and the mirrored one in each
 391 model of both groups were presented in Figure 8. From these results, as might be anticipated, the
 392 morphological difference between both halves was greater in UXB patients (out of ± 3 mm range) than
 393 in the control subjects (within ± 2 mm range). A common aspect in all UXS patients was the backward
 394 position of the maxilla in the XS in comparison with its counterpart. This finding can also be observed
 395 in the average width of the maxilla (Table 4), being narrower for the hemimaxilla of the XS. Moreover,

396 the mandible of these subjects was more forward on the XS side than on the NXS, except for S8 where
 397 just the contrary effect was obtained. This effect is caused because of the inherent definition of the
 398 crossbite, since the mandibular teeth occlude on the buccal side of the upper teeth, shifting the mandible
 399 to a more outward position on XS. The morphological variations between both sides were also
 400 noticeable in the temporal and zygomatic regions which were in a more posterior and upward position
 401 in the XS than in the NXS.



Figure 8. Normal distance between the original model and a mirrored model of the subjects of the control (left) and UXB (right) groups. Positive values (blue) means a forward position of this region against its counterpart, while negative values (red) indicate the backward position of the region.

402 Some of these morphological alterations were statistically quantified by Mann-Whitney analysis. Table
 403 4 and Figure 9 show the mean values (\pm SD) of the computed bilateral measurements and their p-value
 404 signification. As can be seen, a significant difference was observed between the two sides in the width
 405 of the condyle, the length of the mandibular ramus, and the height of the maxillary region.



406 **Figure. 9** Panoramic scheme of the morphological changes of the craniofacial complex in a patient
 407 with facial asymmetry. Bar chart showing the mean value \pm SD of the measurements of the NXS (light
 408 grey) and XS (dark grey). Significant difference at $p < 0.05$ (*) and $p < 0.01$ (**).

| Bilateral measurements | Control group | | Mann – Whitney p value | UXB group | | Mann – Whitney p value |
|------------------------|------------------|------------------|------------------------|------------------|------------------|------------------------|
| | Right (n = 5) | Left (n = 5) | | NXS (n = 5) | XS (n = 5) | |
| | Mean \pm SD | Mean \pm SD | | Mean \pm SD | Mean \pm SD | |
| Body length | 79.91 \pm 2.39 | 81.80 \pm 3.48 | 0.4206 | 81.81 \pm 5.06 | 80.46 \pm 8.57 | 0.5442 |
| Body width | 21.87 \pm 2.88 | 21.17 \pm 1.12 | 0.8413 | 23.44 \pm 2.67 | 22.52 \pm 2.00 | 0.8474 |
| Condylar head width | 5.23 \pm 0.84 | 6.01 \pm 1.68 | 0.5476 | 5.93 \pm 1.06 | 6.95 \pm 1.52 | 0.0416* |
| Maxilla height | 19.01 \pm 1.66 | 20.65 \pm 3.83 | 0.5476 | 21.41 \pm 3.28 | 18.03 \pm 3.18 | 0.0372* |
| Maxilla width | 15.97 \pm 1.73 | 17.29 \pm 0.45 | 0.1508 | 16.62 \pm 2.18 | 15.14 \pm 1.23 | 0.0511 |
| Ramus length | 46.45 \pm 2.90 | 48.44 \pm 2.70 | 0.5476 | 47.46 \pm 4.60 | 45.39 \pm 3.80 | 0.0087** |

409 **Table 4** Comparison between the bilateral measurements of both sides in control and UXB groups.
 410 *Significant difference at $p < 0.05$ (*); $p < 0.01$ (**).

