## Supplementary Material

The linear relationship between forward speed U and the ratio of flagellum (L) to head (d) length allows us to provide a simple rule for estimating the form of the L/d to forward velocity relationship.

The ratio *L/d* can also be extracted (SH *pers obs*) from the resistive-force theories outlined in Brennen & Winet's [1] seminal review, and by the use of energy-balance equations illustrated by Denny [2]. One of the most accurate mathematical descriptions of sperm movement to date comes from Higdon [3, 4]. Again, although not explicit in his work, Higdon's [3, 4] results can be reinterpreted in the context of sperm competition. For the simple sperm Higdon considered (a spherical head with a flagellum), we are able to use his results to show that, as expected, there is a near-linear relationship between flagellum length and forward velocity *for a given head radius*. To allow for sperm with non-spherical heads, we use head length rather than radius. We denote head length as the longest axis of the head, which we assume to be parallel to the axis of travel. **Figure 1** illustrates that there is a nonlinear relationship between beat amplitude and velocity, and the importance of the flagellum/head ratio.

Assuming that (1) the midpiece can be treated as part of one or other of the head or flagellum, and (2) that head and flagellum dimensions other than length scale isometrically, then given that

$$U \propto \frac{L}{d},$$
 (A1)

and if flagellum length scales as

$$L = a + b \cdot d^c$$
.  
(A2)

where *a*, *b* and *c* are scaling constants. Then

$$\frac{L}{d} = \frac{a}{d} + b \cdot d^{c-1}$$
(A3)

and so

$$U \propto \frac{a}{d} + b \cdot d^{c-1}$$
(A4)

When we consider total sperm length  $L_t$  the situation becomes considerably more complex as we must deal with the additive effects of two terms (*L* and *d*), which are correlated via the general relationship defined in eqn (A2). For the special case where *L* is a linear function of *d* alone (i.e *a* = 0 and *c* = 1 so that *L* scales isometrically with *d*), equation (A4) reduces to

$$U \propto \frac{0}{d} + b \cdot d^0 \propto b,$$
(A5)

indicating that when the ratio L/d is constant, so is speed. That is, speed does not change with increasing tail length, if (and only if) head length increases at exactly the same rate.

In order to examine the relationship between  $L_t$  and U we first find  $L_t$  as a function of d:

$$L_t = L + d = a + b \cdot d^c + d$$
(A6)

In the special case of isometry between *L* and *d* this reduces to

$$L_t = b \cdot d + d .$$
(A7)

By substituting eqn (A5) into this expression we find that

$$L_t \propto d(U+1)$$
 (A8)

so that now we can redefine U in terms of  $L_t$ 

$$U \propto \frac{L_t}{d} - 1$$
(A9)

When  $L_t$  is plotted against U, equation (A9) gives a positive correlation between  $L_t$  and U, with a slope that becomes shallower as  $d \to \infty$ . Thus for isometrically scaling head and flagellum lengths, total sperm length will correlate positively with speed. However, as we show here, because the relationship between  $L_t$  and U depends on the way in which d and L scale, many different patterns for U as a function of  $L_t$  can be found. Unfortunately, the general form of eqn (A6), and subsequently the equivalent of eqn (A9), is difficult to solve, but below we give some examples of closedform solutions for different values of *c*. However, if the relationship between *d* and *L* is known, we can simply plot  $L_t$ , the sum of *d* and *L*, against a relative measure of *U* (the ratio L/d) as seen in **figure 2** of the main paper.

In common with the majority of hydrodynamic studies, the methods in Higdon [3] include three additional simplifying assumptions. First, that sperm have a spherical head, second that the beat of the sperm flagellum is planar and takes a form similar to a sinewave, and finally, that all sperm considered are geometrically similar. However, none of these assumptions is overly restrictive. We take no account of variation in head shape as drag in the low Reynolds number regime at which sperm operate is essentially independent of shape: drag of a prolate spheroid with the length of its major axis equal to the diameter of a spherical head will differ by less than 5% from that of the sphere [5]. If all sperm considered are geometrically similar (especially likely for intraspecific studies) then the effect on velocity will likely be on the slope of the relationship between flagellum and head length, and will produce conclusions that do not differ qualitatively from those given here. Higdon's [3, 4] work applies equally to helical flagellar waves, and similar patterns have been found for other beat patterns [6, 7].

