

Table 3: Assessing the Quality and scoring of the Included Studies/Papers

Author and Title of Study	Type of Critical Appraisal	Quality Scores CJ	Quality Scores LB
Puerperal psychosis – a qualitative study of women’s experiences Glover, Jomeen, Urquhart and Martin ³³ 2014 UK	Relevance, Appropriateness, Transparency, Soundness	21/25	21
Previous birth experience in woman with intense fear of childbirth Nilsson, Bondas, Lundgren ³² 2010 Sweden	Relevance, Appropriateness, Transparency, Soundness	21/25	21
Abuse related post traumatic stress during the childbearing year Seng, Low, Sparbel, Killon ³¹ 2004 US	Relevance, Appropriateness, Transparency, Soundness	17/25	16
Birth Trauma: In the eye of the beholder Beck ⁴¹ 2004a (US)	Relevance, Appropriateness, Transparency, Soundness	16/25	14
Post-Traumatic Stress Disorder Due to Childbirth Beck ⁴³ 2004b US	Relevance, Appropriateness, Transparency, Soundness	15/25	14
Birth trauma and its sequelae Beck ³⁴ 2009 US	Relevance, Appropriateness, Transparency, Soundness	7/25	8
Overall mean scores for RATS		16.1	15.6
Dissociative experience during childbirth Zambaldi, Cantilino, Farias, Moraes, Sougey ²⁸ 2011 Brazil	Critical appraisal of a survey (adapted from Crombie)	8/10	9
Overall mean scores for Critical appraisal of a survey		8	9
Near Death Experiences and other transpersonal experiences among women during childbirth Wistrand ² 2012 Sweden	Critical appraisal of a case study (adapted from Crombie)	2/10	4
“Altered consciousness” during childbirth: potential clues to post traumatic stress disorder? Kennedy & MacDonald ²⁹ 2002 US	Critical appraisal of a case study (adapted from Crombie)	6/10	7
The partus stress reaction: a neglected etiological factor in post partum psychiatric disorders Molman, van der Hart, van der Kolk ³⁰ 1992 Netherlands	Critical appraisal of a case study (adapted from Crombie)	5/10	6
Overall mean scores for Critical appraisal of a case study		4.3	5.7