411 **4 Discussion**

412 As was previously introduced, many clinical [14,15] and computational [31,34–36] studies have
413 attempted to understand the influence of the dental occlusion in the craniofacial development, and
414 consequently, the influence of dental malocclusions in the craniofacial malformations. Nevertheless,
415 the mechano-morphological relationship of craniofacial development during childhood is still
416 uncertain [75]. This uncertainty is mainly caused by the difficulty of evaluating biomechanically the
417 craniofacial complex through the conventional experimental techniques [31] and because of the
418 limitations of the computational methods, such as the developing of accurate FE models [37,38] of
419 paediatric subjects. Fortunately, recent technological advances in 3D cephalometric images acquisition
420 have allowed reducing the radiation for the patient in diagnosis, facilitating the craniofacial 3D
421 modelling also in children. Moreover, the extended use of new devices for non-invasive occlusal
422 analyses has encouraged checking the accuracy of these computational models. The aim of this study
423 was, therefore, to demonstrate, the relationship between their craniofacial morphology with the
424 occlusion, or rather between the asymmetrical morphology and the unilateral occlusion, through the
425 development of complex and accurate FE models of paediatric subjects. Hence, the stress, strain and
426 displacements computed from FE analyses at maximum intercuspation occlusion were compared with
427 the asymmetrical morphology identified after a morphological 3D-analysis [42]. Although most of the
428 population has a preferential chewing side, just in the most severe cases an unbalance in the occlusion
429 occurs. Likewise, our occlusal analysis' outcomes (Figure 2) showed that the occlusal pattern in the
430 control subjects was almost symmetrical with AI below 13.5 %. Consequently, it could be indicated
431 that in these subjects the maximum intercuspation position coincides almost with the centric occlusion.
432 According to the AI sign, however, our results suggest also that left side could be the referenced one
433 in no pathological cases, in contrast with other studies [76–78] in which right side was found as
434 preferential chewing side. This inconsistency with literature, however, could be explained by the

435 modest size of our sample, in comparison with other clinical studies [76,77]. Furthermore, the low AI
436 does not necessary mean an anomaly in the centred position of the occlusion [6] for these patients. On
437 the contrary, in most UXB patients, the AI was greater than 20% and exceeds even 42% in S10, being
438 in all cases the crossed side the one with the major occlusion. This result had been already observed
439 by other clinical studies [79,80] which found that the occlusal contact is often shifted to the XS in
440 patients with facial asymmetry. The occlusion patterns were also accurately simulated by our FE
441 analyses, with an average relative error below 6%, which was close to the reliability errors of the T-
442 Scan measurements [81]. These results prove, therefore, the truthfulness of our computational approach
443 and its applicability to the goal of this study.

444 Besides the noticeable occlusal imbalance, UXB resulted also to an asymmetric distribution of the
445 mechanical variables in the craniofacial complex, which could account some shape, size and position
446 alterations that have been clinically observed previously [14,19,82]. In the case of the subjects of our
447 study, these skeletal malformations were clearly highlighted through the 3D morphological and
448 statistical analyses explained in section 3.3. Hence, apart from the specific variations of each subject,
449 UXB patients displayed a common asymmetrical development on the mandible, maxilla and zygomatic
450 region (shown in Figure 8). These variations, according to the FMH, could be explained by two
451 different functional matrices: the periosteal and the capsular ones [83]. The first mainly modified the
452 size and shape of the mandible, while the second altered the spatial position of the maxilla and cranial
453 regions [84].

454 From the periosteal matrix perspective, our numerical results (shown in Figures 3 and 4) could explain
455 some of the mandibular malformations founded in those subjects with UXB such as the more exterior
456 position of the mandibular body, and the increase of the body and condyle width in the XS (shown in
457 Figure 9 and Table 4). Hence, following the approach of other computational studies [67,85], we

458 studied the periosteal functional matrix and condylar growth by the hydrostatic pressure (shown in
459 Figure 3 and Figure 4) and the mandibular deformation (shown in Figure 5) following the principles
460 of the pressure-tension [69] and Frost mechanostat [71,72] theories respectively. Applying them to our
461 numerical results, bone remodelling and apposition patterns in the mandible could be described.