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Case (i): Solutions for b = 0, and  $b = \infty$ 

In both these cases it is helpful to assume that one of the length measures is constant. This is justifiable if the variance of one greatly exceeds that of the other.

If we take L as constant (i.e. when b = 0), then

 $Lt \propto d$ (A10)  $U \propto \frac{1}{d}$ (A11)

and so

$$U \propto \frac{1}{L_t}$$
 (A12)

This negative relationship is characterised by increasing steepness as d and  $L_t$  diverge (i.e. with increasing difference between d and  $L_t$ ).

Next, taking d as constant (i.e. when  $b = \infty$ ) and representing L by the series  $[I_1, I_2, ..., I_n]$ , a similar argument to that for constant L gives

$$L_t \propto [l_1, l_2, ..., l_n]$$
 (A13)

$$U \propto [l_1/d, l_2/d, ..., l_n/d].$$
  
(A14)

However, in this case equation (A14) is not reducible, resulting in a positive relationship between U and  $L_t$ , the slope of which is < 1, and tends to 0 as d tends to  $L_t$ .

## Case (ii): Solutions for a range of values of c

Excluding complex-valued solutions the general form in eqns (A4) and (A6) leads to:

$$d = \begin{cases} \frac{1}{2}L_{t} - \frac{1}{2}a \pm \frac{1}{2}\sqrt{Lt^{2} - 2L_{t}a + a^{2} - 4b} & \text{where } c = -1 \\ \frac{\left(-\alpha^{\frac{2}{3}} - 12L_{t} + 12a\right)^{2}}{36\alpha^{\frac{2}{3}}} & \text{where } c = -\frac{1}{2} \\ L_{t} - a - b & \text{where } c = 0 \\ L_{t} - a + \frac{2b^{2}}{\beta^{\frac{1}{3}}} - \frac{b\beta^{\frac{1}{3}}}{6} & \text{where } c = \frac{1}{3} \\ L_{t} - a + \frac{1}{2}b^{2} \pm \frac{1}{2}b\sqrt{b^{2} + 4L_{t} - 4a} & \text{where } c = \frac{1}{2} \\ L_{t} - a - b\frac{\chi^{\frac{2}{3}}}{36} + \frac{4b^{4}}{9\chi^{\frac{2}{3}}} - \frac{b^{2}}{9} & \text{where } c = \frac{2}{3} \\ \frac{L_{t} - a}{b + 1} & \text{where } c = 1 \\ \frac{\delta^{\frac{2}{3}}}{36b^{2}} + \frac{4}{9b^{2}\delta^{\frac{2}{3}}} - \frac{1}{9b^{2}} & \text{where } c = \frac{3}{2} \\ \frac{-\frac{1}{2} \pm \sqrt{1 + 4bL_{t} - 4ba}}{b} & \text{where } c = 2 \end{cases}$$

where

$$\alpha = -108b + 12\sqrt{-12L_t^3 + 36L_t^2a - 36L_ta^2 + 12a^3 + 81b^2},$$
(A16)  

$$\beta = 108L_t - 108a + 12\sqrt{12b^3 + 81L_t^2 - 162L_ta + 81a^2},$$
(A17)  

$$\chi = 108L_t - 108a - 8b^3 + 12\sqrt{81L_t^2 - 162L_ta - 12L_tb^3 + 81a^2 + 12ab^3}$$

(A18)

and

$$\delta = 108b^{2}L_{t} - 108b^{2}a - 8 + 12\sqrt{3}\sqrt{27b^{2}L_{t}^{2} - 54b^{2}L_{t}a - 4L_{t} + 27b^{2}a^{2} + 4ab}$$
(A19)

The solutions in eqn (A15) can then be rearranged to give U as a function of  $L_t$  as in eqn (A9). These are plotted in **figure S2**. Note that If head length increases relative to tail length (scaling factor, *c* <1) then we expect a negative total length-velocity slope, while if head length decreases relative to tail length (*c* >1), we expect a positive slope for total length-velocity. When head size decreases relative to tail length, velocity appears to be an asymptotic function of total length, suggesting that increasing sperm length (past a critical point for negative slopes, or for all cases for positive slopes, **figure S2**) will not be detrimental to the sperm's swimming speed.

