

Survey and interview questions

Survey Question

General Information:

- What is your primary position/role at the academy?
- Which phase of development do you primarily work with?

Knowledge on Maturation:

- Please estimate when you think the onset of the adolescent growth spurt occurs for boys?
- Which of the below statements do you think best represent the definition of the maturation?

Bio-banding:

- Have you ever used or assisted in the process of bio-banding?
- Which maturity estimation method did you use to bio band players?

Barriers of Bio-banding:

- What do you feel is the biggest barriers for bio-banding?
- Do you feel bio-banding is of greater benefit for early, on-time or late maturing athletes?

Overarching Summary:

- From what age, or maturity development do you feel athletes should be introduced to bio-banding from?
- How often do you feel bio-banding needs to be implemented during 1 season to benefit the athletes most?

Interview Guide

General information:

- Do you feel the rating of the academy you are currently working within influence your understanding and application of bio-banding? AND Do you feel you would like to apply different practice?
- Does the application of bio-banding vary between the development phases within your academy?

Questions to assess perceived influence on maturity practice:

- Can you please go explain why you ... with ... statement?

Questions to assess familiarity of bio-banding: (HAVE IMPLEMENTED)

- Does the context in which bio-banding is used within change across the development stages within your academy?
- Why do you feel bio-banding is used for ... but not within ...?
- Does the entire academy use ... bio-banding approach or does it vary across development stages? AND Do you feel this is the best approach to take when bio-banding?
- Why do you ... that bio-banding permits an enhanced assessment when matching players?
- Why do you ... that bio-banding permits an enhanced assessment when pairing players?
- Why does your academy choose ... maturity estimation to bio-band players? AND does the method change dependant on the development phase?

Questions to assess familiarity of bio-banding: (HAVE NOT IMPLEMENTED)

- What do you feel has prevented you from implementing the bio-banding process?

Barriers of bio-banding:

- Why do you feel ... is deemed a larger barrier in comparison to ...?
- Do you feel the rating of an academy influences or alleviates the barriers of bio-banding?
- How do you feel academies could try to ease some of the barriers of bio-banding they face within their practices?

Questions on the multidisciplinary application of bio-banding:

- Why do you feel ... is more important than ... when assessing players for somatic characteristics when playing position is not yet fixed?
- Do you feel your answer would differ if playing position was accounted for?
- Can you explain further why you ... with ... statement?

Summary questions:

- What is it about bio-banding which makes you think it does OR does not enhance assessment within physical, technical, tactical or psycho-social characteristics?
- Why do you feel players should be introduced to bio-banding from ... phase? **OR** Why do you think athletes should not be introduced to bio-banding?
- What about the survey made you more/less likely to implement bio-banding?