462 Hence, according to our results, the occlusion in those subjects with no UXB produced almost a
463 symmetrical distribution of the hydrostatic pressure in the PDL's of both mandible's body halves. The
464 symmetry was also found in those PDLs that exceeded the capillary blood pressure. According to the
465 principles of the pressure-tension [69], this overpressure in both sides would lead to an almost
466 symmetrical bone remodelling [68] of the mandible. Contrariwise, in the case of patients with UXB,
467 an imbalance in the periodontal reaction was observed. Because of this imbalance, the hydrostatic
468 pressure in several PDLs of the XS, mainly in the posterior PDLs, was higher than in those of the NXS,
469 leading to a potentially overdevelopment of the mandible's XS side, as the observed in the
470 morphological and statistical analysis (shown in Figure 9). Furthermore, as a result of periodontal
471 overpressure, the bone remodelling around those teeth could occur, potentially leading to dental
472 movements in the teeth of the XS [85]. This movement of XS' teeth would therefore aggravate and be
473 responsible for UXB worsening over time. Thereby, our outcomes could serve as an analytical
474 demonstration of the need of early treatments to correct malocclusions during childhood, as has already
475 been empirically supported in several clinical studies [11,12,14,15].

476 On the other hand, the pressure imbalance was also noted in the condylar cartilages of UXB patients
477 (Figure 4). According to the pressure-tension theory, this over-pressure in the XS's condyle (Table 3)
478 could be behind the increase of the condylar thickness of the XS (shown in Figure 9). In paediatric
479 patients, however, some studies [86,87] have not identified these morphological alterations early, since
480 they may consolidate during adolescence [9,12].

481 Besides the effect of the periodontal stimulation on the development of the mandibular body, the
482 principles of the Frost mechanostat theory [71,72] were also used to study the development of other
483 mandibular regions, such as the mandibular branch or the posterior alveolar region. Results in Figure
484 5 display how centric occlusion leads to an almost-symmetric ϵ_e distribution in the mandibles of non-
485 UXB patients. Based on mechanostat theory principles, this balanced distribution leads to an almost
486 symmetrical mandible's development. In addition to the symmetrical distribution of ϵ_e , it is noteworthy
487 that ϵ_e values above the upper limit of the lazy region (red regions in Figure 5) are only produced in
488 those areas where the temporal and masseter muscles are inserted. Nevertheless, the strain state in these
489 areas has not a useful meaning since it is caused by the concentration of local deformations on
490 connector elements' attachments. By contrast, in UXB patients the ϵ_e distribution was non-symmetric,
491 which could lead to an asymmetrical development of the mandible, according to the mechanostat
492 theory [71,72]. Besides, in all UXB's cases, it was also found that effective minimum strain in the
493 molar and posterior regions of the mandibular half of the XS deformed is greater 0.002. This finding
494 could provide an analytical proof of the periosteal matrix's' role in the craniofacial development and
495 could supply an analytical evidence of a possible bone apposition in these regions, in agreement with
496 previous clinical observations [19,20].

497 On the other hand, according to the FMH, the capsular matrix [84] of the mandible may be responsible
498 for the asymmetry in the length of the mandibular ramus and body in patients with crossbite (see Table
499 4 and Figure 9). Based on the explanations of other authors [9,12], unilateral crossbite shifts the
500 mandible towards the crossed side [16–18] producing a stretch of the mandibular structure of the
501 contralateral side.

502 FMH is also responsible for the spatial transformations in the craniofacial regions, such as the more
503 retracted and elevated position of the maxilla or zygomatic regions in the XS [83]. These spatial micro

504 displacements, however, are difficult to measure experimentally because of their small size.
505 Fortunately, computational approach, as the followed here, allowed us to identify the relative
506 movements of these parts [82,88] through the nodes' displacements (shown in Figures 6 and 7).
507 Therefore, it was found that the upper maxilla moved almost symmetrically along labial direction
508 (shown in Figure 6.A) when the occlusion of non-UXB subjects was simulated. This movement could
509 be interpreted according to its functional matrix as normal opening movement of it to the sagittal
510 midplane [89]. In UXB patients, however, this movement was only followed by the NXS, whereas the
511 counterpart moved towards the buccal direction (shown in Figure 6.A). In this case, the maxilla
512 displacement could indicate just an inverse growth pattern, i.e. a narrowed development, as it was
513 already noted in some clinical studies [21,90]. Likewise, this result was consistent with the
514 displacement patterns and with the narrowing of its transverse dimension reported in our 3D
515 morphological analysis (shown in Figure 8).