Таха	Relationship	Adj. <i>R</i> ²	Ρ	Slope	Intercept	Mean head length (µm)	Mean Tail Iength (µm)	Study
Boar (intraspecific)	n/a*	0.003				8.39		[8]
Atlantic salmon (intraspecific)	Power	0.192	< 0.001	-0.29	3.88			[9]
Mammals	n/a <sup>†</sup>	- 0.008					56.48	[10]
Shorebirds	Linear	0.736	0.0002	2.21	26.92			[11]
Mammals	Power	0.154	< 0.001	0.8	2.62			[12]
Frogs	Linear	0.740	< 0.001	1.51	-4.87			[13]
Frogs	Power	0.301	0.0468	0.46	2.33			[14]
Featherwing beetles	n/a*	- 0.235				225.17		[15]

 Table S1. Summary of relationships used in figures.

\* Variance associated with tail greater than that associated with head.

<sup>†</sup> Variance associated with head greater than that associated with tail.

**Figure S1.** Non-dimensional swimming velocity as a function of head length for four values of the non-dimensional amplitude of the tail beat with constant tail length. As the size of the head increases, the influence of wave amplitude decreases. Solid line  $\alpha k = 0.5$ , dashed line  $\alpha k = 1$ , dotted line  $\alpha k = 2$ , dashdot line  $\alpha k = 3$ . *Inset*: Original predictions replotted from [3] as nondimensional amplitude against non-dimensional velocity, illustrating that wave amplitude strongly determines swimming velocity. The four lines represent four values of head/flagellum ratio (from top to bottom: 0, 0.1, 0.2, 0.4). Both figures represent constant length flagellum with a single wave on it [3].

**Figure S2.** Relationships between total length and speed (normalised by maximum values) given by the solutions set out in the Appendix. Red – c = -1; Black – c = 0; Blue – c = 1/3; Green – c = 1/2; Orange – c = 2/3; Cyan – c = 1; Yellow – c = 1 1/2; Pink – c = 2. Solid and broken lines represent multiple solutions. Colours do not correspond to those in figures 1 and 2.

Figure S1.

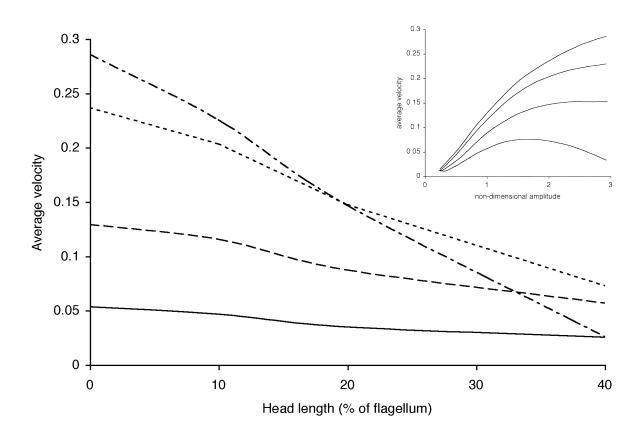
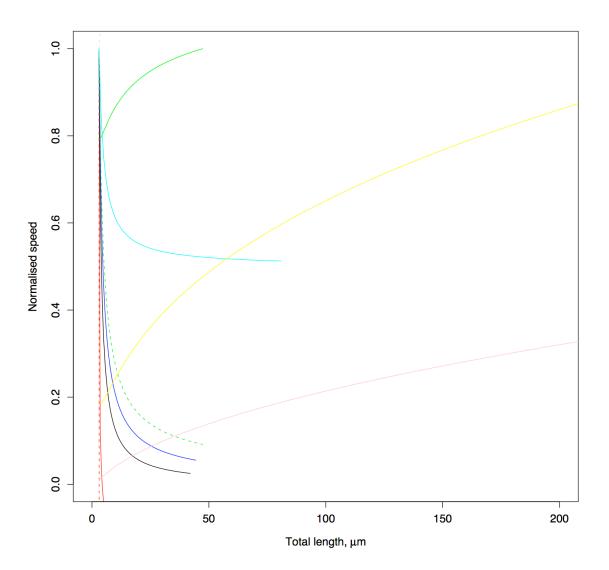


Figure S2.



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