516 Regarding the anterior-posterior displacements of the maxilla (shown in Figure 6.B), it was found that
517 non-UXB patients experienced a slight forward movement of the whole maxilla, while UXB patients
518 experienced only the forward movement on the NXS. Indeed, in subjects S9 and S10, there was even
519 a backward movement of the half maxilla of XS, which could represent the maxilla rotation around the
520 sagittal axis, as had been previously reported [90].

521 As a consequence of the reaction of upper teeth, the occlusion causes the upward movement of the
522 maxilla and consequently of the adjacent zygomatic region (shown in Figure 7). In non-UXB patients,
523 this upward movement was practically symmetrical throughout the whole maxilla (see red regions in
524 Figure 7). Nevertheless, in those patients with UXB, the unilateral occlusion caused just this effect in
525 the XS (shown in Figure 7). This result is in agreement with recent clinical findings [91], which have
526 found a significant elevation of the zygomatic region of the XS in patients with UXB. This finding was

527 also consistent with the results of our 3D morphological analysis (see Figure 8), which displayed a
528 clear asymmetry in the maxillary-zygomatic regions possibly caused by the upward movement of these
529 regions at the unilateral occlusion. In some cases, such as S6 and S7 ones, the spatial asymmetry was
530 even extended to the temporal region of the skull, which could additionally be influenced by the
531 functional asymmetry of the chewing muscles. From our results, therefore, it is possible to establish a
532 relationship between the craniofacial structures' movements with their spatial positioning, in
533 agreement with their capsule matrixes.

534 This computational approach is, therefore, an important step in the study of FMH by computational
535 models since it allows relating the mechanical stimulation of unilateral occlusion with the craniofacial
536 development in children with UXB. Furthermore, up to now, this study presents the widest sample of
537 craniofacial complex's FE models of children to study the FMH. It is also remarkable that the
538 mechanical properties, muscular forces and modelling techniques here summarized could be a good
539 reference for future engineers, researchers and clinical experts in the modelling of the paediatric
540 craniofacial complex.

541 **4.1 Study limitations**

542 This study presents, however, several limitations that must be considered for the interpretation of the
543 results and that future studies should address. Firstly, as is common in computational studies [40,41],
544 the sample size was smaller than those used in clinical studies of the literature [15,16,19]. This
545 limitation is mainly due to the computational models requiring much more post-processing of the
546 images than the one needed for clinical studies. In addition, the complexity of the shapes and the many
547 contacts involved in the craniofacial complex complicate the modelling and convergence of
548 computational models, in comparison to others with simpler geometries such as the femur [92,93]. On
549 the hand, the sample was not homogeneous and involved individuals of different ages (6-12 years old)

550 and both sexes, which may have led to mixed results. Although the craniofacial growth differences in
551 both genders have not been considered statistically significant at ages before puberty[94,95], a uniform
552 scaling of the sample was carried out (shown in section 2.1). In our work, the sample size was mainly
553 conditioned by the difficulties of obtaining CBCT images in paediatric patient, such as the radiation
554 exposure, the scanning time or the natural nervousness of children. Despite the challenge of doing
555 CBCT scans, our findings have demonstrated their potential in the assessment of the UXB, encouraging
556 to further researchers to perform larger databases that improve the understanding of the effect of UXB
557 on the craniofacial development. We believe that a wider sample with equal gender distribution could
558 result in more reliable and precise results, allowing even the study of shape variability of patients with
559 facial asymmetry through Statistical Shape Models (SSMs).

560 Regarding the modelling procedure, the use of intraoral scanners and magnetic resonance imaging
561 (MRI) images could improve respectively the geometrical definition of the occlusal plane and the soft
562 tissues. Due to this limitation and the lack of data for paediatric patients, the articular discs, for instance,
563 were defined based on the free space between the fibrocartilage layers, which could be leading to
564 deviations from the real disc geometry. Likewise, for some tissues such as the periodontal ligament or
565 the articular surfaces of cartilages, uniform thickness was assumed, which could differ from reality. In
566 the case of condylar cartilage, for instance, it was considered a thickness agreed with some studies of
567 the literature [44,52], but lower than the one used in other [96,97]. MRI imaging may also provide
568 useful additional insights about the changes caused by UXB in the size and length of the muscles on
569 both sides, or in the relation between the condyle and the articular disc. Moreover, it is important also
570 to consider the challenge of performing these procedures in children without sedation. Likewise, a not
571 superficial electromyography (EMG) study of the muscle activation in each patient would allow a more
572 precise definition of the muscular activity, which is particularly important for defining the functional
573 asymmetry in patients with UXB. Notwithstanding this, non-superficial EMGs are misadvised for the

574 study of muscular activations in childhood because of the potential risks and implications for the child.
575 Moreover, avoiding the challenge of treating children, other experimental tests such as in vivo occlusal
576 analysis would yield more reliable occlusion patterns than those obtained using 3D printed pieces. The
577 occlusal analyses could also be improved quantifying the specific reaction on each tooth, which could
578 contribute to validate the computational models more precisely. Finally, our results suggested some
579 possible morphological alterations based on the mechanical reactions in some tissues, but without
580 applying any bone remodelling algorithm. We consider that current bone remodelling algorithms
581 [85,98] should be carefully applied to the craniofacial complex since its development is conditioned
582 by several interrelated factors such as the teeth eruption, the hormonal growth, the diet's consistency,
583 breathing habits, amongst others. Notwithstanding all these limitations, this study is a first step in the
584 understanding of the occlusion's effect on children's craniofacial development following the FMH
585 principles. Future studies should address genetic and hormonal factors, or other functions effects on
586 craniofacial development to describe then bone remodelling algorithms that integrate all these aspects.

587 **5 Conclusion**

588 This study computationally relates the biomechanical outcomes caused by unilateral occlusion with
589 the morphological variations detected in paediatric patients with UXB according to the FMH's
590 principles, leading the following conclusions:

- 591 • FE analysis is an effective tool for the biomechanical evaluation of unilateral crossbite, mimicking
592 faithfully the occlusal patterns with a mean error below 6 %.
- 593 • Patients with unilateral crossbite showed a functional imbalance of up to 42% at both occlusal and
594 periodontal levels.
- 595 • The interstitial fluid overpressure (> 4.7 kPa) in the periodontium of the crossed side could be
596 responsible for the malocclusion worsening over time, based on the pressure-tension theory. It is

597 crucial, therefore, to perform early treatments that compensate for the mechanical stimulation of
598 the periodontium in both hemiarches.

599 • Mandibular over deformation ($>2000 \text{ } \mu\text{m}$) could explain the thickening of the molar region in the
600 crossed side's mandibular body.

601 • Periodontal overpressure and mandibular over deformation are great predictors of asymmetric
602 mandibular development in paediatric patients with unilateral crossbite, being consistent with the
603 periosteal matrix principles of the FMH.

604 • Maxilla and zygomatic region movements reproduce the misplacement of these structures in
605 patients with unilateral crossbite, in agreement with their capsular matrices.

606 • FE analysis is an effective tool for evaluating the effect of periosteal and capsular matrices on the
607 craniofacial development, supporting the FMH's principles.

608 **Conflict of interests**

609 The authors declare that the research was conducted in the absence of any commercial or financial
610 relationships that could be construed as a potential conflict of interest.

611 **Author Contributions**

612 Javier Ortún-Terrazas: Data curation (CAE Preprocessing); Investigation; Methodology; Formal
613 analysis; Software; Visualization; Writing - Original Draft.

614 Michael J. Fagan: Methodology; Formal analysis; Supervisor; Writing - Original Draft.

615 José Cegoñino: Project administration; Resources; Validation; Software; Visualization; Writing -
616 Review & Editing.

617 Edson Illipronti-Filho: Data curation (Segmentation); Investigation; Resources; Visualization.

- 618 Amaya Perez del Palomar: Conceptualization; Validation; Funding acquisition; Project administration;
- 619 Supervisor; Writing - Review & Editing.

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